

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch 9-12

1 Hot

**02/01/2018-02/28/2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain*

*\*\*Contains Pork*

<b>Thurs</b>	<b>2/1/2018</b>	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/2c	None
	JUICE SS, Grape100% 4oz Cart	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>2/2/2018</b>	
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	BRD: CRACK SS, Jungle WG	Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/2c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk

	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>2/5/2018</b>	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	JUICE SS, Apple 100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>2/6/2018</b>	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 2ea 2.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc PeachMa	None
	JUICE SS, Orange 100% 4oz Cart	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>2/7/2018</b>	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
	VEG: POTATO, Mashed 1/2c	*Milk
	VEG: CELERY, Sticks GFP 1/4 c	None
	VEG: CELERY, Sticks GFP 1/4 c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	JUICE SS, Grape100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>2/8/2018</b>	
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: BEANS, Black BBQ 1/2c	None
	VEG: TOMATOES, Cherry 1/2c	None
	FRUIT: PEACHES Dice w/Syr 1/2c	None
	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk



<b>Thurs</b>	<b>2/15/2018</b>	
	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None None Egg Milk Milk Milk
<b>Fri</b>	<b>2/16/2018</b>	
	NACHOS Bean Scp 2.0 - IW Chip RICE, Cilantro WG 1BG VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW VEG: CORN, Fz 1/2c Fruit: Clementine GFP 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None None None Milk Milk Milk
<b>Mon</b>	<b>2/19/2018</b>	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
<b>Tues</b>	<b>2/20/2018</b>	
	BRD: PANCAKES, AP WG Strawb PI YOGURT SS, Danimals Vanilla4oz CHEESE, MZ String LF 1ea 1.0 VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Egg, Milk Milk Milk None None None None Milk Milk Milk
<b>Wed</b>	<b>2/21/2018</b>	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat

	Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>	<b>2/22/2018</b>	
	HOT DOG, Plain WG 2.0 BRD: CRACK SS, Jungle WG COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc Mixed B JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat Wheat None None None None None None None Milk Milk Milk
<b>Fri</b>	<b>2/23/2018</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Wheat None None None None Milk Milk Milk
<b>Mon</b>	<b>2/26/2018</b>	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/2c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
<b>Tues</b>	<b>2/27/2018</b>	

BRD: PANCAKES, AP WG Maple PIL	Wheat, Egg, Milk
CHIX Sausage Patty 2ea 2.0	None
VEG: POTATO, Tater Tots 1/2 c	None
VEG: CARROTS, Baby 1/4c GFP IW	None
VEG: CARROTS, Baby 1/4c GFP IW	None
FRUIT: CUP SS, Applesc 1/2c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
COND PC Ketchup 9g Heinz	None
COND PC Drsg Ranch 12g	Eggs, Milk
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
<b>Wed 2/28/2018</b>	
BEEF Salis Steak AP B 2.0	Milk, Soy, Wheat
PASTA, Noodles EggWGParsly1c	Wheat, Egg, Milk, Soy
COND_Gravy, Brown LS SS	Milk, Wheat, Soy, *Egg
VEG: POTATO, Mashed 1/2c	*Milk
VEG: CELERY, Sticks AP 1/2c	None
VEG: CELERY, Sticks GFP 1/4 c	None
FRUIT: APPLE, Slcd IW 2oz	None
JUICE SS, Grape100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk