

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein.

The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

AB

**05/01/2017-05/31/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*      *\*May Contain*  
*\*\*Contains Pork*

Day	Date	
<b>Mon</b>	<b>5/1/2017</b>	
		<b>TACO ChixGd Soft WG 2.0 2ea</b> <b>RICE, Mex Spiced WG 1BG</b> <b>COND PC Sauce, Taco 9g</b> <b>MELT BD, AM WG 2.0</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CARROTS, Coin 1/4c GFP IW</b> <b>FRUIT: PEARS 135 ct.</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>
		<b>Milk, Soy, Wheat</b> <b>Milk</b> <b>Soy</b> <b>Milk, Soy, Wheat</b> <b>None</b> <b>None</b> <b>None</b> <b>Milk</b> <b>Milk</b> <b>Milk</b>
<b>Tues</b>	<b>5/2/2017</b>	
		<b>BRD: WAFFLE, AP WG Maple Md IW</b> <b>CHIX Sausage Patty 1ea 1.0</b> <b>Pizza Tony's Galaxy Smart Pep</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>
		<b>Egg, Milk, Soy, Wheat</b> <b>None</b> <b>Milk, Soy, Wheat</b> <b>None</b> <b>None</b> <b>None</b> <b>None</b> <b>Milk</b> <b>Milk</b> <b>Milk</b>

<b>Wed</b>	<b>5/3/2017</b>	
	<b>Pizza Tony's Galaxy Smart Chz</b> <b>ENT: PASTA, Mac&amp;ChzSS2.0(2BG)</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>VEG: CORN, Fz 1/4c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Egg*, Milk, Soy, Wheat None None None Milk Milk Milk
<b>Thurs</b>	<b>5/4/2017</b>	
	<b>CHIX Tender, KK (3) WG 2.0</b> <b>Roll, DinnerWheatAP(Alpha)1ea</b> <b>COND PC Sauce, BBQ 12g</b> <b>BURG, Beef AMAP WG 2.25- ALPHA</b> <b>COND PC Ketchup 9g Heinz</b> <b>COND PC Mustard 6g</b> <b>VEG: BEANS, Black BBQ 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Soy, Wheat Soy, Wheat Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Fri</b>	<b>5/5/2017</b>	
	<b>ENT: STEW, BfMtbl Korean 2.0</b> <b>RICE, Plain WG 2BG</b> <b>FISH, Sticks AP (C) WG2.0(4ea)</b> <b>Breadstick WG 1.0 (Alpha)</b> <b>COND PC Ketchup 9g Heinz</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Soy, Wheat, Milk None Fish, Milk, Wheat Wheat None None None None Egg Milk Milk Milk
<b>Mon</b>	<b>5/8/2017</b>	
	<b>TACO BfGd Soft AP WG 2.0 2ea</b> <b>COND PC Sauce, Taco 9g</b> <b>SDW BN, ChixPty Pln WG/WG 2.0</b> <b>COND PC Sauce, BBQ 12g</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: CRAISINS, SS Cherry1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Soy Soy, Wheat Soy, Wheat None None None Milk Milk Milk

<b>Tues</b>	<b>5/9/2017</b>	
	<b>STICKS, MAX SNAX Pizza AP 2.0</b> <b>SAUCE P, Marin AP 1/4c</b> <b>STICKS, CORN DOG Chix AP 2.0</b> <b>COND PC Ketchup 9g Heinz</b> <b>COND PC Mustard 6g</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc STW1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None Egg, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>5/10/2017</b>	
	<b>BURG, Beef AMAP WG 2.25- ALPHA</b> <b>COND PC Ketchup 9g Heinz</b> <b>COND PC Mustard 6g</b> <b>CHIX Tender, KK (3) WG 2.0</b> <b>Breadstick WG 1.0 (Alpha)</b> <b>COND PC Sauce, BBQ 12g</b> <b>VEG: POTATO, FF CtinaGen7 1/2c</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None None Egg, Soy, Wheat Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Thurs</b>	<b>5/11/2017</b>	
	<b>SAUCE P, Spag AP Beef SS 2.0</b> <b>PASTA, Rotini WG 1c</b> <b>Roll, DinnerWheatAP(Alpha)1ea</b> <b>TACO ChixGd Soft WG 2.0 2ea</b> <b>RICE, Mex Spiced WG 1BG</b> <b>COND PC Sauce, Taco 9g</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>VEG: CORN, Fz 1/2c</b> <b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Soy Egg*, Wheat Soy, Wheat Milk, Soy, Wheat Milk Soy None None None Egg Milk Milk Milk
<b>Fri</b>	<b>5/12/2017</b>	
	<b>SDW SLDR, ChixPty WG 2.0</b> <b>COND PC Sauce, BBQ 12g</b> <b>Pizza Tony's Galaxy Smart Chz</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>VEG: CARROTS, Coin 1/4c GFP IW</b>	Wheat, Soy Soy, Wheat Milk, Soy, Wheat None None

	FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
<b>Mon</b>	<b>5/15/2017</b>	
	MELT SUB AP, BfMtbl PizzaSS2.0 SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>5/16/2017</b>	
	ENT: BOWL, ChixPop CH 2.0 Roll, DinnerWheatAP(Alpha)1ea Pizza Tony's Galaxy Smart Chz VEG: PEAS, Green Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Milk, Soy, Wheat None None None Milk Milk Milk
<b>Wed</b>	<b>5/17/2017</b>	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz MELT BD, AM WG 2.0 VEG: CORN, Fz 1/2c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None Milk, Soy, Wheat None None Eggs, Milk None Milk Milk Milk
<b>Thurs</b>	<b>5/18/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c	Wheat None None Wheat None Milk, Soy, Wheat Wheat None None

	FRUIT: CUP SS, Applesc STW1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
<b>Fri</b>	<b>5/19/2017</b>	
	ENT: PASTA, Mac&ChzSS2.0(2BG) Pizza Tony's Galaxy Smart Pep VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg*, Milk, Soy, Wheat Milk, Soy, Wheat None None None Milk Milk Milk
<b>Mon</b>	<b>5/22/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: TOMATOES, Cherry 1/4c VEG: PEAS, Green Fz 1/2c FRUIT: CUP SS, Mixed 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None Milk, Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>5/23/2017</b>	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 QUES AP, MAX SNAX BBQChixWdgs2 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk, Soy, Wheat None Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>5/24/2017</b>	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz ORI ChixPop Org Broc WG 2.0 RICE, Cilantro WG 2BG VEG: PEAS, Green Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: PEARS 135 ct.	Milk, Soy, Wheat Milk, Wheat Soy, Wheat None None None None

	MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk Milk
<b>Thurs</b>	<b>5/25/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g BURR AP, Bean & Cheese WG 2.0 VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Strawb1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat Milk, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>5/26/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, GFishPrtz .75oz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None Milk, Soy, Wheat Milk, Wheat None None None Egg None Milk Milk Milk
<b>Tues</b>	<b>5/30/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Wed</b>	<b>5/31/2017</b>	
	NACHOS BfGd Bn Scp AP- IW Chip CHIX Drumstk, AP OvnRstd 2.5 RICE, Plain WG 2BG VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz	Milk, Soy None None None None Soy None Milk

MILK SS, Skim 8oz  
MILK SS, Skim Chocolate

Milk  
Milk