

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

AB

11/01/2017-11/30/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Wed	11/1/2017	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Ketchup 9g Heinz	None
	COND PC Mustard 6g	None
	CHIX Tender, KK (3) WG 2.0	Egg, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	11/2/2017	
	ENT: PASTA, ChixDcd PenneRose2	Milk, Wheat, *Egg
	Roll, DinnerWheatAP(Alpha)2ea	Soy, Wheat
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: PEAS, Green Fz 1/2c	None

	Fruit: Clementine GFP 1/2c COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Egg Milk Milk Milk
Fri	11/3/2017	
	SDW SLDR, ChixPty WG 2.0 COND PC Sauce, BBQ 12g Pizza Tony's Galaxy Smart Chz VEG: CORN, Fz 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, Soy Soy, Wheat Milk, Soy, Wheat None None None None Milk Milk Milk
Mon	11/6/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Tues	11/7/2017	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG ENT: BOWL, ChixPop CH 2.0- OPI Roll, DinnerWheatAP(Alpha)1ea BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Wed	11/8/2017	
	CHIX Nugget, WG (5) 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz MELT BD, AM WG 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct.	Soy, Wheat Soy, Wheat None Milk, Soy, Wheat None None None Eggs, Milk None

	COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Thurs	11/9/2017	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Chz-It WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None Milk, Soy, Wheat Milk, Soy, Wheat None None None None Milk Milk Milk
Fri	11/10/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Wheat Egg*, Milk, Soy, Wheat None None None Milk Milk Milk
Mon	11/13/2017	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None Milk, Soy, Wheat None None None Milk Milk Milk
Tues	11/14/2017	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 MELT BD, T.Ham PV WG 2.0 VEG: POTATO, Tater Tots 1/2 c	Eggs, Milk, Soy, Wheat None Milk, Wheat None

	<p>VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>None None None None Milk Milk Milk</p>
Wed	11/15/2017	
	<p>Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG ORI ChixPop Org Broc WG 2.0 RICE, Cilantro WG 2BG VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None None Milk Milk Milk</p>
Thurs	11/16/2017	
	<p>SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g BURR AP, Bean & Cheese WG 2.0 VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Soy, Wheat Soy, Wheat Milk, Wheat None None None Milk Milk Milk</p>
Fri	11/17/2017	
	<p>HOT DOG, Plain WG 2.0 COND PC Mustard 6g COND PC Ketchup 9g Heinz Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, GFishPrtz .75oz VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Wheat None None Milk, Soy, Wheat Milk, Wheat None None None Egg None Milk Milk Milk</p>
Mon	11/20/2017	
	<p>SDW BN, BfGd SIJoe SS WG 2.0 BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz</p>	<p>Soy, Wheat Milk, Soy, Wheat None</p>

	<p>COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>None None None None None Milk Milk Milk</p>
Tues	11/21/2017	
	<p>Pizza Tony's Galaxy Smart Chz STICKS, CORN DOG Chix AP 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Egg, Soy, Wheat None None None None None Milk Milk Milk</p>
Wed	11/22/2017	
	<p>NACHOS BfGd Bn Scp AP- IW Chip CHIX Drumstk, AP OvnRstd 2.5 RICE, Plain WG 2BG VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy None None None None Soy None Milk Milk Milk</p>
Mon	11/27/2017	
	<p>BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 Pizza Tony's Galaxy Smart Pep VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Egg, Milk, Soy, Wheat None Milk, Soy, Wheat None None None None Milk Milk Milk</p>
Tues	11/28/2017	
	<p>TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g MELT BD, AM WG 2.0</p>	<p>Milk, Soy, Wheat Milk Soy Milk, Soy, Wheat</p>

	VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None None None Milk Milk Milk
Wed	11/29/2017	
	Pizza Tony's Galaxy Smart Chz ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Egg*, Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	11/30/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk