

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch 9-12

1 Hot

01/02/2018-01/31/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain*

***Contains Pork*

Tues 1/2/2018	
BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
CHIX Sausage Patty 2ea 2.0	None
VEG: POTATO, Tater Tots 1/2 c	None
VEG: CARROTS, Baby 1/4c GFP IW	None
VEG: CARROTS, Baby 1/4c GFP IW	None
FRUIT: CUP SS, Applesc PeachMa	None
JUICE SS, Orange 100% 4oz Cart	None
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Wed 1/3/2018	
Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
VEG: BROCCOLI, Frz Chpd 1/2c	None
VEG: CORN, Fz 1/2c	None
FRUIT: ORANGE 138ct Whole 1/2c	None
JUICE SS, Grape100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

Thurs 1/4/2018	
CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: POTATO, Mashed 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat *Milk None None None Milk Milk Milk
Fri 1/5/2018	
ENT: PASTA, Mac&ChzSS2.0(2BG) Roll, DinnerWheatAP(Alpha)2ea VEG: BEANS, Black BBQ 1/2c VEG: SALAD, Side RomMix AP1c COND PC Drsg French 12g FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Soy, Wheat None None Egg None None Milk Milk Milk
Mon 1/8/2018	
TACO BfGd Soft AP WG 2.0 2ea RICE, Cilantro WG 1BG COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None Soy None None None None Milk Milk Milk
Tues 1/9/2018	
STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None Milk Milk Milk
Wed 1/10/2018	
BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat

SNACK: CHIP SS, SunchpMixGS WG COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat None None None None None Milk Milk Milk
Thurs 1/11/2018	
ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat, *Egg Soy, Wheat None None None None Egg Milk Milk Milk
Fri 1/12/2018	
NACHOS Bean Scp 2.0 - IW Chip RICE, Cilantro WG 1BG VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW VEG: CORN, Fz 1/2c Fruit: Clementine GFP 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None None None Milk Milk Milk
Mon 1/15/2018	
Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
Tues 1/16/2018	
BRD: PANCAKES, AP WG Strawb PI YOGURT SS, Danimals Vanilla4oz	Wheat, Egg, Milk Milk

	CHEESE, MZ String LF 1ea 1.0 VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk None None None None Milk Milk Milk
Wed	1/17/2018	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Eggs, Milk None None Milk Milk Milk
Thurs	1/18/2018	
	HOT DOG, Plain WG 2.0 BRD: CRACK SS, Jungle WG COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc Mixed B JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat Wheat None None None None None None None Milk Milk Milk
Fri	1/19/2018	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Wheat None None None None Milk Milk Milk
Mon	1/22/2018	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat

	COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/2c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None None None Milk Milk Milk
Tues	1/23/2018	
	BRD: PANCAKES, AP WG Maple PIL CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz COND PC Drsg Ranch 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Egg, Milk None None None None None None None Eggs, Milk Milk Milk Milk
Wed	1/24/2018	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1c COND_Gravy, Brown LS SS VEG: POTATO, Mashed 1/2c VEG: CELERY, Sticks GFP 1/4 c VEG: CELERY, Sticks GFP 1/4 c FRUIT: APPLE, Slcd IW 2oz JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None None None None Milk Milk Milk
Thurs	1/25/2018	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Fri	1/26/2018	
	ENT: PASTA, Chz Penne- No EGG	Wheat, Milk, *Eggs

BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
VEG: SALAD, Side RomMix AP1c	None
VEG: POTATO Swt, FF Crink 1/2c	None
FRUIT: ORANGE 138ct Whole 1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
COND PC Drsg Ranch 12g	Eggs, Milk
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Mon 1/29/2018	
BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
BRD: CRACK SS, Bear GrhmChocWG	Wheat
COND PC Ketchup 9g Heinz	None
COND PC Mustard 6g	None
VEG: POTATO, FF CtinaGen7 1/2c	None
VEG: CARROTS, Baby 1/4c GFP IW	None
VEG: CARROTS, Baby 1/4c GFP IW	None
FRUIT: CUP SS, Applesc Cin1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Tues 1/30/2018	
Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
VEG: SALAD, Bean Three 3/4 c	None
VEG: CARROTS, Sliced Fz 1/2c	None
FRUIT: PEACHES Dice w/Syr 1/2c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk
Wed 1/31/2018	
NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
RICE, Plain WG 1BG	None
VEG: SALAD, Side RomMix AP1c	None
VEG: CORN, Fz 1/2c	None
COND PC Drsg Ranch 12g	Eggs, Milk
FRUIT: PEARS 135 ct.	None
JUICE SS, Grape100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk