

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch 9-12

1 Hot

11/01/2017-11/30/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

**May Contain
**Contains Pork*

Day	Date	
Wed	11/1/2017	
		BURG, Beef AMAP WG 2.25- ALPHA Milk, Soy, Wheat SNACK: CHIP SS, SunchpMixGS WG Milk, Wheat COND PC Ketchup 9g Heinz None VEG: POTATO, FF CtinaGen7 1/2c None VEG: BROCCOLI, GFP IW 1/2c None FRUIT: ORANGE 138ct Whole 1/2c None JUICE SS, Frt Bld 100% 4oz Crt None COND PC Ketchup 9g Heinz None MILK SS, 1% White 8oz Milk MILK SS, Skim 8oz Milk MILK SS, Skim Chocolate Milk
Thurs	11/2/2017	
		ENT: PASTA, ChixDcd PenneRose2 Milk, Wheat, *Egg Roll, DinnerWheatAP(Alpha)2ea Soy, Wheat VEG: SALAD, Side RomMix AP1c None VEG: PEAS, Green Fz 1/2c None Fruit: Clementine GFP 1/2c None JUICE SS, Apple 100% 4oz Cart None COND PC Drsg French 12g Egg MILK SS, 1% White 8oz Milk MILK SS, Skim 8oz Milk MILK SS, Skim Chocolate Milk
Fri	11/3/2017	

	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW VEG: CORN, Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Soy Soy, Wheat None None None None None Milk Milk Milk
Mon	11/6/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW JUICE SS, Grape100% 4oz Cart BRD: CRACK SS, GFishChd.75ozWG FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk, Wheat None Milk Milk Milk
Tues	11/7/2017	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Wed	11/8/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1c JUICE SS, Apple 100% 4oz Cart COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Eggs, Milk None None Milk Milk Milk
Thurs	11/9/2017	
	HOT DOG, Plain WG 2.0	Wheat

	BRD: CRACK SS, Jungle WG COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: POTATO, FF CtinaGen7 1/2c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/2c FRUIT: CUP SS, Applesc Mixed B JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None None Milk Milk Milk
Fri	11/10/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/2c FRUIT: APPLE, 138ct Whole 1c JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Wheat None None None None None Milk Milk Milk
Mon	11/13/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/2c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None None None Milk Milk Milk
Tues	11/14/2017	
	BRD: PANCAKES, AP WG MplBstIW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz COND PC Drsg Ranch 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz	Eggs, Milk, Soy, Wheat None None None None None None None None Eggs, Milk Milk Milk

	MILK SS, Skim Chocolate	Milk
Wed	11/15/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, Slcd IW 2oz JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Thurs	11/16/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Fri	11/17/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Side RomMix AP1c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Egg None Milk Milk Milk
Mon	11/20/2017	
	SDW BN, BfGd SlJoe SS WG 2.0 VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Apple 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None None None Milk Milk Milk
Tues	11/21/2017	

	Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	11/22/2017	
	NACHOS BfGd Bn Scp AP- IW Chip RICE, Plain WG 1BG VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Soy None None Milk Milk Milk
Mon	11/27/2017	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa JUICE SS, Orange 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None None None None None None None Milk Milk Milk
Tues	11/28/2017	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c JUICE SS, Apple 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy None None None None None Milk Milk Milk
Wed	11/29/2017	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, GFishPrtz .75oz	Milk, Soy, Wheat Milk, Wheat

VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Milk Milk Milk
Thurs 11/30/2017	
CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/2c FRUIT: BANANA (100-120ct) Whl JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk