

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Hot Breakfast Allergens

**3/1/2018-3/30/2018**

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>	<i>*May Contain **Contains Pork</i>
<b>Thurs 3/1/2018</b>	
EGG: Omelet CH AP 2.0	Egg, Milk
BRD: CRACK SS, Animal WG	Soy, Wheat
FRUIT: PEACHES Dice w/Syr 1/2c	None
FRUIT: GRAPES, Fresh 1/2c IW	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Fri 3/2/2018</b>	
CEREAL BWL, Apple Jck RS WG	Wheat, *Soy
BRD: CRACK SS, Jungle WG	Wheat
FRUIT: CUP SS, Applesc Pea1/2c	None
FRUIT: CRAISINS, SS Origin1.16	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Mon 3/5/2018</b>	
CEREAL BWL, Cheerios WG	None
BRD: CRACK SS, Bear GrhmChocWG	Wheat
JUICE SS, Grape100% 4oz Cart	None
FRUIT: ORANGE 138ct GFP 1/2c	None

MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Tues 3/6/2018</b>	
BRD: ROLL AP, CinnMini WG IW	Wheat, Milk
FRUIT: PEACHES Dice w/Syr 1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Wed 3/7/2018</b>	
MELT BGL, CSaus AM 1.25 WG	Milk, Wheat, Soy
FRUIT: APPLE, 138ct Whole 1c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Thurs 3/8/2018</b>	
STICKS, CORN DOG TkymplBfst1.IW	Wheat, Soy, Egg
COND PC Syrup 1.4oz Smuckers	None
FRUIT: CUP SS, Applesc STW1/2c	None
JUICE SS, Grape100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Fri 3/9/2018</b>	
Yogurt with Trailmix	Milk, Soy, Wheat
FRUIT: PEACHES Dice w/Syr 1/2c	None
FRUIT: RAISINS, SS 1.5oz	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Mon 3/12/2018</b>	
BRD: POPTARTS, Straw 1.76oz WG	Wheat, Soy
CHEESE, MZ String LF 1ea 1.0	Milk
FRUIT: PEACHES Dice w/Syr 1/2c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Tues 3/13/2018</b>	
CEREAL BWL, CinnTstCrnch RS WG	Wheat, Soy
BRD: CRACK SS, Bear GrhmHnyWG	Wheat
FRUIT: CRAISINS, SS Origin1.16	None
JUICE SS, Orange 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Wed 3/14/2018</b>	
MELT MUFF, EggPty AM 1.25 WG	Soy, Wheat, Milk, Egg
FRUIT: CUP SS, Applesc Cin1/2c	None
JUICE SS, Grape100% 4oz Cart	None

MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Thurs 3/15/2018</b>	
BRD: ROLL AP, CinnMini WG IW	Wheat, Milk
FRUIT: PEARS, Dice w/Syr 1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Fri 3/16/2018</b>	
CEREAL BWL, Rice Krispies WG	None
BRD: CRACK SS, Animal WG	Soy, Wheat
FRUIT: CRAISINS, SS Origin1.16	None
FRUIT: ORANGE 138ct Whole 1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Mon 3/19/2018</b>	
BRD: Bkfst Rnd Cinn 2.2oz WGIW	Wheat, Milk, Soy, Eggs
FRUIT: CUP SS, Applesc Pea1/2c	None
JUICE SS, Apple 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Tues 3/20/2018</b>	
MELT MUFF, CSaus AM 1.25 WG	Milk, Wheat, Soy
FRUIT: PEARS, Dice w/Syr 1/2c	None
FRUIT: CRAISINS, SS Origin1.16	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Wed 3/21/2018</b>	
BRD: WAFFLE, AP WG Bluebry IW	Wheat, Soy, Egg, Milk
FRUIT: PEARS 135 ct.	None
JUICE SS, Apple 100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Thurs 3/22/2018</b>	
BRD: FR TST AP, Cinn WG IW	Wheat, Eggs, Milk, Soy
FRUIT: PEACHES Dice w/Syr 1/2c	None
JUICE SS, Grape100% 4oz Cart	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
<b>Fri 3/23/2018</b>	
BRD: BAR, Benefit BanChoc WGIW	Eggs, Milk, Wheat, Soy
FRUIT: CUP SS, Applesc PeachMa	None
FRUIT: ORANGE 138ct GFP 1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk

<b>Mon 3/26/2018</b>	
BRD: MUF AP, Blueb 2ozWG (1BG) YOGURT SS, Danimals Str/Ban4oz FRUIT: PEARS, Dice w/Syr 1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Soy Milk None None Milk Milk
<b>Tues 3/27/2018</b>	
BRD: FR TST AP, Berry WG IW FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Milk, Soy None None Milk Milk
<b>Wed 3/28/2018</b>	
STICKS, CORN DOG TkymplBkfst1.0 COND PC Syrup 1.4oz Smuckers BRD: CRACK SS, Animal WG FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy, Egg None Soy, Wheat None None Milk Milk
<b>Thurs 3/29/2018</b>	
BRD: PANCAKES, AP WG Maple PIL FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Egg, Milk None None Milk Milk
<b>Fri 3/30/2018</b>	
BRD: BAR, Cereal Trix WG IW BRD: CRACK SS, Bear GrhmChocWG FRUIT: CRAISINS, SS Origin1.16 FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk