

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Cold Breakfast Allergens

4.2.2018- 4.30.2018

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>		<i>*May Contain **Contains Pork</i>
Mon	4/2/2018	
	Chocolate Muffin	BRD: MUF AP, Choc 2oz WG (1BG)
	String Cheese	CHEESE, MZ String LF 1ea 1.0
	Craisins	FRUIT: CRAISINS, SS Origin1.16
	Fruit Juice	JUICE SS, Frt Bld 100% 4oz Crt
	1% Milk	MILK SS, 1% White 8oz
	Skim Milk	MILK SS, Skim 8oz
		Wheat, Eggs, Milk, Soy
		Milk
		None
		None
		Milk
		Milk
Tues	4/3/2018	
	Cinnamon Toast Crunch	CEREAL BWL, CinnTstCrnch RS WG
	Honey Belly Bears	BRD: CRACK SS, Bear GrhmHnyWG
	Mixed Berry Applesauce	FRUIT: CUP SS, Applesc Mixed B
	Orange Juice	JUICE SS, Orange 100% 4oz Cart
	1% Milk	MILK SS, 1% White 8oz
	Skim Milk	MILK SS, Skim 8oz
		Wheat, Soy
		Wheat
		None
		None
		Milk
		Milk
Wed	4/4/2018	
	Golden Grahams Cereal	CEREAL BWL, Golden Grahams WG
	Scooby Doo Crackers	BRD: CRACK SS, ScoobyDoo CinWG
	Fresh Apple	FRUIT: APPLE, 138ct Whole 1c
	Grape Juice	JUICE SS, Grape100% 4oz Cart
	1% Milk	MILK SS, 1% White 8oz
	Skim Milk	MILK SS, Skim 8oz
		Wheat
		Soy, Wheat
		None
		None
		Milk
		Milk
Thurs	4/5/2018	

	Fruity Cheerios Bar String Cheese Fresh Pear Apple Juice 1% Milk Skim Milk	BRD: BAR, Cereal FrtyCh WG IW CHEESE, MZ String LF 1ea 1.0 FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Soy, Wheat Milk None None Milk Milk
Fri	4/6/2018		
	Frosted Flakes Cereal Jungle Crackers Peach Applesauce Orange Juice 1% Milk Skim Milk	CEREAL BWL, Frosted Flks RS WG BRD: CRACK SS, Jungle WG FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk
Mon	4/9/2018		
	Cheerios Cereal Chocolate Bears Grahams Grape Juice Fresh Orange 1% Milk Skim Milk	CEREAL BWL, Cheerios WG BRD: CRACK SS, Bear GrhmChocWG JUICE SS, Grape100% 4oz Cart FRUIT: ORANGE 138ct GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Wheat None None Milk Milk
Tues	4/10/2018		
	Banana Muffin Strawberry Banana Yogurt Peach Mango Applesauce Orange Juice 1% Milk Skim Milk	BRD: MUF AP, Ban 2oz WG (1BG) YOGURT SS, Trix Strawb/Ban 4oz FRUIT: CUP SS, Applesc PeachMa JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Egg, Wheat, Soy Milk None None Milk Milk
Wed	4/11/2018		
	Fruity Cheerios Cereal String Cheese Fresh Apple Fruit Juice 1% Milk Skim Milk	CEREAL BWL, Fruity Cheerios WG CHEESE, MZ String LF 1ea 1.0 FRUIT: APPLE, 138ct Whole 1c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Milk None None Milk Milk
Thurs	4/12/2018		
	Cinnamon Chex Cereal Animal Crackers Strawberry Applesauce Grape Juice 1% Milk Skim Milk	CEREAL BWL, Chex Cinnamon WG BRD: CRACK SS, Animal WG FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Soy, Wheat None None Milk Milk
Fri	4/13/2018		
	Rice Krispies Cereal Animal Crackers Craisins Fresh Orange	CEREAL BWL, Rice Krispies WG BRD: CRACK SS, Animal WG FRUIT: CRAISINS, SS Origin1.16 FRUIT: ORANGE 138ct Whole 1/2c	None Soy, Wheat None None

	1% Milk Skim Milk	MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk Milk
Mon	4/16/2018		
	Strawberry Poptarts String Cheese Sliced Apples Fruit Juice 1% Milk Skim Milk	BRD: POPTARTS, Straw 1.76oz WG CHEESE, MZ String LF 1ea 1.0 FRUIT: APPLE, Slcd IW 2oz JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Milk None None Milk Milk
Tues	4/17/2018		
	Cinnamon Toast Crunch Honey Belly Bears Craisins Apple Juice 1% Milk Skim Milk	CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Bear GrhmHnyWG FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk
Thurs	4/19/2018		
	Apple Cinnamon Muffin String Cheese Cinnamon Applesauce Grape Juice 1% Milk Skim Milk	BRD: MUF AP, ApCin 2ozWG (1BG) CHEESE, MZ String LF 1ea 1.0 FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Soy Milk None None Milk Milk
Thurs	4/19/2018		
	Trix Cereal Bar Strawberry Banana Yogurt Peach Applesauce Apple Juice 1% Milk Skim Milk	BRD: BAR, Cereal Trix WG IW YOGURT SS, Trix Strawb/Ban 4oz FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Milk None None Milk Milk
Fri	4/20/2018		
	Yogurt with Trail Mix Orange Juice Raisins 1% Milk Skim Milk	Yogurt with Trailmix JUICE SS, Orange 100% 4oz Cart FRUIT: RAISINS, SS 1.5oz MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat None None Milk Milk
Mon	4/23/2018		
	Cinnamon Dazzle Ultimate Breakfast Round Peach Applesauce Apple Juice 1% Milk Skim Milk	BRD: Bkfst Rnd Cinn 2.2oz WGIW FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Milk, Soy, Eggs None None Milk Milk
Tues	4/24/2018		
	Fudge Poptarts Raspberry Yogurt	BRD: POPTARTS, Fudge 1.76oz WG YOGURT SS, Trix Raspberry 4oz	Wheat, Soy Milk

	Grape Juice Craisins 1% Milk Skim Milk	JUICE SS, Grape100% 4oz Cart FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz	None None Milk Milk
Wed	4/25/2018		
	Banana Muffin Fresh Pear Apple Juice 1% Milk Skim Milk	BRD: MUF AP, Ban 2oz WG (1BG) FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Egg, Wheat, Soy None None Milk Milk
Thurs	4/26/2018		
	Cinnamon Raisin Bagel Cream Cheese Fresh Orange Grape Juice 1% Milk Skim Milk	BRD: BAGEL. Cinn Rsn WG COND PC Cream Cheese 1oz FRUIT: ORANGE 138ct GFP 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat Milk None None Milk Milk
Fri	4/27/2018		
	Mini Strawberry Bagels Peach Mango Applesauce Fruit Juice 1% Milk Skim Milk	BRD: BAGEL, Mini StrwCrCh WGIW FRUIT: CUP SS, Applesc PeachMa JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Milk None None Milk Milk
Mon	4/30/2018		
	Blueberry Muffin Strawberry Banana Yogurt Raisins Apple Juice 1% Milk Skim Milk	BRD: MUF AP, Blueb 2ozWG (1BG) YOGURT SS, Trix Strawb/Ban 4oz FRUIT: RAISINS, SS 1.5oz JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Soy Milk None None Milk Milk