

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice.

Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

A

3/1/2018-3/30/2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain
**Contains Pork*

| Thurs | 3/1/2018 | |
|--------------|--------------------------------|--------------------|
| | Pizza Tony's Galaxy Smart Chz | Milk, Soy, Wheat |
| | BRD: CRACK SS, Animal WG | Soy, Wheat |
| | VEG: BEANS, Black Charro 1/2c | None |
| | VEG: BROCCOLI, GFP IW 1/2c | None |
| | FRUIT: CRAISINS, SS Origin1.16 | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Fri | 3/2/2018 | |
| | ENT: PASTA, Chz Penne- No EGG | Wheat, Milk, *Eggs |
| | VEG: SALAD, Side RomMix AP1/2c | None |
| | VEG: POTATO Swt, FF Crink 1/2c | None |
| | FRUIT: ORANGE 138ct Whole 1/2c | None |
| | COND PC Drsg Ranch 12g | Eggs, Milk |
| | COND PC Ketchup 9g Heinz | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Mon | 3/5/2018 | |
| | BURG, Beef AMAP WG 2.25- ALPHA | Milk, Soy, Wheat |

| | | |
|--------------|--------------------------------|------------------|
| | COND PC Ketchup 9g Heinz | None |
| | COND PC Mustard 6g | None |
| | VEG: POTATO, FF CtinaGen7 1/2c | None |
| | VEG: CARROTS, Baby 1/4c GFP IW | None |
| | FRUIT: CUP SS, Applesc Cin1/2c | None |
| | COND PC Ketchup 9g Heinz | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Tues | 3/6/2018 | |
| | Pizza Tony's Galaxy Smart Chz | Milk, Soy, Wheat |
| | VEG: SALAD, Bean Three 3/4 c | None |
| | VEG: CARROTS, Sliced Fz 1/4c | None |
| | JUICE SS, Frt Bld 100% 4oz Crt | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Wed | 3/7/2018 | |
| | NACHOS BfGd Bn Scp AP- IW Chip | Milk, Soy |
| | VEG: SALAD, Side RomMix AP1/2c | None |
| | VEG: CORN, Fz 1/2c | None |
| | COND PC Drsg Ranch 12g | Eggs, Milk |
| | FRUIT: PEARS 135 ct. | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Thurs | 3/8/2018 | |
| | PASTA, Spaghetti WG 1c | Wheat, *Egg |
| | SAUCE P, Marin AP 1/2c | None |
| | BEEF Meatballs, RS AP 5ea 2.0 | Milk, Soy, Wheat |
| | Roll, Dinner Wheat AP (Alpha) | Soy, Wheat |
| | VEG: BROCCOLI, Frz Chpd 1/2c | None |
| | VEG: TOMATOES, Cherry 1/4c | None |
| | FRUIT: APPLE, 138ct Whole 1c | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Fri | 3/9/2018 | |
| | MELT BD, AM WG 2.0 | Milk, Soy, Wheat |
| | VEG: POTATO, Tater Tots 1/2 c | None |
| | COND PC Ketchup 9g Heinz | None |
| | VEG: CELERY, Sticks AP 1/4c | None |
| | FRUIT: CUP SS, Applesc Pea1/2c | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |

| | | |
|--------------|---|---|
| Mon | 3/12/2018 | |
| | TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Soy, Wheat Milk Soy None None None None Milk Milk Milk |
| Tues | 3/13/2018 | |
| | BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Egg, Milk, Soy, Wheat None None None None Milk Milk Milk |
| Wed | 3/14/2018 | |
| | Pizza Tony's Galaxy Smart Chz VEG: BROCCOLI, GFP IW 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Soy, Wheat None None None Milk Milk Milk |
| Thurs | 3/15/2018 | |
| | CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: PEACHES Dice w/Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk |
| Fri | 3/16/2018 | |
| | ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz | Egg*, Milk, Soy, Wheat None None None Egg Milk Milk |

| | | |
|--------------|---|--|
| | MILK SS, Skim Chocolate | Milk |
| Mon | 3/19/2018 | |
| | TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Soy, Wheat Soy None None None Milk Milk Milk |
| Tues | 3/20/2018 | |
| | STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc STW1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Soy, Wheat None None None None Milk Milk Milk |
| Wed | 3/21/2018 | |
| | BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Soy, Wheat None None None None None None Milk Milk Milk |
| Thurs | 3/22/2018 | |
| | ENT: PASTA, ChixDcd PenneRose2 Roll, DinnerWheatAP(Alpha)2ea VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c FRUIT: APPLE, 138ct Whole 1c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate | Milk, Wheat, *Egg Soy, Wheat None None None Egg Milk Milk Milk |
| Fri | 3/23/2018 | |
| | NACHOS Bean Scp 2.0 - IW Chip VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW Fruit: Clementine GFP 1/2c MILK SS, 1% White 8oz | Milk, Soy None None None Milk |

| | | |
|--------------|--------------------------------|------------------------|
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Mon | 3/26/2018 | |
| | Pizza Tony's Galaxy Smart Pep | Milk, Soy, Wheat |
| | BRD: CRACK SS, Animal WG | Soy, Wheat |
| | VEG: BEANS, Bkd Veg AP 1/2c | None |
| | VEG: CARROTS, Baby 1/4c GFP IW | None |
| | FRUIT: CUP SS, Applesc Pea1/2c | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Tues | 3/27/2018 | |
| | BRD: PANCAKES, AP WG Strawb PI | Wheat, Egg, Milk |
| | YOGURT SS, Danimals Vanilla4oz | Milk |
| | VEG: CORN, Fz 1/2c | None |
| | VEG: TOMATOES, Cherry 1/4c | None |
| | FRUIT: FRUIT MIX w/Lt Syr 1/2c | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Wed | 3/28/2018 | |
| | CHIX Nugget, WG (5) 2.0 | Soy, Wheat |
| | Roll, DinnerWheatAP(Alpha)1ea | Soy, Wheat |
| | COND PC Ketchup 9g Heinz | None |
| | VEG: POTATO, Diced Cajun | None |
| | VEG: SALAD, Side RomMix AP1/2c | None |
| | COND PC Drsg Ranch 12g | Eggs, Milk |
| | FRUIT: PEARS 135 ct. | None |
| | COND PC Ketchup 9g Heinz | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Thurs | 3/29/2018 | |
| | HOT DOG, Plain WG 2.0 | Wheat |
| | COND PC Ketchup 9g Heinz | None |
| | COND PC Mustard 6g | None |
| | VEG: POTATO, FF CtinaGen7 1/2c | None |
| | VEG: CELERY, Sticks AP 1/4c | None |
| | FRUIT: CUP SS, Applesc Mixed B | None |
| | COND PC Ketchup 9g Heinz | None |
| | MILK SS, 1% White 8oz | Milk |
| | MILK SS, Skim 8oz | Milk |
| | MILK SS, Skim Chocolate | Milk |
| Fri | 3/30/2018 | |
| | ENT: PASTA, Mac&ChzSS2.0(2BG) | Egg*, Milk, Soy, Wheat |
| | VEG: BROCCOLI, GFP IW 1/2c | None |

| | |
|------------------------------|------|
| VEG: CARROTS, Sliced Fz 1/4c | None |
| FRUIT: APPLE, 138ct Whole 1c | None |
| MILK SS, 1% White 8oz | Milk |
| MILK SS, Skim 8oz | Milk |
| MILK SS, Skim Chocolate | Milk |