

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Hot Breakfast Allergens

4/1/2018-4/30/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Mon 4/2/2018	
Chocolate Muffin	Wheat, Eggs, Milk, Soy
String Cheese	Milk
Craisins	None
Fruit Juice	None
1% Milk	Milk
Skim Milk	Milk
Tues 4/3/2018	
Cinnamon Toast Crunch	Wheat, Soy
Honey Belly Bears	Wheat
Mixed Berry Applesauce	None
Orange Juice	None
1% Milk	Milk
Skim Milk	Milk
Wed 4/4/2018	
Cinnamon French Toast	Wheat, Eggs, Milk, Soy
Fresh Apple	None
Grape Juice	None
1% Milk	Milk

Skim Milk	Milk
Thurs 4/5/2018	
Egg Omelet	Egg, Milk
Animal Crackers	Soy, Wheat
Fresh Pear	None
Apple Juice	None
1% Milk	Milk
Skim Milk	Milk
Fri 4/6/2018	
Frosted Flakes Cereal	Wheat, Soy
Jungle Crackers	Wheat
Peach Applesauce	None
Orange Juice	None
1% Milk	Milk
Skim Milk	Milk
Mon 4/9/2018	
Cheerios Cereal	None
Chocolate Bears Grahams	Wheat
Grape Juice	None
Fresh Orange	None
1% Milk	Milk
Skim Milk	Milk
Tues 4/10/2018	
Mini Cinnamon Rolls	Wheat, Milk
Peach Mango Applesauce	None
Orange Juice	None
1% Milk	Milk
Skim Milk	Milk
Wed 4/11/2018	
Sausage & Cheese Bagel	Milk, Wheat, Soy
Fresh Apple	None
Fruit Juice	None
1% Milk	Milk
Skim Milk	Milk
Thurs 4/12/2018	
Turkey Pancake Wrap	Wheat, Soy, Egg
Syrup	None
Strawberry Applesauce	None
Grape Juice	None
1% Milk	Milk
Skim Milk	Milk
Fri 4/13/2018	
Rice Krispies Cereal	None
Animal Crackers	Soy, Wheat
Craisins	None

	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
Mon	4/16/2018	
	Strawberry Poptarts	Wheat, Soy
	String Cheese	Milk
	Sliced Apples	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Tues	4/17/2018	
	Cinnamon Toast Crunch	Wheat, Soy
	Honey Belly Bears	Wheat
	Craisins	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Thurs	4/19/2018	
	Chicken Biscuit	Wheat, Milk, Soy
	Cinnamon Applesauce	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Thurs	4/19/2018	
	Mini Cinnamon Rolls	Wheat, Milk
	Peach Applesauce	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Fri	4/20/2018	
	Yogurt with Trail Mix	Milk, Soy, Wheat
	Orange Juice	None
	Raisins	None
	1% Milk	Milk
	Skim Milk	Milk
Mon	4/23/2018	
	Cinnamon Dazzle Ultimate Breakfast Round	Wheat, Milk, Soy, Eggs
	Peach Applesauce	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Tues	4/24/2018	
	Sausage & Cheese English Muffin	Milk, Wheat, Soy

Grape Juice	None
Craisins	None
1% Milk	Milk
Skim Milk	Milk
Wed 4/25/2018	
Blueberry Waffle	Wheat, Soy, Egg, Milk
Fresh Pear	None
Apple Juice	None
1% Milk	Milk
Skim Milk	Milk
Thurs 4/26/2018	
Cinnamon French Toast	Wheat, Eggs, Milk, Soy
Fresh Orange	None
Grape Juice	None
1% Milk	Milk
Skim Milk	Milk
Fri 4/27/2018	
Mini Strawberry Bagels	Wheat, Milk
Peach Mango Applesauce	None
Fruit Juice	None
1% Milk	Milk
Skim Milk	Milk
Mon 4/30/2018	
Blueberry Muffin	Wheat, Eggs, Soy
Strawberry Banana Yogurt	Milk
Raisins	None
Apple Juice	None
1% Milk	Milk
Skim Milk	Milk

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