

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein.

The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

AB

**06/01/2017-06/30/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain*

*\*\*Contains Pork*

Thurs	6/1/2017	
	PASTA, Spaghetti WG 1c	Wheat
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	ENT: BOWL, ChixPop CH 2.0- OPI	Milk, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	6/2/2017	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	QUES AP, MAX SNAX TacoWdgs2.0	Milk, Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	6/5/2017	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: PEAS, Green Fz 1/2c	None
	VEG: CARROTS, Coin 1/4c GFP IW	None
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	6/6/2017	
	BRD: WAFFLE, AP WG Maple Md IW	Egg, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	6/7/2017	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CORN, Fz 1/4c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	6/8/2017	
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: BEANS, Black BBQ 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

<b>Fri</b>	<b>6/9/2017</b>	
	<b>ENT: STEW, BfMtbl Korean 2.0</b> <b>RICE, Plain WG 2BG</b> <b>FISH, Sticks AP (C) WG2.0(4ea)</b> <b>Breadstick WG 1.0 (Alpha)</b> <b>COND PC Ketchup 9g Heinz</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Soy, Wheat, Milk None Fish, Milk, Wheat Wheat None None None None Egg Milk Milk Milk
<b>Mon</b>	<b>6/12/2017</b>	
	<b>TACO BfGd Soft AP WG 2.0 2ea</b> <b>COND PC Sauce, Taco 9g</b> <b>SDW BN, ChixPty Pln WG/WG 2.0</b> <b>COND PC Sauce, BBQ 12g</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: CRAISINS, SS Cherry1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Soy Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>6/13/2017</b>	
	<b>STICKS, MAX SNAX Pizza AP 2.0</b> <b>SAUCE P, Marin AP 1/4c</b> <b>STICKS, CORN DOG Chix AP 2.0</b> <b>COND PC Ketchup 9g Heinz</b> <b>COND PC Mustard 6g</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc STW1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None Egg, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>6/14/2017</b>	
	<b>BURG, Beef AMAP WG 2.25- ALPHA</b> <b>COND PC Ketchup 9g Heinz</b> <b>COND PC Mustard 6g</b> <b>CHIX Tender, KK (3) WG 2.0</b> <b>Breadstick WG 1.0 (Alpha)</b> <b>COND PC Sauce, BBQ 12g</b> <b>VEG: POTATO, FF CtinaGen7 1/2c</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b>	Milk, Soy, Wheat None None Egg, Soy, Wheat Wheat Soy, Wheat None None None

	COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
<b>Thurs</b>	<b>6/15/2017</b>	
	SAUCE P, Spag AP Beef SS 2.0 PASTA, Rotini WG 1c Roll, DinnerWheatAP(Alpha)1ea TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy Egg*, Wheat Soy, Wheat Milk, Soy, Wheat Milk Soy None None None Egg Milk Milk Milk
<b>Fri</b>	<b>6/16/2017</b>	
	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g Pizza Tony's Galaxy Smart Chz VEG: PEAS, Green Fz 1/2c VEG: CARROTS, Coin 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Soy Soy, Wheat Milk, Soy, Wheat None None None Milk Milk Milk
<b>Mon</b>	<b>6/19/2017</b>	
	MELT SUB AP, BfMtbl PizzaSS2.0 SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>6/20/2017</b>	
	Pizza Tony's Galaxy Smart Chz ENT: BOWL, ChixPop CH 2.0 Roll, DinnerWheatAP(Alpha)1ea VEG: PEAS, Green Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz	Milk, Soy, Wheat Milk, Soy, Wheat Soy, Wheat None None None Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	6/21/2017	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	MELT BD, AM WG 2.0	Milk, Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	6/22/2017	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	PASTA, Spaghetti WG 1c	Wheat
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	6/23/2017	
	ENT: PASTA, Mac&ChzSS2.0(2BG)	Egg*, Milk, Soy, Wheat
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	6/26/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: TOMATOES, Cherry 1/4c	None
	VEG: PEAS, Green Fz 1/2c	None

	FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
<b>Tues</b>	<b>6/27/2017</b>	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 QUES AP, MAX SNAX BBQChixWdgs2 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk, Soy, Wheat None Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>6/28/2017</b>	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz ORI ChixPop Org Broc WG 2.0 RICE, Cilantro WG 2BG VEG: PEAS, Green Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Thurs</b>	<b>6/29/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g BURR AP, Bean & Cheese WG 2.0 VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Strawb1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat Milk, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>6/30/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, GFishPrtz .75oz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c	Wheat None None Milk, Soy, Wheat Milk, Wheat None None None

**COND PC Drsg French 12g**

**Egg**

**COND PC Ketchup 9g Heinz**

**None**

**MILK SS, 1% White 8oz**

**Milk**

**MILK SS, Skim 8oz**

**Milk**

**MILK SS, Skim Chocolate**

**Milk**