

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

Salad Only

3/1/2018-3/30/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain
**Contains Pork*

Thurs	3/1/2018	
	SALAD, Egg Chef AP W 2.0	Egg, Milk
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	COND PC Drsg French 12g	Egg
	VEG: BEANS, Black Charro 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: CRAISINS, SS Origin1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	3/2/2018	
	Yogurt with Trailmix	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: POTATO Swt, FF Crink 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	3/5/2018	
	SALAD, APPLE Slcd IW CHCube2.0	Milk

	SNACK: CHIP SS, SunchpMixGS WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat None None None None Milk Milk Milk
Tues	3/6/2018	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, GFishChd.75ozWG COND PC Drsg Ranch 12g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Milk, Wheat Eggs, Milk None None None Milk Milk Milk
Wed	3/7/2018	
	SALAD, Ham CH MZ SC W 2.25 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Eggs, Milk None None Eggs, Milk None Milk Milk Milk
Thurs	3/8/2018	
	StrawberryYogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	3/9/2018	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c	Milk Soy, Wheat Eggs, Milk None None None

	FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Mon	3/12/2018	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Tues	3/13/2018	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixGS WG VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk, Wheat None None None None Milk Milk Milk
Wed	3/14/2018	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg Ranch 12g BRD: CRACK SS, Chz-It WG VEG: BROCCOLI, GFP IW 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	3/15/2018	
	SALAD, ChixPop CH AP W 2.0 COND PC Drsg Ranch 12g BRD: CRACK SS, Jungle WG VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Eggs, Milk Wheat None None None Milk Milk Milk
Fri	3/16/2018	

	<p>SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: BROCCOLI, GFP IW 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk Soy, Wheat Eggs, Milk None None None Egg Milk Milk Milk</p>
Mon	3/19/2018	
	<p>Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk</p>
Tues	3/20/2018	
	<p>Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Wheat Wheat Eggs, Milk None None None Milk Milk Milk</p>
Wed	3/21/2018	
	<p>SALAD, HamTky CH MZ AP W 2.0 COND PC Drsg French 12g Roll, DinnerWheatAP(Alpha)1ea VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Pork** Egg Soy, Wheat None None None None Milk Milk Milk</p>
Thurs	3/22/2018	
	<p>SALAD, Egg Chef AP W 2.0 Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishPrtz .75oz</p>	<p>Egg, Milk Wheat Eggs, Milk Milk, Wheat</p>

	VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c FRUIT: APPLE, 138ct Whole 1c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None Egg Milk Milk Milk
Fri	3/23/2018	
	StrawberryYogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW Fruit: Clementine GFP 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Mon	3/26/2018	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishChd.75ozWG VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None None Milk Milk Milk
Tues	3/27/2018	
	SALAD, APPLE Slcd IW CHCube2.0 BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat None None None Milk Milk Milk
Wed	3/28/2018	
	SALAD NAC, BfGd IWCHIP AP2.0 BRD: CRACK SS, Jungle WG VEG: POTATO, Diced Cajun VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy Wheat None None Eggs, Milk None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Thurs	3/29/2018	
	Yogurt with Trailmix	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	3/30/2018	
	SALAD, RomMix CH MZ AP W 2.0	Milk
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk