

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

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06/01/2017-06/30/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Thurs	6/1/2017	
	PASTA, Spaghetti WG 1c	Wheat
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	6/2/2017	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Pea 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

Mon	6/5/2017	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: PEAS, Green Fz 1/2c VEG: CARROTS, Coin 1/4c GFP IW FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None Milk Milk Milk
Tues	6/6/2017	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None None None None None Milk Milk Milk
Wed	6/7/2017	
	Pizza Tony's Galaxy Smart Chz VEG: BROCCOLI, GFP IW 1/2c VEG: CORN, Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	6/8/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	6/9/2017	
	ENT: STEW, BfMtbl Korean 2.0 RICE, Plain WG 2BG VEG: PEAS, Green Fz 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz	Soy, Wheat, Milk None None None None Egg Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	6/12/2017	
	TACO BfGd Soft AP WG 2.0 2ea	Milk, Soy, Wheat
	COND PC Sauce, Taco 9g	Soy
	VEG: BEANS, Black 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: CRAISINS, SS Cherry1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	6/13/2017	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: PEAS, Green Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	6/14/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	6/15/2017	
	SAUCE P, Spag AP Beef SS 2.0	Soy
	PASTA, Rotini WG 1c	Egg*, Wheat
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: PEARS 135 ct.	None
	COND PC Drsg French 12g	Egg
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	6/16/2017	
	SDW SLDR, ChixPty WG 2.0	Wheat, Soy
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: PEAS, Green Fz 1/2c	None

	VEG: CARROTS, Coin 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
Mon	6/19/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Tues	6/20/2017	
	Pizza Tony's Galaxy Smart Chz VEG: PEAS, Green Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None Milk Milk Milk
Wed	6/21/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: CORN, Fz 1/2c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Eggs, Milk None Milk Milk Milk
Thurs	6/22/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc STW1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Milk Milk Milk
Fri	6/23/2017	
	ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c	Egg*, Milk, Soy, Wheat None

	VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
Mon	6/26/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/4c VEG: PEAS, Green Fz 1/2c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None Milk Milk Milk
Tues	6/27/2017	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk, Soy, Wheat None None None None None None Milk Milk Milk
Wed	6/28/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz VEG: PEAS, Green Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk, Wheat None None None Milk Milk Milk
Thurs	6/29/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Strawb1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	6/30/2017	
	HOT DOG, Plain WG 2.0	Wheat

COND PC Mustard 6g	None
COND PC Ketchup 9g Heinz	None
VEG: SALAD, Side RomMix AP1/2c	None
VEG: POTATO, FF CtinaGen7 1/2c	None
FRUIT: ORANGE 138ct Whole 1/2c	None
COND PC Drsg French 12g	Egg
COND PC Ketchup 9g Heinz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk