

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

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12/01/2017-12/22/2017

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>		<i>*May Contain **Contains Pork</i>
Fri	12/1/2017	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1/2c COND_Gravy, Brown LS SS VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None None Egg Milk Milk Milk
Mon	12/4/2017	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy None None None Milk Milk Milk
Tues	12/5/2017	

	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	12/6/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Thurs	12/7/2017	
	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c Fruit: Clementine GFP 1/2c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None Egg Milk Milk Milk
Fri	12/8/2017	
	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Soy Soy, Wheat None None None Milk Milk Milk
Mon	12/11/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk

Tues	12/12/2017	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Wed	12/13/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Eggs, Milk None None Milk Milk Milk
Thurs	12/14/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Milk Milk Milk
Fri	12/15/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Wheat None None None Milk Milk Milk
Mon	12/18/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g	Milk, Soy, Wheat None

	COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Milk Milk Milk
Tues	12/19/2017	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk, Soy, Wheat None None None None None Milk Milk Milk
Wed	12/20/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Thurs	12/21/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	12/22/2017	
	HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz	Wheat None None None None None Egg None Milk

MILK SS, Skim 8oz
MILK SS, Skim Chocolate

Milk
Milk