

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice.

Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch 9-12

1 Hot

08/07/2017-09/29/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain*

***Contains Pork*

Mon 8/7/2017

SDW BN, BfGd SIJoe SS WG 2.0
 VEG: POTATO, FF CtinaGen7 1/2c
 VEG: CARROTS, Baby 1/4c GFP IW
 VEG: CARROTS, Baby 1/4c GFP IW
 FRUIT: CUP SS, Applesc Cin1/2c
 JUICE SS, Apple 100% 4oz Cart
 COND PC Ketchup 9g Heinz
 MILK SS, 1% White 8oz
 MILK SS, Skim 8oz
 MILK SS, Skim Chocolate

Soy, Wheat
 None
 None
 None
 None
 None
 None
 Milk
 Milk
 Milk

Tues 8/8/2017

Pizza Tony's Galaxy Smart Chz
 VEG: SALAD, Bean Three 3/4 c
 VEG: CARROTS, Sliced Fz 1/2c
 FRUIT: PEACHES Dice w/Syr 1/2c
 JUICE SS, Frt Bld 100% 4oz Crt
 MILK SS, 1% White 8oz
 MILK SS, Skim 8oz
 MILK SS, Skim Chocolate

Milk, Soy, Wheat
 None
 None
 None
 None
 Milk
 Milk
 Milk

Wed 8/9/2017

	NACHOS BfGd Bn Scp AP- IW Chip RICE, Plain WG 1BG VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Soy None None Milk Milk Milk
Thurs	8/10/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/2c JUICE SS, Grape100% 4oz Cart FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Fri	8/11/2017	
	MELT MUFF, EggPty CSauAM2.25WG BRD: CRACK SS, GFishChd.75ozWG VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c JUICE SS, Frt Bld 100% 4oz Crt FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat Milk, Wheat None None None None None Milk Milk Milk
Mon	8/14/2017	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: BANANA (100-120ct) Whl JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None None None Milk Milk Milk
Tues	8/15/2017	

	RICE, Cilantro WG 1BG COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Soy None None None None Milk Milk Milk
Tues	8/22/2017	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Wed	8/23/2017	
	BURG, Beef AMAP WG 2.25- ALPHA SNACK: CHIP SS, SunchpMixGS WG COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None None None None Milk Milk Milk
Thurs	8/24/2017	
	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1c VEG: PEAS, Green Fz 1/2c Fruit: Clementine GFP 1/2c JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None None None Egg Milk Milk Milk
Fri	8/25/2017	
	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g	Wheat, Soy Soy, Wheat

	VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW VEG: CORN, Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None None Milk Milk Milk
Mon	8/28/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart BRD: CRACK SS, GFishChd.75ozWG FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk, Wheat None Milk Milk Milk
Tues	8/29/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Wed	8/30/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Eggs, Milk None None Milk Milk Milk
Thurs	8/31/2017	
	HOT DOG, Plain WG 2.0 BRD: CRACK SS, Jungle WG COND PC Mustard 6g	Wheat Wheat None

	<p>COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc Mixed B JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>None None None None None Milk Milk Milk</p>
Fri	9/1/2017	
	<p>Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Chz-It WG VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Milk, Soy, Wheat None None None None Milk Milk Milk</p>
Tues	9/5/2017	
	<p>BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz COND PC Drsg Ranch 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Eggs, Milk, Soy, Wheat None None None None None None None Eggs, Milk Milk Milk Milk</p>
Wed	9/6/2017	
	<p>Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, Slcd IW 2oz JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk</p>
Thurs	9/7/2017	
	<p>SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c</p>	<p>Soy, Wheat Soy, Wheat None</p>

	VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None Milk Milk Milk
Fri	9/8/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Side RomMix AP1c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None Egg None Milk Milk Milk
Mon	9/11/2017	
	SDW BN, BfGd SIJoe SS WG 2.0 VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Apple 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None None None Milk Milk Milk
Tues	9/12/2017	
	Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	9/13/2017	
	NACHOS BfGd Bn Scp AP- IW Chip RICE, Plain WG 1BG VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct.	Milk, Soy None None None Soy None

	JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Thurs	9/14/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/2c JUICE SS, Grape100% 4oz Cart FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
Fri	9/15/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c JUICE SS, Frt Bld 100% 4oz Crt FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
Mon	9/18/2017	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: BANANA (100-120ct) Whl JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None None None Milk Milk Milk
Tues	9/19/2017	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa	Egg, Milk, Soy, Wheat None None None None None

	JUICE SS, Orange 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
Wed	9/20/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None None Milk Milk Milk
Thurs	9/21/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Fri	9/22/2017	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1c COND_Gravy, Brown LS SS VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1c COND PC Drsg French 12g FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None Egg None None Milk Milk Milk
Mon	9/25/2017	
	TACO BfGd Soft AP WG 2.0 2ea RICE, Cilantro WG 1BG COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart	Milk, Soy, Wheat None Soy None None None None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	9/26/2017	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	JUICE SS, Orange 100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	9/27/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	SNACK: CHIP SS, SunchpMixGS WG	Milk, Wheat
	COND PC Ketchup 9g Heinz	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	9/28/2017	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	VEG: SALAD, Side RomMix AP1c	None
	VEG: PEAS, Green Fz 1/2c	None
	Fruit: Clementine GFP 1/2c	None
	JUICE SS, Apple 100% 4oz Cart	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	9/29/2017	
	SDW SLDR, ChixPty WG 2.0	Wheat, Soy
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	JUICE SS, Orange 100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk

MILK SS, Skim 8oz

MILK SS, Skim Chocolate

Milk

Milk