

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Allergen Breakfast

Monday through Friday Rotation

**May Contain*
***Contains Pork*

Monday	
Rice Krispies Cereal	None
Cinnamon Chex Cereal	None
Fresh Orange	None
Grape Juice	None
Soy Milk	Soy
1% Milk	Milk
Tuesday	
Cinnamon Chex Cereal	None
Rice Krispies Cereal	None
Fresh Apple	None
Fruit Juice	None
Soy Milk	Soy
1% Milk	Milk
Wednesday	
Rice Krispies Cereal	None
Cinnamon Chex Cereal	None
Apple Sauce	None
Orange Juice	None
Soy Milk	Soy
1% Milk	Milk
Thursday	
Cinnamon Chex Cereal	None
Rice Krispies Cereal	None
Diced Pear Cup	None

Pineapple Juice	None
Soy Milk	Soy
1% Milk	Milk
Friday	
Rice Krispies Cereal	None
Cinnamon Chex Cereal	None
Raisins	None
Apple Juice	None
Soy Milk	Soy
1% Milk	Milk

K-8 Allergen Lunch
Monday through Friday Rotation

**May Contain*
***Contains Pork*

Monday	
100% Beef Burger	None
Brown Rice	None
Baby Carrots	None
Fresh Apple	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Ketchup	None
Mustard	None
Tuesday	
Black Bean Bowl	None
Brown Rice	None
Celery Sticks	None
Baked Potato	None
Fresh Orange	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Wednesday	
Ham	**Pork
Brown Rice	None
Dragon Juice	None
Black Beans	None
Fresh Apple	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Mustard	None
Thursday	
100% Beef Hot Dog	None
Brown Rice	None
Fresh Broccoli	None

Grape Juice	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Ketchup	None
Mustard	None
Friday	
Vegetable Bean Chili	None
Brown Rice	None
Fresh Red Pepper Strips	None
Diced Pears	None
Vanilla Soy Milk	Soy
1% Milk	Milk

9-12 Allergen Lunch
Monday through Friday Rotation

**May Contain*
***Contains Pork*

Monday	
100% Beef Burger	None
Brown Rice	None
Fresh Broccoli	None
Baby Carrots	None
Fresh Apple	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Ketchup	None
Mustard	None
Tuesday	
Black Bean Bowl	None
Brown Rice	None
Celery Sticks	None
Baked Potato	None
Fresh Orange	None
Grape Juice	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Wednesday	
Ham	**Pork
Brown Rice	None
Black Beans	None
Dragon Juice	None
Fresh Apple	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Mustard	None

Thursday	
100% Beef Hot Dog	None
Brown Rice	None
Fresh Broccoli	None
Cherry Tomatoes	None
Fresh Orange	None
Fresh Orange	None
Vanilla Soy Milk	Soy
1% Milk	Milk
Ketchup	None
Mustard	None
Friday	
Vegetable Bean Chili	None
Brown Rice	None
Fresh Red Pepper Strips	None
Diced Pears	None
Grape Juice	None
Vanilla Soy Milk	Soy
1% Milk	Milk