

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

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5.1.2018-5.31.2018

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Tues 5/1/2018	
Strawberry Pancakes	Wheat, Egg, Milk
Strawberry Banana Yogurt	Milk
Fresh Baby Carrots	None
Tater Tots	None
Sliced Apples	None
Ketchup	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Wed 5/2/2018	
Chicken Nuggets	Soy, Wheat
Dinner Roll	Soy, Wheat
Ketchup	None
Roasted Potatoes	
Celery Sticks	None
Fresh Pear	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk
Thurs 5/3/2018	

	Hot Dog Ketchup Mustard Sweet Golden Corn Fresh Baby Carrots Mixed Berry Applesauce 1% Milk Skim Milk Chocolate Milk	Wheat None None None None None Milk Milk Milk
Fri	5/4/2018	
	Beef Tacos Taco Sauce Fresh Broccoli Side Salad Ranch Dressing Fresh Apple Cinnamon Churro 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat Soy None None Eggs, Milk None Eggs, Wheat, Milk, Soy Milk Milk Milk
Mon	5/7/2018	
	Cheeseburger Mustard Ketchup Sweet Potato Fries Watermelon Craisins Ketchup 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat None None None None None Milk Milk Milk
Tues	5/8/2018	
	Maple Pancakes Poultry Sausage Tater Tots Fresh Baby Carrots Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Wheat, Egg, Milk None None None None None Milk Milk Milk
Wed	5/9/2018	
	Breaded Chicken Sandwich BBQ Sauce Mashed Potato Celery Sticks Sliced Apples	Soy, Wheat Soy, Wheat *Milk None None

	1% Milk Skim Milk Chocolate Milk	Milk Milk Milk
Thurs	5/10/2018	
	Cheese Pizza Fresh Broccoli Side Salad Ranch Dressing Warmed Cinnamon Peaches 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat None None Eggs, Milk None Milk Milk Milk
Fri	5/11/2018	
	Hot Dog Mustard Ketchup Black Charro Beans Fresh Baby Carrots Fresh Orange 1% Milk Skim Milk Chocolate Milk	Wheat None None None None None Milk Milk Milk
Mon	5/14/2018	
	Cinnamon French Toast Poultry Sausage Tater Tots Ketchup Cinnamon Applesauce 1% Milk Skim Milk Chocolate Milk	Wheat, Eggs, Milk, Soy None None None None Milk Milk Milk
Tues	5/15/2018	
	Cheese Pizza Three Bean Salad Steamed Carrots Fruit Juice 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat None None None Milk Milk Milk
Wed	5/16/2018	
	BBQ Meatballs Dinner Roll Side Salad Sweet Golden Corn Ranch Dressing Fresh Pear	Milk, Soy, Wheat Soy, Wheat None None Eggs, Milk None

	1% Milk Skim Milk Chocolate Milk	Milk Milk Milk
Thurs	5/17/2018	
	Nacho Combo Streamed Broccoli Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy None None None Milk Milk Milk
Fri	5/18/2018	
	Breaded Chicken Sandwich BBQ Sauce Sweet Potato Fries Ketchup Celery Sticks Peach Applesauce 1% Milk Skim Milk Chocolate Milk	Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Mon	5/21/2018	
	Grilled Cheese BBQ Black Beans Fresh Baby Carrots Fresh Baby Carrots Fresh Apple 1% Milk Skim Milk Chocolate Milk	Milk, Soy, Wheat None None None None Milk Milk Milk
Tues	5/22/2018	
	Maple Waffles Poultry Sausage Tater Tots Peach Mango Applesauce Ketchup 1% Milk Skim Milk Chocolate Milk	Egg, Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	5/23/2018	
	Cheese Pizza Fresh Broccoli Celery Sticks Warmed Cinnamon Peaches 1% Milk Skim Milk	Milk, Soy, Wheat None None None Milk Milk

	Chocolate Milk	Milk
Thurs	5/24/2018	
	Chicken Tenders	Egg, Soy, Wheat
	Dinner Roll	Soy, Wheat
	BBQ Sauce	Soy, Wheat
	Sweet Golden Corn	None
	Side Salad	None
	Ranch Dressing	Eggs, Milk
	Fresh Orange	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Fri	5/25/2018	
	Salisbury Steak	Milk, Soy, Wheat
	Parsley Noodles	Wheat, Egg, Milk, Soy
	Brown Gravy	Milk, Wheat, Soy, *Egg
	Mashed Potato	*Milk
	Fresh Baby Carrots	None
	Fresh Pear	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Mon	5/28/2018	
	No School	
Tue	5/29/2018	
	Pizza Dippers	Milk, Soy, Wheat
	Marinara Sauce	None
	Steamed Corn	None
	Strawberry Applesauce	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Wed	5/30/2018	
	Cheeseburger	Milk, Soy, Wheat
	Taco Sauce	Soy
	BBQ Sauce	Soy, Wheat
	French Fries	None
	Fresh Baby Carrots	None
	Craisins	None
	Ketchup	None
	1% Milk	Milk
	Skim Milk	Milk
	Chocolate Milk	Milk
Thur	5/31/2018	
	Mini Corn Dogs	Wheat, Soy, Egg

Ketchup	None
Mustard	None
Tater Tots	None
Celery Sticks	None
Fresh Apple	None
Ketchup	None
1% Milk	Milk
Skim Milk	Milk
Chocolate Milk	Milk