

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch 9-12

1 Hot

**12/01/2017-12/22/2017**

|  |   |
|--|---|
| <i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i> | <i>*May Contain<br/>**Contains Pork</i> |
| <b>Fri 12/1/2017</b>   |   |
| BEEF Salis Steak AP B 2.0  | Milk, Soy, Wheat                        |
| PASTA, Noodles EggWGParsly1c   | Wheat, Egg, Milk, Soy                   |
| COND_Gravy, Brown LS SS  | Milk, Wheat, Soy, *Egg                  |
| VEG: POTATO, Mashed 1/2c   | *Milk                                   |
| VEG: SALAD, Side RomMix AP1c   | None                                    |
| COND PC Drsg French 12g  | Egg                                     |
| FRUIT: PEARS 135 ct.   | None                                    |
| JUICE SS, Apple 100% 4oz Cart  | None                                    |
| MILK SS, 1% White 8oz  | Milk                                    |
| MILK SS, Skim 8oz  | Milk                                    |
| MILK SS, Skim Chocolate  | Milk                                    |
| <b>Mon 12/4/2017</b>   |   |
| TACO BfGd Soft AP WG 2.0 2ea   | Milk, Soy, Wheat                        |
| RICE, Cilantro WG 1BG  | None                                    |
| COND PC Sauce, Taco 9g   | Soy                                     |
| VEG: BEANS, Black 1/2c   | None                                    |
| VEG: TOMATOES, Cherry 1/2c   | None                                    |
| FRUIT: CRAISINS, SS Origin1.16   | None                                    |
| JUICE SS, Grape100% 4oz Cart   | None                                    |
| MILK SS, 1% White 8oz  | Milk                                    |
| MILK SS, Skim 8oz  | Milk                                    |
| MILK SS, Skim Chocolate  | Milk                                    |
| <b>Tues 12/5/2017</b>  |   |
| STICKS, MAX SNAX Pizza AP 2.0  | Milk, Soy, Wheat                        |

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|--------------|---|---|
|              | SAUCE P, Marin AP 1/4c<br>VEG: CORN, Fz 1/2c<br>VEG: CARROTS, Baby 1/4c GFP IW<br>VEG: CARROTS, Baby 1/4c GFP IW<br>FRUIT: CUP SS, Applesc STW1/2c<br>JUICE SS, Orange 100% 4oz Cart<br>MILK SS, 1% White 8oz<br>MILK SS, Skim 8oz<br>MILK SS, Skim Chocolate   | None<br>None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk  |
| <b>Wed</b>   | <b>12/6/2017</b>  |   |
|              | BURG, Beef AMAP WG 2.25- ALPHA<br>SNACK: CHIP SS, SunchpMixGS WG<br>COND PC Ketchup 9g Heinz<br>VEG: POTATO, FF CtinaGen7 1/2c<br>VEG: BROCCOLI, GFP IW 1/2c<br>FRUIT: ORANGE 138ct Whole 1/2c<br>JUICE SS, Frt Bld 100% 4oz Crt<br>COND PC Ketchup 9g Heinz<br>MILK SS, 1% White 8oz<br>MILK SS, Skim 8oz<br>MILK SS, Skim Chocolate | Milk, Soy, Wheat<br>Milk, Wheat<br>None<br>None<br>None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk |
| <b>Thurs</b> | <b>12/7/2017</b>  |   |
|              | ENT: PASTA, ChixDcd PenneRose2<br>Roll, DinnerWheatAP(Alpha)2ea<br>VEG: SALAD, Side RomMix AP1c<br>VEG: PEAS, Green Fz 1/2c<br>Fruit: Clementine GFP 1/2c<br>JUICE SS, Apple 100% 4oz Cart<br>COND PC Drsg French 12g<br>MILK SS, 1% White 8oz<br>MILK SS, Skim 8oz<br>MILK SS, Skim Chocolate  | Milk, Wheat, *Egg<br>Soy, Wheat<br>None<br>None<br>None<br>None<br>None<br>Egg<br>Milk<br>Milk<br>Milk          |
| <b>Fri</b>   | <b>12/8/2017</b>  |   |
|              | SDW SLDR, ChixPty WG 2.0<br>COND PC Sauce, BBQ 12g<br>VEG: CARROTS, Baby 1/4c GFP IW<br>VEG: CARROTS, Baby 1/4c GFP IW<br>VEG: CORN, Fz 1/2c<br>FRUIT: APPLE, 138ct Whole 1c<br>JUICE SS, Orange 100% 4oz Cart<br>MILK SS, 1% White 8oz<br>MILK SS, Skim 8oz<br>MILK SS, Skim Chocolate   | Wheat, Soy<br>Soy, Wheat<br>None<br>None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                |
| <b>Mon</b>   | <b>12/11/2017</b>   |   |
|              | MELT SUB AP, BfMtbl PizzaSS2.0<br>VEG: BEANS, Bkd Veg AP 1/2c   | Milk, Soy, Wheat<br>None  |

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|--------------|--|---|
|              | <p>VEG: CARROTS, Baby 1/4c GFP IW<br/> VEG: CARROTS, Baby 1/4c GFP IW<br/> JUICE SS, Grape100% 4oz Cart<br/> BRD: CRACK SS, GFishChd.75ozWG<br/> FRUIT: CUP SS, Applesc Pea1/2c<br/> MILK SS, 1% White 8oz<br/> MILK SS, Skim 8oz<br/> MILK SS, Skim Chocolate</p>   | <p>None<br/> None<br/> None<br/> Milk, Wheat<br/> None<br/> Milk<br/> Milk<br/> Milk</p>  |
| <b>Tues</b>  | <b>12/12/2017</b>  |   |
|              | <p>Pizza Tony's Galaxy Smart Pep<br/> BRD: CRACK SS, Animal WG<br/> VEG: CORN, Fz 1/2c<br/> VEG: TOMATOES, Cherry 1/2c<br/> FRUIT: FRUIT MIX w/Lt Syr 1/2c<br/> JUICE SS, Frt Bld 100% 4oz Crt<br/> MILK SS, 1% White 8oz<br/> MILK SS, Skim 8oz<br/> MILK SS, Skim Chocolate</p>  | <p>Milk, Soy, Wheat<br/> Soy, Wheat<br/> None<br/> None<br/> None<br/> None<br/> Milk<br/> Milk<br/> Milk</p>                               |
| <b>Wed</b>   | <b>12/13/2017</b>  |   |
|              | <p>CHIX Nugget, WG (5) 2.0<br/> Roll, DinnerWheatAP(Alpha)1ea<br/> COND PC Ketchup 9g Heinz<br/> VEG: POTATO, Tater Tots 1/2 c<br/> VEG: SALAD, Side RomMix AP1c<br/> JUICE SS, Apple 100% 4oz Cart<br/> COND PC Drsg Ranch 12g<br/> FRUIT: PEARS 135 ct.<br/> COND PC Ketchup 9g Heinz<br/> MILK SS, 1% White 8oz<br/> MILK SS, Skim 8oz<br/> MILK SS, Skim Chocolate</p> | <p>Soy, Wheat<br/> Soy, Wheat<br/> None<br/> None<br/> None<br/> None<br/> Eggs, Milk<br/> None<br/> None<br/> Milk<br/> Milk<br/> Milk</p> |
| <b>Thurs</b> | <b>12/14/2017</b>  |   |
|              | <p>HOT DOG, Plain WG 2.0<br/> BRD: CRACK SS, Jungle WG<br/> COND PC Mustard 6g<br/> COND PC Ketchup 9g Heinz<br/> VEG: POTATO, FF CtinaGen7 1/2c<br/> COND PC Ketchup 9g Heinz<br/> VEG: CELERY, Sticks AP 1/2c<br/> FRUIT: CUP SS, Applesc Mixed B<br/> JUICE SS, Grape100% 4oz Cart<br/> MILK SS, 1% White 8oz<br/> MILK SS, Skim 8oz<br/> MILK SS, Skim Chocolate</p>   | <p>Wheat<br/> Wheat<br/> None<br/> None<br/> None<br/> None<br/> None<br/> None<br/> None<br/> Milk<br/> Milk<br/> Milk</p>                 |
| <b>Fri</b>   | <b>12/15/2017</b>  |   |
|              | PASTA, Spaghetti WG 1c   | Wheat, *Egg   |

|              |  |  |
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|              | <b>SAUCE P, Marin AP 1/2c</b><br><b>BEEF Meatballs, RS AP 5ea 2.0</b><br><b>Breadstick WG 1.0 (Alpha)</b><br><b>VEG: BROCCOLI, GFP IW 1/2c</b><br><b>VEG: CARROTS, Sliced Fz 1/2c</b><br><b>FRUIT: APPLE, 138ct Whole 1c</b><br><b>JUICE SS, Orange 100% 4oz Cart</b><br><b>MILK SS, 1% White 8oz</b><br><b>MILK SS, Skim 8oz</b><br><b>MILK SS, Skim Chocolate</b>  | None<br>Milk, Soy, Wheat<br>Wheat<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                            |
| <b>Mon</b>   | <b>12/18/2017</b>  |  |
|              | <b>BURG, Beef AMAP WG 2.25- ALPHA</b><br><b>COND PC Mustard 6g</b><br><b>COND PC Ketchup 9g Heinz</b><br><b>VEG: TOMATOES, Cherry 1/2c</b><br><b>VEG: CORN, Fz 1/2c</b><br><b>FRUIT: FRUIT MIX w/Lt Syr 1/2c</b><br><b>FRUIT: BANANA (100-120ct) Whl</b><br><b>MILK SS, 1% White 8oz</b><br><b>MILK SS, Skim 8oz</b><br><b>MILK SS, Skim Chocolate</b>   | Milk, Soy, Wheat<br>None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                                     |
| <b>Tues</b>  | <b>12/19/2017</b>  |  |
|              | <b>BRD: PANCAKES, AP WG MplBstIW</b><br><b>CHIX Sausage Patty 2ea 2.0</b><br><b>VEG: POTATO, Tater Tots 1/2 c</b><br><b>VEG: CARROTS, Baby 1/4c GFP IW</b><br><b>VEG: CARROTS, Baby 1/4c GFP IW</b><br><b>FRUIT: CUP SS, Applesc 1/2c</b><br><b>JUICE SS, Frt Bld 100% 4oz Crt</b><br><b>COND PC Ketchup 9g Heinz</b><br><b>COND PC Drsg Ranch 12g</b><br><b>MILK SS, 1% White 8oz</b><br><b>MILK SS, Skim 8oz</b><br><b>MILK SS, Skim Chocolate</b> | Eggs, Milk, Soy, Wheat<br>None<br>None<br>None<br>None<br>None<br>None<br>None<br>Eggs, Milk<br>Milk<br>Milk<br>Milk |
| <b>Wed</b>   | <b>12/20/2017</b>  |  |
|              | <b>Pizza Tony's Galaxy Smart Chz</b><br><b>BRD: CRACK SS, Animal WG</b><br><b>VEG: CORN, Fz 1/2c</b><br><b>VEG: PEPPERS, Red Strips1/2c</b><br><b>FRUIT: APPLE, Slcd IW 2oz</b><br><b>JUICE SS, Grape100% 4oz Cart</b><br><b>MILK SS, 1% White 8oz</b><br><b>MILK SS, Skim 8oz</b><br><b>MILK SS, Skim Chocolate</b>   | Milk, Soy, Wheat<br>Soy, Wheat<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                               |
| <b>Thurs</b> | <b>12/21/2017</b>  |  |
|              | <b>SDW BN, ChixPty Pln WG/WG 2.0</b>   | Soy, Wheat   |

|            |                                |            |
|------------|--------------------------------|------------|
|            | COND PC Sauce, BBQ 12g         | Soy, Wheat |
|            | VEG: BEANS, Black Charro 1/2c  | None       |
|            | VEG: BROCCOLI, GFP IW 1/2c     | None       |
|            | FRUIT: CRAISINS, SS Origin1.16 | None       |
|            | JUICE SS, Orange 100% 4oz Cart | None       |
|            | MILK SS, 1% White 8oz          | Milk       |
|            | MILK SS, Skim 8oz              | Milk       |
|            | MILK SS, Skim Chocolate        | Milk       |
| <b>Fri</b> | <b>12/22/2017</b>              |            |
|            | HOT DOG, Plain WG 2.0          | Wheat      |
|            | COND PC Ketchup 9g Heinz       | None       |
|            | COND PC Mustard 6g             | None       |
|            | VEG: SALAD, Side RomMix AP1c   | None       |
|            | VEG: POTATO, FF CtinaGen7 1/2c | None       |
|            | FRUIT: ORANGE 138ct Whole 1/2c | None       |
|            | JUICE SS, Apple 100% 4oz Cart  | None       |
|            | COND PC Drsg French 12g        | Egg        |
|            | COND PC Ketchup 9g Heinz       | None       |
|            | MILK SS, 1% White 8oz          | Milk       |
|            | MILK SS, Skim 8oz              | Milk       |
|            | MILK SS, Skim Chocolate        | Milk       |