

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

AB

**5.1.2018-5.31.2018**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain  
\*\*Contains Pork*

**Tues 5/1/2018**

|                            |                  |
|----------------------------|------------------|
| Strawberry Pancakes        | Wheat, Egg, Milk |
| Strawberry Banana Yogurt   | Milk             |
| Chicken Mashed Potato Bowl | Milk, Soy, Wheat |
| Dinner Roll                | Soy, Wheat       |
| Animal Crackers            | Soy, Wheat       |
| Fresh Baby Carrots         | None             |
| Tater Tots                 | None             |
| Ketchup                    | None             |
| Sliced Apples              | None             |
| 1% Milk                    | Milk             |
| Skim Milk                  | Milk             |
| Chocolate Milk             | Milk             |

**Wed 5/2/2018**

|                 |                  |
|-----------------|------------------|
| Chicken Nuggets | Soy, Wheat       |
| Dinner Roll     | Soy, Wheat       |
| Ketchup         | None             |
| Grilled Cheese  | Milk, Soy, Wheat |

|                       |   |  |
|-----------------------|---|--|
|                       | Roasted Potatoes<br>Celery Sticks<br>Fresh Pear<br>1% Milk<br>Skim Milk<br>Chocolate Milk   | None<br>None<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Thurs 5/3/2018</b> |   |  |
|                       | Hot Dog<br>Ketchup<br>Mustard<br>Cheese Pizza<br>Chez-It Crackers<br>Sweet Golden Corn<br>Fresh Baby Carrots<br>Mixed Berry Applesauce<br>1% Milk<br>Skim Milk<br>Chocolate Milk                      | Wheat<br>None<br>None<br>Milk, Soy, Wheat<br>Milk, Soy, Wheat<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                                      |
| <b>Fri 5/4/2018</b>   |   |  |
|                       | Beef Tacos<br>Taco Sauce<br>Chicken Tacos<br>Mexican Rice<br>Taco Sauce<br>Fresh Broccoli<br>Side Salad<br>Ranch Dressing<br>Fresh Apple<br>Cinnamon Churro<br>1% Milk<br>Skim Milk<br>Chocolate Milk | Milk, Soy, Wheat<br>Soy<br>Milk, Soy, Wheat<br>Milk<br>Soy<br>None<br>None<br>Eggs, Milk<br>None<br>Eggs, Wheat, Milk, Soy<br>Milk<br>Milk<br>Milk |
| <b>Mon 5/7/2018</b>   |   |  |
|                       | Cheeseburger<br>Mustard<br>Ketchup<br>Pizza Dippers<br>Marinara Sauce<br>Sweet Potato Fries<br>Watermelon Craisins<br>1% Milk<br>Skim Milk<br>Chocolate Milk  | Milk, Soy, Wheat<br>None<br>None<br>Milk, Soy, Wheat<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Tues 5/8/2018</b>  |   |  |
|                       | Maple Pancakes<br>Poultry Sausage   | Wheat, Egg, Milk<br>None   |

|                        |   |  |
|------------------------|---|--|
|                        | Grilled Turkey Ham & Cheese<br>Tater Tots<br>Fresh Baby Carrots<br>Applesauce<br>Ketchup<br>1% Milk<br>Skim Milk<br>Chocolate Milk  | Milk, Wheat<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk  |
| <b>Wed 5/9/2018</b>    |   |  |
|                        | Breaded Chicken Sandwich<br>BBQ Sauce<br>Salisbury Steak<br>Parsley Noodles<br>Brown Gravy<br>Mashed Potato<br>Celery Sticks<br>Sliced Apples<br>1% Milk<br>Skim Milk<br>Chocolate Milk | Soy, Wheat<br>Soy, Wheat<br>Milk, Soy, Wheat<br>Wheat, Egg, Milk, Soy<br>Milk, Wheat, Soy, *Egg<br>*Milk<br>None<br>None<br>Milk<br>Milk<br>Milk |
| <b>Thurs 5/10/2018</b> |   |  |
|                        | Cheese Pizza<br>Turkey Ham & American Cheese Loaded Pretzel<br>Fresh Broccoli<br>Side Salad<br>Ranch Dressing<br>Warmed Cinnamon Peaches<br>1% Milk<br>Skim Milk<br>Chocolate Milk      | Milk, Soy, Wheat<br>Wheat, Milk, Soy<br>None<br>None<br>Eggs, Milk<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Fri 5/11/2018</b>   |   |  |
|                        | Hot Dog<br>Mustard<br>Ketchup<br>Pepperoni Pizza<br>Pretzel Goldfish Crackers<br>Black Charro Beans<br>Fresh Baby Carrots<br>Fresh Orange<br>1% Milk<br>Skim Milk<br>Chocolate Milk     | Wheat<br>None<br>None<br>Milk, Soy, Wheat<br>Milk, Wheat<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Mon 5/14/2018</b>   |   |  |
|                        | Cinnamon French Toast<br>Poultry Sausage<br>Cheeseburger  | Wheat, Eggs, Milk, Soy<br>None<br>Milk, Soy, Wheat   |

|                        |  |  |
|------------------------|--|--|
|                        | Ketchup<br>Mustard<br>Tater Tots<br>Sliced Apples<br>Ketchup<br>1% Milk<br>Skim Milk<br>Chocolate Milk   | None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Tues 5/15/2018</b>  |  |  |
|                        | Cheese Pizza<br>Corn Dog<br>Ketchup<br>Mustard<br>Three Bean Salad<br>Steamed Carrots<br>Fruit Juice<br>1% Milk<br>Skim Milk<br>Chocolate Milk                       | Milk, Soy, Wheat<br>Egg, Soy, Wheat<br>None<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                |
| <b>Wed 5/16/2018</b>   |  |  |
|                        | BBQ Meatballs<br>Dinner Roll<br>BBQ Riblet<br>Side Salad<br>Sweet Golden Corn<br>Ranch Dressing<br>Fresh Pear<br>1% Milk<br>Skim Milk<br>Chocolate Milk              | Milk, Soy, Wheat<br>Soy, Wheat<br>Soy, Wheat, Pork**<br>None<br>None<br>Eggs, Milk<br>None<br>Milk<br>Milk<br>Milk |
| <b>Thurs 5/17/2018</b> |  |  |
|                        | Nacho Combo<br>Chicken Mashed Potato Bowl<br>Scooby Doo Crackers<br>Streamed Broccoli<br>Fresh Baby Carrots<br>Fresh Apple<br>1% Milk<br>Skim Milk<br>Chocolate Milk | Milk, Soy<br>Milk, Soy, Wheat<br>Soy, Wheat<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                        |
| <b>Fri 5/18/2018</b>   |  |  |
|                        | Breaded Chicken Sandwich<br>BBQ Sauce<br>Sausage, Egg & Cheese on English Muffin<br>Sweet Potato Fries<br>Ketchup  | Soy, Wheat<br>Soy, Wheat<br>Egg, Milk, Soy, Wheat<br>None<br>None  |

|                        |   |   |
|------------------------|---|---|
|                        | Celery Sticks<br>Peach Applesauce<br>1% Milk<br>Skim Milk<br>Chocolate Milk   | None<br>None<br>Milk<br>Milk<br>Milk  |
| <b>Mon 5/21/2018</b>   |   |   |
|                        | Grilled Cheese<br>Chicken Tacos<br>Mexican Rice<br>Taco Sauce<br>BBQ Black Beans<br>Fresh Baby Carrots<br>Fresh Baby Carrots<br>Fresh Apple<br>1% Milk<br>Skim Milk<br>Chocolate Milk | Milk, Soy, Wheat<br>Milk, Soy, Wheat<br>Milk<br>Soy<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk |
| <b>Tues 5/22/2018</b>  |   |   |
|                        | Maple Waffles<br>Poultry Sausage<br>Pepperoni Pizza<br>Tater Tots<br>Peach Mango Applesauce<br>Ketchup<br>1% Milk<br>Skim Milk<br>Chocolate Milk                                      | Egg, Milk, Soy, Wheat<br>None<br>Milk, Soy, Wheat<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk           |
| <b>Wed 5/23/2018</b>   |   |   |
|                        | Cheese Pizza<br>Strawberry Pancakes<br>Strawberry Banana Yogurt<br>Fresh Broccoli<br>Celery Sticks<br>Warmed Cinnamon Peaches<br>1% Milk<br>Skim Milk<br>Chocolate Milk               | Milk, Soy, Wheat<br>Wheat, Egg, Milk<br>Milk<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk                |
| <b>Thurs 5/24/2018</b> |   |   |
|                        | Chicken Tenders<br>Dinner Roll<br>BBQ Sauce<br>Hamburger<br>Ketchup<br>Mustard<br>Sweet Golden Corn<br>Side Salad   | Egg, Soy, Wheat<br>Soy, Wheat<br>Soy, Wheat<br>Soy, Wheat<br>None<br>None<br>None<br>None                   |

|             |   |  |
|-------------|---|--|
|             | Ranch Dressing<br>Fresh Orange<br>1% Milk<br>Skim Milk<br>Chocolate Milk  | Eggs, Milk<br>None<br>Milk<br>Milk<br>Milk   |
| <b>Fri</b>  | <b>5/25/2018</b>  |  |
|             | Salisbury Steak<br>Parsley Noodles<br>Brown Gravy<br>Macaroni & Cheese<br>Mashed Potato<br>Fresh Baby Carrots<br>Fresh Pear<br>1% Milk<br>Skim Milk<br>Chocolate Milk   | Milk, Soy, Wheat<br>Wheat, Egg, Milk, Soy<br>Milk, Wheat, Soy, *Egg<br>Egg*, Milk, Soy, Wheat<br>*Milk<br>None<br>None<br>Milk<br>Milk<br>Milk |
| <b>Mon</b>  | <b>5/28/2018</b>  |  |
|             | No School   |  |
| <b>Tue</b>  | <b>5/29/2018</b>  |  |
|             | Pizza Dippers<br>Marinara Sauce<br>Corn Dog<br>Ketchup<br>Mustard<br>Steamed Corn<br>Strawberry Applesauce<br>1% Milk<br>Skim Milk<br>Chocolate Milk  | Milk, Soy, Wheat<br>None<br>Egg, Soy, Wheat<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk  |
| <b>Wed</b>  | <b>5/30/2018</b>  |  |
|             | Cheeseburger<br>Taco Sauce<br>BBQ Sauce<br>Ketchup<br>Mustard<br>Breaded Chicken Sandwich<br>BBQ Sauce<br>French Fries<br>Fresh Baby Carrots<br>Craisins<br>Ketchup<br>1% Milk<br>Skim Milk<br>Chocolate Milk | Milk, Soy, Wheat<br>Soy<br>Soy, Wheat<br>None<br>None<br>Soy, Wheat<br>Soy, Wheat<br>None<br>None<br>None<br>None<br>Milk<br>Milk<br>Milk      |
| <b>Thur</b> | <b>5/31/2018</b>  |  |

|                 |                 |
|-----------------|-----------------|
| Mini Corn Dogs  | Wheat, Soy, Egg |
| Mustard         | None            |
| Ketchup         | None            |
| Chicken Tenders | Egg, Soy, Wheat |
| Breadstick      | Wheat           |
| BBQ Sauce       | Soy, Wheat      |
| Tater Tots      | None            |
| Celery Sticks   | None            |
| Fresh Apple     | None            |
| Ketchup         | None            |
| 1% Milk         | Milk            |
| Skim Milk       | Milk            |
| Chocolate Milk  | Milk            |