

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

Salad Only

**12/01/2017-12/22/2017**

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>		<i>*May Contain **Contains Pork</i>
<b>Fri</b>	<b>12/1/2017</b>	
	<b>SALAD, RomMix CH MZ AP W 2.0</b> <b>Roll, DinnerWheatAP(Alpha)2ea</b> <b>COND PC Drsg Ranch 12g</b> <b>VEG: POTATO, Mashed 1/2c</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk Soy, Wheat Eggs, Milk *Milk None None Egg Milk Milk Milk
<b>Mon</b>	<b>12/4/2017</b>	
	<b>Yogurt with Trailmix</b> <b>BRD: CRACK SS, ScoobyDoo CinWG</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: CRAISINS, SS Origin1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>12/5/2017</b>	
	<b>Farmer's Market Salad</b> <b>Breadstick WG 1.0 (Alpha)</b>	Milk, Wheat Wheat

	<p>COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishChd.75ozWG  VEG: CORN, Fz 1/2c  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: CUP SS, Applesc STW1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Eggs, Milk  Milk, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Wed</b>	<b>12/6/2017</b>	
	<p>SALAD, HamTky CH MZ AP W 2.0  COND PC Drsg French 12g  Roll, DinnerWheatAP(Alpha)1ea  VEG: POTATO, FF CtinaGen7 1/2c  VEG: BROCCOLI, GFP IW 1/2c  FRUIT: ORANGE 138ct Whole 1/2c  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Pork**  Egg  Soy, Wheat  None  None  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>12/7/2017</b>	
	<p>SALAD, Egg Chef AP W 2.0  Breadstick WG 1.0 (Alpha)  COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishPrtz .75oz  VEG: SALAD, Side RomMix AP1/2c  VEG: PEAS, Green Fz 1/2c  Fruit: Clementine GFP 1/2c  COND PC Drsg French 12g  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Egg, Milk  Wheat  Eggs, Milk  Milk, Wheat  None  None  None  Egg  Milk  Milk  Milk</p>
<b>Fri</b>	<b>12/8/2017</b>	
	<p>SALAD, Tky CH MZ AP W 2.0  COND PC Drsg Ranch 12g  Roll, DinnerWheatAP(Alpha)1ea  VEG: CORN, Fz 1/2c  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Eggs, Milk  Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Mon</b>	<b>12/11/2017</b>	
	<p>Farmer's Market Salad  Breadstick WG 1.0 (Alpha)  COND PC Drsg Ranch 12g  BRD: CRACK SS, GFishChd.75ozWG</p>	<p>Milk, Wheat  Wheat  Eggs, Milk  Milk, Wheat</p>

	<p>VEG: BEANS, Bkd Veg AP 1/2c  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: CUP SS, Applesc Pea1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>None  None  None  Milk  Milk  Milk</p>
<b>Tues</b>	<b>12/12/2017</b>	
	<p>SALAD, APPLE Slcd IW CHCube2.0  BRD: CRACK SS, Animal WG  VEG: CORN, Fz 1/2c  VEG: TOMATOES, Cherry 1/4c  FRUIT: FRUIT MIX w/Lt Syr 1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Wed</b>	<b>12/13/2017</b>	
	<p>SALAD NAC, BfGd IWCHIP AP2.0  BRD: CRACK SS, Jungle WG  VEG: POTATO, Tater Tots 1/2 c  VEG: SALAD, Side RomMix AP1/2c  COND PC Drsg Ranch 12g  FRUIT: PEARS 135 ct.  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy  Wheat  None  None  Eggs, Milk  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>12/14/2017</b>	
	<p>SALAD, ChixPop CH AP W 2.0  COND PC Drsg Ranch 12g  Roll, DinnerWheatAP(Alpha)2ea  VEG: POTATO, FF CtinaGen7 1/2c  VEG: CELERY, Sticks AP 1/4c  FRUIT: CUP SS, Applesc Mixed B  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Eggs, Milk  Soy, Wheat  None  None  None  None  Milk  Milk  Milk</p>
<b>Fri</b>	<b>12/15/2017</b>	
	<p>SALAD, RomMix CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)1ea  COND PC Drsg French 12g  VEG: BROCCOLI, GFP IW 1/2c  VEG: CARROTS, Sliced Fz 1/4c  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz</p>	<p>Milk  Soy, Wheat  Egg  None  None  None  Milk  Milk</p>

	MILK SS, Skim Chocolate	Milk
Mon	12/18/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	12/19/2017	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, Chz-It WG COND PC Drsg Ranch 12g VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None None None None Milk Milk Milk
Wed	12/20/2017	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Egg None None None Milk Milk Milk
Thurs	12/21/2017	
	SALAD, Egg Chef AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk
Fri	12/22/2017	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea	Milk Soy, Wheat

COND PC Drsg Ranch 12g	Eggs, Milk
VEG: SALAD, Side RomMix AP1/2c	None
VEG: POTATO, FF CtinaGen7 1/2c	None
FRUIT: ORANGE 138ct Whole 1/2c	None
COND PC Drsg French 12g	Egg
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk