

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch Express 9-12

2 Cold Ent

5.1.2018-5.31.2018

<i>Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy</i>		<i>*May Contain **Contains Pork</i>
Tues	5/1/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Dinner Roll	Soy, Wheat
	Sliced Apples	None
	Ranch Dressing	Eggs, Milk
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	5/2/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Potato Salad	Egg, Soy
	Celery Sticks	None
	Fresh Pear	None
	Apple Juice	None

	1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk Milk Milk Egg None
Thurs	5/3/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Mixed Berry Applesauce Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None None None Milk Milk Milk Egg None
Fri	5/4/2018	
	Turkey & Cheese Sub Cheese Sandwich Fresh Broccoli Fresh Baby Carrots Fresh Baby Carrots Fresh Apple Orange Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk Egg None
Mon	5/7/2018	
	Turkey & Cheese Sub Cheese Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Watermelon Craisins Apple Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk Egg None
Tues	5/8/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**

	Sun Butter & Jelly Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Dinner Roll Applesauce Fruit Juice 1% Milk Chocolate Milk Skim Milk Mayonnaise Mustard	Soy, Wheat None None None Soy, Wheat None None Milk Milk Milk Egg None
Wed	5/9/2018	
	Turkey & Cheese Sub Cheese Sandwich Potato Salad Celery Sticks Sliced Apples Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat Egg, Soy None None None Milk Milk Milk Egg None
Thurs	5/10/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Fresh Broccoli Side Salad Ranch Dressing Dinner Roll Mixed Berry Applesauce Fruit Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None Eggs, Milk Soy, Wheat None None Milk Milk Milk Egg None
Fri	5/11/2018	
	Turkey & Cheese Sub Cheese Sandwich Three Bean Salad Fresh Baby Carrots Fresh Baby Carrots Fresh Orange Apple Juice	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None

	1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard French Dressing	Milk Milk Milk Egg None None
Mon	5/14/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Sweet Golden Corn Fresh Baby Carrots Fresh Baby Carrots Dinner Roll Cinnamon Applesauce Apple Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None Soy, Wheat None None Milk Milk Milk Egg None
Tues	5/15/2018	
	Turkey & Cheese Sub Cheese Sandwich Three Bean Salad Fresh Baby Carrots Fresh Baby Carrots Fruit Juice Mixed Berry Applesauce 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk Egg None
Wed	5/16/2018	
	Ham & Cheese Sub Sun Butter & Jelly Sandwich Side Salad Sweet Golden Corn Fresh Pear Ranch Dressing Grape Juice 1% Milk Skim Milk Chocolate Milk Mayonnaise Mustard	Milk, Soy, Wheat, Pork** Soy, Wheat None None None Eggs, Milk None Milk Milk Milk Egg None

Thurs 5/17/2018		
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Fresh Broccoli	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Apple	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Fri 5/18/2018		
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Celery Sticks	None
	Dinner Roll	Soy, Wheat
	Peach Applesauce	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Mon 5/21/2018		
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Three Bean Salad	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Dinner Roll	Soy, Wheat
	Fresh Apple	None
	Apple Juice	None
	1% Milk	Milk
	Chocolate Milk	Milk
	Skim Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Tues 5/22/2018		
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None

	Fresh Baby Carrots	None
	Peach Mango Applesauce	None
	Orange Juice	None
	1% Milk	Milk
	Chocolate Milk	Milk
	Skim Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	5/23/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Fresh Broccoli	None
	Fresh Celery Sticks	None
	Dinner Roll	Soy, Wheat
	Applesauce	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thurs	5/24/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Side Salad	None
	Fresh Orange	None
	Apple Juice	None
	Ranch Dressing	Eggs, Milk
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Fri	5/25/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Potato Salad	Egg, Soy
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Fresh Pear	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg

	Mustard	None
Mon	5/28/2018	
	No School	
Tue	5/29/2018	
	PB & J Graham Bar	Peanut, Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Strawberry Applesauce	None
	Orange Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Wed	5/30/2018	
	Ham & Cheese Sub	Milk, Soy, Wheat, Pork**
	Sun Butter & Jelly Sandwich	Soy, Wheat
	Sweet Golden Corn	None
	Fresh Baby Carrots	None
	Fresh Baby Carrots	None
	Grape Juice	None
	Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None
Thur	5/31/2018	
	Turkey & Cheese Sub	Milk, Soy, Wheat
	Cheese Sandwich	Milk, Soy, Wheat
	Sweet Golden Corn	None
	Celery Sticks	None
	Fresh Apple	None
	Grape Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
	Mayonnaise	Egg
	Mustard	None