

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

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**02/01/2018-02/28/2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain*

*\*\*Contains Pork*

<b>Thurs 2/1/2018</b>	
PASTA, Spaghetti WG 1c	Wheat, *Egg
SAUCE P, Marin AP 1/2c	None
BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
VEG: BROCCOLI, Frz Chpd 1/2c	None
VEG: TOMATOES, Cherry 1/4c	None
FRUIT: APPLE, 138ct Whole 1c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
<b>Fri 2/2/2018</b>	
MELT BD, AM WG 2.0	Milk, Soy, Wheat
VEG: POTATO, Tater Tots 1/2 c	None
COND PC Ketchup 9g Heinz	None
VEG: CELERY, Sticks AP 1/4c	None
FRUIT: CUP SS, Applesc Pea 1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
<b>Mon 2/5/2018</b>	
TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
RICE, Mex Spiced WG 1BG	Milk

	COND PC Sauce, Taco 9g VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy None None None None Milk Milk Milk
<b>Tues</b>	<b>2/6/2018</b>	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>2/7/2018</b>	
	Pizza Tony's Galaxy Smart Chz VEG: POTATO, Mashed 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat *Milk None None Milk Milk Milk
<b>Thurs</b>	<b>2/8/2018</b>	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>2/9/2018</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat None None None Egg Milk Milk Milk
<b>Mon</b>	<b>2/12/2018</b>	

	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy None None None Milk Milk Milk
<b>Tues</b>	<b>2/13/2018</b>	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>2/14/2018</b>	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Thurs</b>	<b>2/15/2018</b>	
	ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c FRUIT: APPLE, 138ct Whole 1c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None Egg Milk Milk Milk
<b>Fri</b>	<b>2/16/2018</b>	
	NACHOS Bean Scp 2.0 - IW Chip VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW Fruit: Clementine GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Milk Milk Milk

<b>Mon</b>	<b>2/19/2018</b>	
	BRD: CRACK SS, Animal WG Pizza Tony's Galaxy Smart Pep VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Milk, Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>2/20/2018</b>	
	BRD: PANCAKES, AP WG Strawb PI YOGURT SS, Danimals Vanilla4oz VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Egg, Milk Milk None None None Milk Milk Milk
<b>Wed</b>	<b>2/21/2018</b>	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>	<b>2/22/2018</b>	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Milk Milk Milk
<b>Fri</b>	<b>2/23/2018</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c	Egg*, Milk, Soy, Wheat None None None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>2/26/2018</b>	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>2/27/2018</b>	
	BRD: PANCAKES, AP WG Maple PIL	Wheat, Egg, Milk
	CHIX Sausage Patty 1ea 1.0	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>2/28/2018</b>	
	BEEF Salis Steak AP B 2.0	Milk, Soy, Wheat
	PASTA, Noodles EggWGParsly1/2c	Wheat, Egg, Milk, Soy
	COND_Gravy, Brown LS SS	Milk, Wheat, Soy, *Egg
	VEG: POTATO, Mashed 1/2c	*Milk
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: APPLE, Slcd IW 2oz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk