

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

A

**4.2.2018-4.30.2018**

*Top 8 Allergens: Milk, egg, fish, shellfish,  
tree nut, peanut, wheat, soy*

*\*May Contain  
\*\*Contains Pork*

<b>Mon</b>	<b>4/2/2018</b>	
	Hot Dog	Wheat
	Mustard	None
	Ketchup	None
	Sweet Potato Fries	None
	Green Apple	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Tues</b>	<b>4/3/2018</b>	
	Maple Pancakes	Wheat, Egg, Milk
	Poultry Sausage	None
	Tater Tots	None
	Fresh Baby Carrots	None
	Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Wed</b>	<b>4/4/2018</b>	

	Breaded Chicken Sandwich	Soy, Wheat
	BBQ Sauce	Soy, Wheat
	Mashed Potato	*Milk
	Celery Sticks	None
	Sliced Apples	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Thurs</b>	<b>4/5/2018</b>	
	Cheese Pizza	Milk, Soy, Wheat
	Fresh Broccoli	None
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Warmed Cinnamon Peaches	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Fri</b>	<b>4/6/2018</b>	
	Mini Corn Dogs	Wheat, Soy, Egg
	Mustard	None
	Ketchup	None
	Black Charro Beans	None
	Fresh Baby Carrots	None
	Watermelon Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Mon</b>	<b>4/9/2018</b>	
	Cinnamon French Toast	Wheat, Eggs, Milk, Soy
	Poultry Sausage	None
	Sweet Potato Tater Tots	None
	Cinnamon Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
<b>Tues</b>		
	Cheese Pizza	Milk, Soy, Wheat
	Three Bean Salad	None
	Steamed Carrots	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk

**Wed**

Nacho Combo	Milk, Soy
Side Salad	None
Sweet Golden Corn	None
Ranch Dressing	Eggs, Milk
Fresh Pear	None
Mini Rice Krispy Treat	Milk, Soy
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

**Thurs**

Spaghetti	Wheat, *Egg
Marinara Sauce	None
Meatballs	Milk, Soy, Wheat
Streamed Broccoli	None
Fresh Baby Carrots	None
Fresh Apple	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

**Fri**

Breaded Chicken Sandwich	Soy, Wheat
BBQ Sauce	Soy, Wheat
French Fries	None
Ketchup	None
Celery Sticks	None
Peach Applesauce	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

**Mon**

Grilled Cheese	Milk, Soy, Wheat
BBQ Black Beans	None
Fresh Baby Carrots	None
Fresh Apple	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

**Tues**

Maple Waffles	Egg, Milk, Soy, Wheat
Poultry Sausage	None
Tater Tots	None
Peach Mango Applesauce	None
Ketchup	None
1% Milk	Milk
Skim Milk	Milk

Chocolate Milk	Milk
<b>Wed</b>	
Cheese Pizza	Milk, Soy, Wheat
Fresh Broccoli	None
Celery Sticks	None
Warmed Cinnamon Peaches	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Thurs</b>	
Chicken Tenders	Egg, Soy, Wheat
Dinner Roll	Soy, Wheat
BBQ Sauce	Soy, Wheat
Sweet Golden Corn	None
Fresh Baby Carrots	None
Fresh Baby Carrots	None
Fresh Orange	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Fri</b>	
Salisbury Steak	Milk, Soy, Wheat
Parsley Noodles	Wheat, Egg, Milk, Soy
Brown Gravy	Milk, Wheat, Soy, *Egg
Mashed Potato	*Milk
Side Salad	None
Fresh Pear	None
Ranch Dressing	Eggs, Milk
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Mon</b>	
Beef Tacos	Milk, Soy, Wheat
Taco Sauce	Soy
Black Beans	None
Fresh Baby Carrots	None
Craisins	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Tues</b>	
Corn Dog	Egg, Soy, Wheat
Ketchup	None
Mustard	None
Steamed Corn	None
Strawberry Applesauce	None

1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Wed</b>	
Cheeseburger	Milk, Soy, Wheat
Ketchup	None
Mustard	None
French Fries	None
Fresh Broccoli	None
Fresh Orange	None
Ketchup	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Thurs</b>	
Turkey Ham & American	
Cheese Loaded Pretzel	Wheat, Milk, Soy
Pretzel Goldfish Crackers	Milk, Wheat
Side Salad	None
Celery Sticks	None
Fresh Apple	None
French Dressing	Egg
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Fri</b>	
Chicken Patty Sliders	Wheat, Soy
BBQ Sauce	Soy, Wheat
Steamed Carrots	None
Fresh Clementine	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
<b>Mon</b>	
Pepperoni Pizza	Milk, Soy, Wheat
Vegetarian Baked Beans	None
Fresh Baby Carrots	None
Peach Applesauce	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk