

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Hot Breakfast Allergens

**5.1.2018-5.31.2018**

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>			*May Contain **Contains Pork
<b>Tues</b>	<b>5/1/2018</b>	<b>5/1/2018</b>	
	Berry French Toast	BRD: FR TST AP, Berry WG IW	Wheat, Eggs, Milk, Soy
	Craisins	FRUIT: CRAISINS, SS Origin1.16	None
	Grape Juice	JUICE SS, Grape100% 4oz Cart	None
	1% Milk	MILK SS, 1% White 8oz	Milk
	Skim Milk	MILK SS, Skim 8oz	Milk
<b>Wed</b>	<b>5/2/2018</b>	<b>5/2/2018</b>	
	Turkey Pancake Wrap	STICKS, CORN DOG TkymplBfst1.IW	Wheat, Soy, Egg
	Syrup	COND PC Syrup 1.4oz Smuckers	None
	Fresh Apple	FRUIT: APPLE, 138ct Whole 1c	None
	Orange Juice	JUICE SS, Orange 100% 4oz Cart	None
	1% Milk	MILK SS, 1% White 8oz	Milk
	Skim Milk	MILK SS, Skim 8oz	Milk
<b>Thurs</b>	<b>5/3/2018</b>	<b>5/3/2018</b>	
	Maple Pancakes	BRD: PANCAKES, AP WG Maple PIL	Wheat, Egg, Milk
	Cinnamon Applesauce	FRUIT: CUP SS, Applesc Cin1/2c	None
	Fruit Juice	JUICE SS, Frt Bld 100% 4oz Crt	None
	1% Milk	MILK SS, 1% White 8oz	Milk
	Skim Milk	MILK SS, Skim 8oz	Milk

<b>Fri</b>	<b>5/4/2018</b>	<b>5/4/2018</b>	
	Chocolate Crescent Chocolate Bears Grahams Craisins Fresh Pear 1% Milk Skim Milk	brd: Crescent AP, Chocolate IW BRD: CRACK SS, Bear GrhmChocWG FRUIT: CRAISINS, SS Origin1.16 FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Milk Wheat None None Milk Milk
<b>Mon</b>	<b>5/7/2018</b>	<b>5/7/2018</b>	
	Cinnamon Toast Crunch Honey Belly Bears Mixed Berry Applesauce Orange Juice 1% Milk Skim Milk	CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Bear GrhmHnyWG FRUIT: CUP SS, Applesc Mixed B JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk
<b>Tues</b>	<b>5/8/2018</b>	<b>5/8/2018</b>	
	Egg & Cheese English Muffin Craisins Fruit Juice 1% Milk Skim Milk	MELT MUFF, EggPty AM 1.25 WG FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Soy, Wheat, Milk, Egg None None Milk Milk
<b>Wed</b>	<b>5/9/2018</b>	<b>5/9/2018</b>	
	Cinnamon French Toast Fresh Apple Grape Juice 1% Milk Skim Milk	BRD: FR TST AP, Cinn WG IW FRUIT: APPLE, 138ct Whole 1c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Milk, Soy None None Milk Milk
<b>Thurs</b>	<b>5/10/2018</b>	<b>5/10/2018</b>	
	Egg Omelet Animal Crackers Apple Juice Fresh Pear 1% Milk Skim Milk	EGG: Omelet CH AP 2.0 BRD: CRACK SS, Animal WG JUICE SS, Apple 100% 4oz Cart FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz	Egg, Milk Soy, Wheat None None Milk Milk
<b>Fri</b>	<b>5/11/2018</b>	<b>5/11/2018</b>	
	Frosted Flakes Cereal Jungle Crackers Peach Applesauce Orange Juice 1% Milk Skim Milk	CEREAL BWL, Frosted Flks RS WG BRD: CRACK SS, Jungle WG FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None None Milk Milk
<b>Mon</b>	<b>5/14/2018</b>	<b>5/14/2018</b>	
	Cheerios Cereal Chocolate Bears Grahams Grape Juice Fresh Orange	CEREAL BWL, Cheerios WG BRD: CRACK SS, Bear GrhmChocWG JUICE SS, Grape100% 4oz Cart FRUIT: ORANGE 138ct GFP 1/2c	None Wheat None None

	1% Milk Skim Milk	MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk Milk
<b>Tues</b>	<b>5/15/2018</b>	<b>5/15/2018</b>	
	Mini Cinnamon Rolls Peach Mango Applesauce Orange Juice 1% Milk Skim Milk	BRD: ROLL AP, CinnMini WG IW FRUIT: CUP SS, Applesc PeachMa JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Milk None None Milk Milk
<b>Wed</b>	<b>5/16/2018</b>	<b>5/16/2018</b>	
	Sausage & Cheese Bagel Fresh Apple Fruit Juice 1% Milk Skim Milk	MELT BGL, CSaus AM 1.25 WG FRUIT: APPLE, 138ct Whole 1c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Wheat, Soy None None Milk Milk
<b>Thurs</b>	<b>5/17/2018</b>	<b>5/17/2018</b>	
	Turkey Pancake Wrap Syrup Strawberry Applesauce Grape Juice 1% Milk Skim Milk	STICKS, CORN DOG TkymplBfst1.IW COND PC Syrup 1.4oz Smuckers FRUIT: CUP SS, Applesc STW1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy, Egg None None None Milk Milk
<b>Fri</b>	<b>5/18/2018</b>	<b>5/18/2018</b>	
	Rice Krispies Cereal Animal Crackers Craisins Fresh Orange 1% Milk Skim Milk	CEREAL BWL, Rice Krispies WG BRD: CRACK SS, Animal WG FRUIT: CRAISINS, SS Origin1.16 FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Soy, Wheat None None Milk Milk
<b>Mon</b>	<b>5/21/2018</b>	<b>5/21/2018</b>	
	Strawberry Poptarts String Cheese Sliced Apples Fruit Juice 1% Milk Skim Milk	BRD: POPTARTS, Straw 1.76oz WG CHEESE, MZ String LF 1ea 1.0 FRUIT: APPLE, Slcd IW 2oz JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Milk None None Milk Milk
<b>Tues</b>	<b>5/22/2018</b>	<b>5/22/2018</b>	
	Cinnamon Toast Crunch Honey Belly Bears Craisins Apple Juice 1% Milk Skim Milk	CEREAL BWL, CinnTstCrnch RS WG BRD: CRACK SS, Bear GrhmHnyWG FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Soy Wheat None Milk Milk
<b>Wed</b>	<b>5/23/2018</b>	<b>5/23/2018</b>	
	Chicken Biscuit Cinnamon Applesauce	SDW BISC AP, ChixPtyBrdWGIW.75 FRUIT: CUP SS, Applesc Cin1/2c	Wheat, Milk, Soy None

	Grape Juice 1% Milk Skim Milk	JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	None Milk Milk
<b>Thurs</b>	<b>5/24/2018</b>	<b>5/24/2018</b>	
	Mini Cinnamon Rolls Peach Applesauce Apple Juice 1% Milk Skim Milk	BRD: ROLL AP, CinnMini WG IW FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Milk None None Milk Milk
<b>Fri</b>	<b>5/25/2018</b>	<b>5/25/2018</b>	
	Yogurt with Trail Mix Orange Juice Raisins 1% Milk Skim Milk	Yogurt with Trailmix JUICE SS, Orange 100% 4oz Cart FRUIT: RAISINS, SS 1.5oz MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat None None Milk Milk
<b>Mon</b>	<b>5/28/2018</b>	<b>5/28/2018</b>	
	No School		
<b>Tue</b>	<b>5/29/2018</b>	<b>5/29/2018</b>	
	Banana Muffin Grape Juice Craisins 1% Milk Skim Milk	BRD: MUF AP, Ban 2oz WG (1BG) JUICE SS, Grape100% 4oz Cart FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz	Egg, Wheat, Soy None None Milk Milk
<b>Wed</b>	<b>5/30/2018</b>	<b>5/30/2018</b>	
	Sausage & Cheese English Muffin Fresh Pear Apple Juice 1% Milk Skim Milk	MELT MUFF, CSaus AM 1.25 WG FRUIT: PEARS 135 ct. JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Wheat, Soy None None Milk Milk
<b>Thur</b>	<b>5/31/2018</b>	<b>5/31/2018</b>	
	Cinnamon French Toast Peach Applesauce Grape Juice 1% Milk Skim Milk	BRD: FR TST AP, Cinn WG IW FRUIT: CUP SS, Applesc Pea1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz	Wheat, Eggs, Milk, Soy None None Milk Milk











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