

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch Express 9-12

2 Cold Ent

4.2.2018-4.30.2018

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>		<i>*May Contain **Contains Pork</i>
Mon	4/2/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Green Apple	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Tues	4/3/2018	
	PB & J Graham Bar	Peanut, Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Applesauce	None
	Fruit Juice	None
	1% Milk	Milk

	Chocolate Milk Skim Milk Mayonnaise Mustard	Milk Milk Egg None
Wed	4/4/2018	
	Turkey & Cheese Sub Cheese Sandwich Potato Salad Celery Sticks Sliced Apples Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat Egg, Soy None None None None Milk Milk Milk Egg None
Thurs	4/5/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Fresh Broccoli Side Salad Mixed Berry Applesauce Ranch Dressing Orange Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None Eggs, Milk None Milk Milk Milk Egg None
Fri	4/6/2018	
	Turkey & Cheese Sub Cheese Sandwich Three Bean Salad Fresh Baby Carrots Fresh Baby Carrots Watermelon Craisins Apple Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard French Dressing	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk Egg None None
Mon	4/9/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich	Milk, Soy, Wheat, Pork** Soy, Wheat

	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Cinnamon Applesauce	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Tues	4/10/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fruit Juice	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	4/11/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Side Salad	None
	Dinner Roll	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Pear	None
	Ranch Dressing	Eggs, Milk
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thurs	4/12/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Fresh Broccoli	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Apple	None
	Orange Juice	None
	1% Milk	Milk

	Skim Milk Chocolate Milk Mayonnaise Mustard	Milk Milk Egg None
Fri	4/13/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Fresh Baby Carrots Fresh Baby Carrots Celery Sticks Dinner Roll Peach Applesauce Fruit Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None Soy, Wheat None None Milk Milk Milk Egg None
Mon	4/16/2018	
	Turkey & Cheese Sub Cheese Sandwich Three Bean Salad Dinner Roll Fresh Baby Carrots Fresh Baby Carrots Fresh Apple Apple Juice 1% Milk Chocolate Milk Skim Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None Soy, Wheat None None None None Milk Milk Milk Egg None
Tues	4/17/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Peach Mango Applesauce Orange Juice 1% Milk Chocolate Milk Skim Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None None None Milk Milk Milk Egg None
Wed	4/18/2018	

	Turkey & Cheese Sub Cheese Sandwich Fresh Broccoli Celery Sticks Dinner Roll Fresh Orange Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None None Soy, Wheat None None Milk Milk Milk Egg None
Thurs	4/19/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Sweet Golden Corn Dinner Roll Fresh Baby Carrots Fresh Baby Carrots Fresh Orange Fruit Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None Soy, Wheat None None None None Milk Milk Milk Egg None
Fri	4/20/2018	
	Turkey & Cheese Sub Cheese Sandwich Potato Salad Side Salad Fresh Pear Ranch Dressing Apple Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat Egg, Soy None None Eggs, Milk None Milk Milk Milk Egg None
Mon	4/23/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Three Bean Salad Fresh Baby Carrots Fresh Baby Carrots Craisins	Milk, Soy, Wheat, Pork** Soy, Wheat None None None None

	Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	None Milk Milk Milk Egg None
Tues	4/24/2018	
	Turkey & Cheese Sub Cheese Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Strawberry Applesauce Orange Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk Egg None
Wed	4/25/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Sweet Golden Corn Fresh Broccoli Dinner Roll Fresh Orange Fruit Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None Soy, Wheat None None Milk Milk Milk Egg None
Thurs	4/26/2018	
	Turkey & Cheese Sub Cheese Sandwich Side Salad Dinner Roll Celery Sticks French Dressing Fresh Apple Apple Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None Soy, Wheat None Egg None None Milk Milk Milk Egg None

Fri	4/27/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Broccoli	None
	Fresh Clementine	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Mon	4/30/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Peach Applesauce	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None