

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

Salad Only

11/01/2017-11/30/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Day	Date	
Wed	11/1/2017	
	SALAD, HamTky CH MZ AP W 2.0 COND PC Drsg French 12g Roll, DinnerWheatAP(Alpha)1ea VEG: POTATO, FF CtinaGen7 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Egg Soy, Wheat None None None None Milk Milk Milk
Thurs	11/2/2017	
	SALAD, Egg Chef AP W 2.0 Breadstick WG 1.0 (Alpha) COND PC Drsg Ranch 12g BRD: CRACK SS, GFishPrtz .75oz VEG: SALAD, Side RomMix AP1/2c VEG: PEAS, Green Fz 1/2c Fruit: Clementine GFP 1/2c COND PC Drsg French 12g MILK SS, 1% White 8oz	Egg, Milk Wheat Eggs, Milk Milk, Wheat None None None Egg Milk

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	11/3/2017	
	SALAD, Tky CH MZ AP W 2.0	Milk
	COND PC Drsg Ranch 12g	Eggs, Milk
	Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Mon	11/6/2017	
	Farmer's Market Salad	Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	11/7/2017	
	SALAD, APPLE Slcd IW CHCube2.0	Milk
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	11/8/2017	
	SALAD NAC, BfGd IWCHIP AP2.0	Milk, Soy
	BRD: CRACK SS, Jungle WG	Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: SALAD, Side RomMix AP1/2c	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	11/9/2017	
	SALAD, ChixPop CH AP W 2.0	Milk, Soy, Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk

	<p>Roll, DinnerWheatAP(Alpha)2ea VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Soy, Wheat None None None None Milk Milk Milk</p>
Fri	11/10/2017	
	<p>SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk Soy, Wheat Egg None None None Milk Milk Milk</p>
Mon	11/13/2017	
	<p>Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk</p>
Tues	11/14/2017	
	<p>Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, Chz-It WG COND PC Drsg Ranch 12g VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Milk, Wheat Wheat Milk, Soy, Wheat Eggs, Milk None None None None None None Milk Milk Milk</p>
Wed	11/15/2017	
	<p>SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c</p>	<p>Milk Soy, Wheat Egg None None</p>

	FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Thurs	11/16/2017	
	SALAD, Egg Chef AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk
Fri	11/17/2017	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk None None None Egg None Milk Milk Milk
Mon	11/20/2017	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk, Wheat None None None None Milk Milk Milk
Tues	11/21/2017	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, GFishChd.75ozWG COND PC Drsg Ranch 12g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Wheat Wheat Milk, Wheat Eggs, Milk None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Wed	11/22/2017	
	SALAD, Ham CH MZ SC W 2.25 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Italian 12g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Soy None None Soy None Milk Milk Milk
Mon	11/27/2017	
	Yogurt with Trailmix BRD: CRACK SS, ScoobyDoo CinWG VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
Tues	11/28/2017	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk, Wheat None None None None Milk Milk Milk
Wed	11/29/2017	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg Ranch 12g BRD: CRACK SS, Chz-It WG VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk Milk, Soy, Wheat None None None Milk Milk Milk
Thurs	11/30/2017	
	SALAD, ChixPop CH AP W 2.0 COND PC Drsg Ranch 12g	Milk, Soy, Wheat Eggs, Milk

BRD: CRACK SS, Jungle WG	Wheat
VEG: BEANS, Black BBQ 1/2c	None
VEG: TOMATOES, Cherry 1/4c	None
FRUIT: BANANA (100-120ct) Whl	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk