

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice.

Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch Express K-8

2 Cold Ent

4.2.2018-4.30.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain
**Contains Pork*

Mon 4/2/2018

Turkey & Cheese Sub	Milk, Soy, Wheat
Cheese Sandwich	Milk, Soy, Wheat
Sweet Golden Corn	None
Fresh Baby Carrots	None
Green Apple	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None

Tues 4/3/2018

PB &J Graham Bar	Peanut, Soy, Wheat
Sweet Golden Corn	None
Fresh Baby Carrots	None
Peach Mango Applesauce	None
1% Milk	Milk
Chocolate Milk	Milk
Skim Milk	Milk
Mayonnaise	Egg

	Mustard	None
Wed	4/4/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Potato Salad	Egg, Soy
	Celery Sticks	None
	Sliced Apples	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thurs	4/5/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Fresh Broccoli	None
	Side Salad	None
	Mixed Berry Applesauce	None
	Ranch Dressing	Eggs, Milk
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Fri	4/6/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Watermelon Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
	French Dressing	None
Mon	4/9/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Cinnamon Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk

	Mayonnaise	Egg
	Mustard	None
Tues	4/10/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	4/11/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Side Salad	None
	Sweet Golden Corn	None
	Fresh Pear	None
	Ranch Dressing	Eggs, Milk
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thurs	4/12/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Fresh Broccoli	None
	Fresh Baby Carrots	None
	Fresh Apple	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Fri	4/13/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Celery Sticks	None
	Peach Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk

	Mayonnaise	Egg
	Mustard	None
Mon	4/16/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Fresh Apple	None
	1% Milk	Milk
	Chocolate Milk	Milk
	Skim Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Tues	4/17/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Peach Mango Applesauce	None
	1% Milk	Milk
	Chocolate Milk	Milk
	Skim Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	4/18/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Fresh Broccoli	None
	Celery Sticks	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thurs	4/19/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None

Fri 4/20/2018	
Turkey & Cheese Sub	Milk, Soy, Wheat
Cheese Sandwich	Milk, Soy, Wheat
Potato Salad	Egg, Soy
Side Salad	None
Fresh Pear	None
Ranch Dressing	Eggs, Milk
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Mon 4/23/2018	
Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
Sun Butter & Jelly Sandwich	Soy, Wheat
Three Bean Salad	None
Fresh Baby Carrots	None
Craisins	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Tues 4/24/2018	
Turkey & Cheese Sub	Milk, Soy, Wheat
Cheese Sandwich	Milk, Soy, Wheat
Sweet Golden Corn	None
Fresh Baby Carrots	None
Strawberry Applesauce	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Wed 4/25/2018	
Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
Sun Butter & Jelly Sandwich	Soy, Wheat
Sweet Golden Corn	None
Fresh Broccoli	None
Fresh Orange	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Thurs 4/26/2018	

Turkey & Cheese Sub	Milk, Soy, Wheat
Cheese Sandwich	Milk, Soy, Wheat
Side Salad	None
Celery Sticks	None
Fresh Apple	None
French Dressing	Egg
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Fri 4/27/2018	
Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
Sun Butter & Jelly Sandwich	Soy, Wheat
Fresh Baby Carrots	None
Fresh Baby Carrots	None
Fresh Broccoli	None
Fresh Clementine	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None
Mon 4/30/2018	
Turkey & Cheese Sub	Milk, Soy, Wheat
Cheese Sandwich	Milk, Soy, Wheat
Three Bean Salad	None
Fresh Baby Carrots	None
Peach Applesauce	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Mayonnaise	Egg
Mustard	None

