

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Cold Breakfast Allergens

6.1.2018-6.15.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Fri	6/1/2018	
	Mini Strawberry Bagels	Wheat, Milk
	Peach Mango Applesauce	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
Mon	6/4/2018	
	Blueberry Muffin	Wheat, Eggs, Soy
	Strawberry Banana Yogurt	Milk
	Applesauce	None
	Apple Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Tues	6/5/2018	
	Plain Bagel	Wheat
	Cream Cheese	Milk
	Craisins	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
Wed	6/6/2018	
	Cheerios Cereal	None

	Animal Crackers Fresh Apple Orange Juice 1% Milk Skim Milk	Soy, Wheat None None Milk Milk
Thurs	6/7/2018	
	Froot Loops String Cheese Cinnamon Applesauce Fruit Juice 1% Milk Skim Milk	Wheat, *Soy Milk None None Milk Milk
Fri	6/8/2018	
	Trix Cereal Bar Chocolate Bears Grahams Craisins Fresh Pear 1% Milk Skim Milk	Wheat, Soy Wheat None None Milk Milk
Mon	6/11/2018	
	Cinnamon Toast Crunch Honey Belly Bears Mixed Berry Applesauce Orange Juice 1% Milk Skim Milk	Wheat, Soy Wheat None None Milk Milk
Tues	6/12/2018	
	Chocolate Muffin String Cheese Craisins Fruit Juice 1% Milk Skim Milk	Wheat, Eggs, Milk, Soy Milk None None Milk Milk
Wed	6/13/2018	
	Golden Grahams Cereal Scooby Doo Crackers Fresh Apple Grape Juice 1% Milk Skim Milk	Wheat Soy, Wheat None None Milk Milk
Thurs	6/14/2018	
	Fruity Cheerios Bar String Cheese Apple Juice Fresh Pear 1% Milk	Soy, Wheat Milk None None Milk

	Skim Milk	Milk
Fri	6/15/2018	
	Frosted Flakes Cereal	Wheat, Soy
	Jungle Crackers	Wheat
	Peach Applesauce	None
	Orange Juice	None
	1% Milk	Milk
	Skim Milk	Milk