

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

Salad Only

**6.1.2018-6.15.2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy* *\*May Contain*  
*\*\*Contains Pork*

#### Fri

Strawberry Yogurt with Trail Mix	Milk, Soy, Wheat
Scooby Doo Crackers	Soy, Wheat
Side Salad	None
Steamed Carrots	None
Ranch Dressing	Eggs, Milk
Fresh Clementine	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

#### Mon

Farmer's Market Salad	Milk, Wheat
Breadstick	Wheat
Ranch Dressing	Eggs, Milk
Goldfish Crackers	Milk, Wheat
Vegetarian Baked Beans	None
Fresh Baby Carrots	None
Peach Applesauce	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

#### Tues

Fresh Fruit & Cheese Plate	Milk
----------------------------	------

	Animal Crackers Tater Tots Sliced Apples Ketchup 1% Milk Skim Milk Chocolate Milk	Soy, Wheat None None None Milk Milk Milk
<b>Wed</b>		
	Nacho Combo Jungle Crackers Roasted Potatoes Side Salad Ranch Dressing Fresh Pear Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Soy Wheat None None Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>		
	Yogurt with Trail Mix Scooby Doo Crackers French Fries Celery Sticks Mixed Berry Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Fri</b>		
	Garden Salad with Cheese Dinner Roll Ranch Dressing Fresh Broccoli Steamed Carrots Fresh Apple Mini Rice Krispy Treat 1% Milk Skim Milk Chocolate Milk	Milk Soy, Wheat Eggs, Milk None None None Milk, Soy Milk Milk Milk
<b>Mon</b>		
	Farmer's Market Salad Breadstick Chez-It Crackers Ranch Dressing Sweet Potato Fries Watermelon Craisins	Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None

	Ketchup 1% Milk Skim Milk Chocolate Milk	None Milk Milk Milk
<b>Tues</b>		
	Strawberry Yogurt with Trail Mix Scooby Doo Crackers Tater Tots Fresh Baby Carrots Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Wed</b>		
	Garden Salad with Cheese Dinner Rolls Ranch Dressing Mashed Potato Celery Sticks Sliced Apples 1% Milk Skim Milk Chocolate Milk	Milk Soy, Wheat Eggs, Milk *Milk None None Milk Milk Milk
<b>Thurs</b>		
	Chef Salad with Egg Dinner Rolls French Dressing Fresh Broccoli Side Salad Ranch Dressing Warmed Cinnamon Peaches 1% Milk Skim Milk Chocolate Milk	Egg, Milk Soy, Wheat Egg None None Eggs, Milk None Milk Milk Milk
<b>Fri</b>		
	Yogurt with Trail Mix Animal Crackers Black Charro Beans Fresh Baby Carrots Fresh Orange 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk