

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

Salad Only

5.1.2018-5.31.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Tues 5/1/2018

Fresh Fruit & Cheese Plate	Milk
Animal Crackers	Soy, Wheat
Fresh Baby Carrots	None
Tater Tots	None
Ketchup	None
Sliced Apples	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

Wed 5/2/2018

Nacho Combo	Milk, Soy
Jungle Crackers	Wheat
Roasted Potatoes	None
Celery Sticks	None
Fresh Pear	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk

Thurs 5/3/2018

Yogurt with Trail Mix	Milk, Soy, Wheat
Scooby Doo Crackers	Soy, Wheat
Sweet Golden Corn	None

	Fresh Baby Carrots	None
	Mixed Berry Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	5/4/2018	
	Garden Salad with Cheese	Milk
	Dinner Roll	Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Fresh Broccoli	None
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Fresh Apple	None
	Cinnamon Churro	Eggs, Wheat, Milk, Soy
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	5/7/2018	
	Farmer's Market Salad	Milk, Wheat
	Breadstick	Wheat
	Chez-It Crackers	Milk, Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Sweet Potato Fries	None
	Watermelon Craisins	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	5/8/2018	
	Strawberry Yogurt with Trail Mix	Milk, Soy, Wheat
	Scooby Doo Crackers	Soy, Wheat
	Tater Tots	None
	Fresh Baby Carrots	None
	Applesauce	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	5/9/2018	
	Garden Salad with Cheese	Milk
	Dinner Rolls	Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Mashed Potato	*Milk
	Celery Sticks	None
	Sliced Apples	None
	1% Milk	Milk
	Skim Milk	Milk

	Chocolate Milk	Milk
Thurs	5/10/2018	
	Chef Salad with Egg	Egg, Milk
	Dinner Rolls	Soy, Wheat
	French Dressing	Egg
	Fresh Broccoli	None
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Warmed Cinnamon Peaches	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	5/11/2018	
	Yogurt with Trail Mix	Milk, Soy, Wheat
	Animal Crackers	Soy, Wheat
	Black Charro Beans	None
	Fresh Baby Carrots	None
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	5/14/2018	
	Fresh Fruit & Cheese Plate	Milk
	Cool Ranch Doritos	Milk
	Tater Tots	None
	Sliced Apples	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Tues	5/15/2018	
	Farmer's Market Salad	Milk, Wheat
	Breadstick	Wheat
	Goldfish Crackers	Milk, Wheat
	Ranch Dressing	Eggs, Milk
	Three Bean Salad	None
	Steamed Carrots	None
	Fruit Juice	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	5/16/2018	
	Chef Salad with Ham	Milk, Pork**
	Dinner Rolls	Soy, Wheat
	Ranch Dressing	Eggs, Milk
	Side Salad	None

	Sweet Golden Corn Ranch Dressing Fresh Pear 1% Milk Skim Milk Chocolate Milk	None Eggs, Milk None Milk Milk Milk
Thurs	5/17/2018	
	Strawberry Yogurt with Trail Mix Animal Crackers Streamed Broccoli Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Fri	5/18/2018	
	Chicken Caesar Salad Dinner Rolls Caesar Dressing Sweet Potato Fries Ketchup Celery Sticks Peach Applesauce 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat Egg, Fish, Milk, Soy, Wheat None None None None None Milk Milk Milk
Mon	5/21/2018	
	Yogurt with Trail Mix Scooby Doo Crackers BBQ Black Beans Fresh Baby Carrots Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Tues	5/22/2018	
	Fresh Fruit & Cheese Plate Cool Ranch Doritos Tater Tots Peach Mango Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Milk Milk None None None Milk Milk Milk
Wed	5/23/2018	

	Chef Salad with Turkey Dinner Roll Ranch Dressing Chez-It Crackers Fresh Broccoli Celery Sticks Warmed Cinnamon Peaches 1% Milk Skim Milk Chocolate Milk	Milk Soy, Wheat Eggs, Milk Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	5/24/2018	
	Popcorn Chicken Salad Ranch Dressing Jungle Crackers Sweet Golden Corn Side Salad Ranch Dressing Fresh Orange 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Eggs, Milk Wheat None None Eggs, Milk None Milk Milk Milk
Fri	5/25/2018	
	Garden Salad with Cheese Dinner Rolls Ranch Dressing Mashed Potato Fresh Baby Carrots Fresh Pear 1% Milk Skim Milk Chocolate Milk	Milk Soy, Wheat Eggs, Milk *Milk None None Milk Milk Milk
Mon	5/28/2018	
	No School	
Tue	5/29/2018	
	Farmer's Market Salad Breadstick Ranch Dressing Goldfish Crackers Steamed Corn Strawberry Applesauce 1% Milk Skim Milk Chocolate Milk	Milk, Wheat Wheat Eggs, Milk Milk, Wheat None None Milk Milk Milk
Wed	5/30/2018	
	Yogurt with Trail Mix	Milk, Soy, Wheat

	Scooby Doo Crackers	Soy, Wheat
	French Fries	None
	Fresh Baby Carrots	None
	Craisins	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Thur	5/31/2018	
	Chef Salad with Egg	Egg, Milk
	Breadstick	Wheat
	Ranch Dressing	Eggs, Milk
	Pretzel Goldfish Crackers	Milk, Wheat
	Tater Tots	None
	Celery Sticks	None
	Fresh Apple	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk