

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

AB

4.2.2018-4.30.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Mon	4/2/2018	
	Hot Dog	Wheat
	Mustard	None
	Ketchup	None
	Cheeseburger	Milk, Soy, Wheat
	Ketchup	None
	Mustard	None
	Sweet Potato Fries	None
	Green Apple	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	4/3/2018	
	Maple Pancakes	Wheat, Egg, Milk
	Poultry Sausage	None
	Pizza Dippers	Milk, Soy, Wheat
	Marinara Sauce	None

	Tater Tots	None
	Fresh Baby Carrots	None
	Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	4/4/2018	
	Breaded Chicken Sandwich	Soy, Wheat
	BBQ Sauce	Soy, Wheat
	Salisbury Steak	Milk, Soy, Wheat
	Parsley Noodles	Wheat, Egg, Milk, Soy
	Brown Gravy	Milk, Wheat, Soy, *Egg
	Mashed Potato	*Milk
	Celery Sticks	None
	Sliced Apples	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Thurs	4/5/2018	
	Cheese Pizza	Milk, Soy, Wheat
	Pepperoni Pizza	Milk, Soy, Wheat
	Fresh Broccoli	None
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Warmed Cinnamon Peaches	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	4/6/2018	
	Mini Corn Dogs	Wheat, Soy, Egg
	Mustard	None
	Ketchup	None
	Chicken Tacos	Milk, Soy, Wheat
	Mexican Rice	Milk
	Taco Sauce	Soy
	Black Charro Beans	None
	Fresh Baby Carrots	None
	Watermelon Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	4/9/2018	
	Cinnamon French Toast	Wheat, Eggs, Milk, Soy
	Poultry Sausage	None

	Grilled Turkey Ham & Cheese Sweet Potato Tater Tots Cinnamon Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Wheat None None None Milk Milk Milk
Tues	4/10/2018	
	Cheese Pizza Corn Dog Ketchup Mustard Three Bean Salad Steamed Carrots Fruit Juice 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Egg, Soy, Wheat None None None None None Milk Milk Milk
Wed	4/11/2018	
	Nacho Combo Oven Roasted Chicken Drumstick Brown Rice Side Salad Sweet Golden Corn Ranch Dressing Fresh Pear Mini Rice Krispy Treat 1% Milk Skim Milk Chocolate Milk	Milk, Soy None None None None None Eggs, Milk None Milk, Soy Milk Milk Milk
Thurs	4/12/2018	
	Spaghetti Marinara Sauce Meatballs Chicken Mashed Potato Bowl Scooby Doo Crackers Streamed Broccoli Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Wheat, *Egg None Milk, Soy, Wheat Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	4/13/2018	
	Breaded Chicken Sandwich	Soy, Wheat

	BBQ Sauce	Soy, Wheat
	Sausage, Egg & Cheese on English	Egg, Milk, Soy, Wheat
	French Fries	None
	Ketchup	None
	Celery Sticks	None
	Peach Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	4/16/2018	
	Grilled Cheese	Milk, Soy, Wheat
	Chicken Tacos	Milk, Soy, Wheat
	Mexican Rice	Milk
	Taco Sauce	Soy
	BBQ Black Beans	None
	Fresh Baby Carrots	None
	Fresh Apple	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	4/17/2018	
	Maple Waffles	Egg, Milk, Soy, Wheat
	Poultry Sausage	None
	Pepperoni Pizza	Milk, Soy, Wheat
	Tater Tots	None
	Peach Mango Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	4/18/2018	
	Cheese Pizza	Milk, Soy, Wheat
	BBQ Meatballs	Milk, Soy, Wheat
	Dinner Roll	Soy, Wheat
	Fresh Broccoli	None
	Celery Sticks	None
	Warmed Cinnamon Peaches	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Thurs	4/19/2018	
	Chicken Tenders	Egg, Soy, Wheat
	Dinner Roll	Soy, Wheat
	BBQ Sauce	Soy, Wheat
	Hamburger	Soy, Wheat
	Ketchup	None

	Mustard	None
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	4/20/2018	
	Salisbury Steak	Milk, Soy, Wheat
	Parsley Noodles	Wheat, Egg, Milk, Soy
	Brown Gravy	Milk, Wheat, Soy, *Egg
	Macaroni & Cheese	Egg*, Milk, Soy, Wheat
	Mashed Potato	*Milk
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Fresh Pear	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	4/23/2018	
	Beef Tacos	Milk, Soy, Wheat
	Taco Sauce	Soy
	Breaded Chicken Sandwich	Soy, Wheat
	BBQ Sauce	Soy, Wheat
	Black Beans	None
	Fresh Baby Carrots	None
	Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	4/24/2018	
	Corn Dog	Egg, Soy, Wheat
	Ketchup	None
	Mustard	None
	Pizza Dippers	Milk, Soy, Wheat
	Marinara Sauce	None
	Steamed Corn	None
	Strawberry Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	4/25/2018	
	Cheeseburger	Milk, Soy, Wheat
	Ketchup	None
	Mustard	None

	Chicken Tenders Breadstick BBQ Sauce French Fries Fresh Broccoli Fresh Orange Ketchup 1% Milk Skim Milk Chocolate Milk	Egg, Soy, Wheat Wheat Soy, Wheat None None None None Milk Milk Milk
Thurs	4/26/2018	
	Turkey Ham & American Cheese Loaded Pretzel Pretzel Goldfish Crackers Cheese Pizza Pretzel Goldfish Crackers Side Salad Celery Sticks Fresh Apple French Dressing 1% Milk Skim Milk Chocolate Milk	Wheat, Milk, Soy Milk, Wheat Milk, Soy, Wheat Milk, Wheat None None None Egg Milk Milk Milk
Fri	4/27/2018	
	Chicken Patty Sliders BBQ Sauce Cheesy Penne Pasta Dinner Rolls Steamed Carrots Fresh Clementine 1% Milk Skim Milk Chocolate Milk	Wheat, Soy Soy, Wheat Wheat, Milk, *Eggs Soy, Wheat None None Milk Milk Milk
Mon	4/30/2018	
	Pepperoni Pizza Meatball Sub Vegetarian Baked Beans Fresh Baby Carrots Peach Applesauce 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Milk, Soy, Wheat None None None Milk Milk Milk