

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice.

Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

Salad Only

4.2.2018-4.30.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain
**Contains Pork*

Mon	4/2/2018	
	Farmer's Market Salad	Milk, Wheat
	Breadstick	Wheat
	Chez-It Crackers	Milk, Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Sweet Potato Fries	None
	Green Apple	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	4/3/2018	
	Strawberry Yogurt with Trail Mix	Milk, Soy, Wheat
	Scooby Doo Crackers	Soy, Wheat
	Tater Tots	None
	Fresh Baby Carrots	None
	Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	4/4/2018	

	Garden Salad with Cheese Dinner Rolls Ranch Dressing Mashed Potato Celery Sticks Sliced Apples 1% Milk Skim Milk Chocolate Milk	Milk Soy, Wheat Eggs, Milk *Milk None None Milk Milk Milk
Thurs	4/5/2018	
	Chef Salad with Egg Dinner Rolls French Dressing Fresh Broccoli Side Salad Ranch Dressing Warmed Cinnamon Peaches 1% Milk Skim Milk Chocolate Milk	Egg, Milk Soy, Wheat Egg None None Eggs, Milk None Milk Milk Milk
Fri	4/6/2018	
	Yogurt with Trail Mix Animal Crackers Black Charro Beans Fresh Baby Carrots Watermelon Craisins 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Mon	4/9/2018	
	Fresh Fruit & Cheese Plate Cool Ranch Doritos Sweet Potato Tater Tots Cinnamon Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Milk Milk None None None Milk Milk Milk
Tues	4/10/2018	
	Farmer's Market Salad Breadstick Goldfish Crackers Ranch Dressing Three Bean Salad Steamed Carrots Fruit Juice	Milk, Wheat Wheat Milk, Wheat Eggs, Milk None None None

	1% Milk Skim Milk Chocolate Milk	Milk Milk Milk
Wed	4/11/2018	
	Chef Salad with Ham Dinner Rolls Ranch Dressing Side Salad Sweet Golden Corn Ranch Dressing Fresh Pear Mini Rice Krispy Treat 1% Milk Skim Milk Chocolate Milk	Milk, Pork** Soy, Wheat Eggs, Milk None None Eggs, Milk None Milk, Soy Milk Milk Milk
Thurs	4/12/2018	
	Strawberry Yogurt with Trail Mix Animal Crackers Streamed Broccoli Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	4/13/2018	
	Chicken Caesar Salad Dinner Rolls Caesar Dressing French Fries Ketchup Celery Sticks Peach Applesauce 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat Egg, Fish, Milk, Soy, Wheat None None None None Milk Milk Milk
Mon	4/16/2018	
	Yogurt with Trail Mix Scooby Doo Crackers BBQ Black Beans Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	4/17/2018	

	Fresh Fruit & Cheese Plate	Milk
	Cool Ranch Doritos	Milk
	Tater Tots	None
	Peach Mango Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	4/18/2018	
	Chef Salad with Turkey	Milk
	Dinner Roll	Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Chez-It Crackers	Milk, Soy, Wheat
	Fresh Broccoli	None
	Celery Sticks	None
	Warmed Cinnamon Peaches	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Thurs	4/19/2018	
	Popcorn Chicken Salad	Milk, Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Jungle Crackers	Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	4/20/2018	
	Garden Salad with Cheese	Milk
	Dinner Rolls	Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Mashed Potato	*Milk
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Fresh Pear	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	1/0/1900	
	Yogurt with Trail Mix	Milk, Soy, Wheat
	Scooby Doo Crackers	Soy, Wheat
	Black Beans	None
	Fresh Baby Carrots	None

	Craisins 1% Milk Skim Milk Chocolate Milk	None Milk Milk Milk
Tues	4/24/2018	
	Farmer's Market Salad Breadstick Ranch Dressing Goldfish Crackers Steamed Corn Strawberry Applesauce 1% Milk Skim Milk Chocolate Milk	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None Milk Milk Milk
Wed	4/25/2018	
	All American Salad French Dressing Dinner Roll French Fries Fresh Broccoli Fresh Orange Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Pork** Egg Soy, Wheat None None None None None Milk Milk Milk
Thurs	4/26/2018	
	Chef Salad with Egg Breadstick Ranch Dressing Pretzel Goldfish Crackers Side Salad Celery Sticks Fresh Apple French Dressing 1% Milk Skim Milk Chocolate Milk	Egg, Milk Wheat Eggs, Milk Milk, Wheat None None None Egg Milk Milk Milk
Fri	4/27/2018	
	Strawberry Yogurt with Trail Mix Scooby Doo Crackers Steamed Carrots Fresh Clementine 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None Milk Milk Milk

Mon	4/30/2018	
	Farmer's Market Salad	Milk, Wheat
	Breadstick	Wheat
	Ranch Dressing	Eggs, Milk
	Goldfish Crackers	Milk, Wheat
	Vegetarian Baked Beans	None
	Fresh Baby Carrots	None
	Peach Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk