

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch 9-12

1 Hot

**08/07/2017-09/29/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain*

*\*\*Contains Pork*

**Mon 10/2/2017**

MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
VEG: BEANS, Bkd Veg AP 1/2c	None
VEG: CARROTS, Baby 1/4c GFP IW	None
VEG: CARROTS, Baby 1/4c GFP IW	None
JUICE SS, Grape100% 4oz Cart	None
BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
FRUIT: CUP SS, Applesc Pea1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

**Tues 10/3/2017**

Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
BRD: CRACK SS, Animal WG	Soy, Wheat
VEG: CORN, Fz 1/2c	None
VEG: TOMATOES, Cherry 1/2c	None
FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
JUICE SS, Frt Bld 100% 4oz Crt	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk

**Wed 10/4/2017**

CHIX Nugget, WG (5) 2.0	Soy, Wheat
Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat

	COND PC Ketchup 9g Heinz	None
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: SALAD, Side RomMix AP1c	None
	JUICE SS, Apple 100% 4oz Cart	None
	COND PC Drsg Ranch 12g	Eggs, Milk
	FRUIT: PEARS 135 ct.	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>10/5/2017</b>	
	HOT DOG, Plain WG 2.0	Wheat
	BRD: CRACK SS, Jungle WG	Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/2c	None
	FRUIT: CUP SS, Applesc Mixed B	None
	JUICE SS, Grape100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>10/6/2017</b>	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	VEG: BROCCOLI, GFP IW 1/2c	None
	VEG: CARROTS, Sliced Fz 1/2c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	JUICE SS, Orange 100% 4oz Cart	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>10/9/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA	Milk, Soy, Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: TOMATOES, Cherry 1/2c	None
	VEG: CORN, Fz 1/2c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	FRUIT: BANANA (100-120ct) Whl	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk

<b>Tues</b>	<b>10/10/2017</b>	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 2ea 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c JUICE SS, Frt Bld 100% 4oz Crt COND PC Ketchup 9g Heinz COND PC Drsg Ranch 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk, Soy, Wheat None None None None None None None Eggs, Milk Milk Milk Milk
<b>Wed</b>	<b>10/11/2017</b>	
	Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: PEPPERS, Red Strips1/2c FRUIT: APPLE, Slcd IW 2oz JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Thurs</b>	<b>10/12/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 JUICE SS, Orange 100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat None None None None Milk Milk Milk
<b>Fri</b>	<b>10/13/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Side RomMix AP1c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c JUICE SS, Apple 100% 4oz Cart COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Egg None Milk Milk Milk

<b>Mon</b>	<b>10/16/2017</b>	
	SDW BN, BfGd SIJoe SS WG 2.0 VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c JUICE SS, Apple 100% 4oz Cart COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat None None None None None None Milk Milk Milk
<b>Tues</b>	<b>10/17/2017</b>	
	Pizza Tony's Galaxy Smart Chz VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/2c FRUIT: PEACHES Dice w/Syr 1/2c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None Milk Milk Milk
<b>Wed</b>	<b>10/18/2017</b>	
	NACHOS BfGd Bn Scp AP- IW Chip RICE, Plain WG 1BG VEG: SALAD, Side RomMix AP1c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. JUICE SS, Grape100% 4oz Cart MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None Soy None None Milk Milk Milk
<b>Thurs</b>	<b>10/19/2017</b>	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/2c JUICE SS, Grape100% 4oz Cart FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat None None None None None Milk Milk Milk
<b>Fri</b>	<b>10/20/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g	Soy, Wheat Soy, Wheat

	<b>VEG: POTATO, Tater Tots 1/2 c</b> <b>COND PC Ketchup 9g Heinz</b> <b>VEG: CELERY, Sticks AP 1/2c</b> <b>JUICE SS, Frt Bld 100% 4oz Crt</b> <b>FRUIT: CUP SS, Applesc Pea1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	None None None None None Milk Milk Milk
<b>Mon</b>	<b>10/23/2017</b>	
	<b>TACO ChixGd Soft WG 2.0 2ea</b> <b>RICE, Mex Spiced WG 1BG</b> <b>COND PC Sauce, Taco 9g</b> <b>VEG: CORN, Fz 1/2c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Milk Soy None None None None None Milk Milk Milk
<b>Tues</b>	<b>10/24/2017</b>	
	<b>BRD: WAFFLE, AP WG Maple Md IW</b> <b>CHIX Sausage Patty 2ea 2.0</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc PeachMa</b> <b>JUICE SS, Orange 100% 4oz Cart</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Milk, Soy, Wheat None None None None None None None None Milk Milk Milk
<b>Wed</b>	<b>10/25/2017</b>	
	<b>Pizza Tony's Galaxy Smart Chz</b> <b>BRD: CRACK SS, GFishPrtz .75oz</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>VEG: PEAS, Green Fz 1/2c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>JUICE SS, Grape100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Milk, Wheat None None None None None Milk Milk Milk
<b>Thurs</b>	<b>10/26/2017</b>	
	<b>CHIX Tender, KK (3) WG 2.0</b> <b>Roll, DinnerWheatAP(Alpha)1ea</b> <b>COND PC Sauce, BBQ 12g</b>	Egg, Soy, Wheat Soy, Wheat Soy, Wheat

	<b>VEG: BEANS, Black BBQ 1/2c</b> <b>VEG: TOMATOES, Cherry 1/2c</b> <b>FRUIT: BANANA (100-120ct) Whl</b> <b>JUICE SS, Frt Bld 100% 4oz Crt</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	None None None None Milk Milk Milk
<b>Fri</b>	<b>10/27/2017</b>	
	<b>BEEF Salis Steak AP B 2.0</b> <b>PASTA, Noodles EggWGParsly1c</b> <b>COND_Gravy, Brown LS SS</b> <b>VEG: POTATO, Mashed 1/2c</b> <b>VEG: SALAD, Side RomMix AP1c</b> <b>COND PC Drsg French 12g</b> <b>FRUIT: PEARS 135 ct.</b> <b>JUICE SS, Apple 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None Egg None None Milk Milk Milk
<b>Mon</b>	<b>10/30/2017</b>	
	<b>TACO BfGd Soft AP WG 2.0 2ea</b> <b>RICE, Cilantro WG 1BG</b> <b>COND PC Sauce, Taco 9g</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/2c</b> <b>FRUIT: CRAISINS, SS Origin1.16</b> <b>JUICE SS, Grape100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None Soy None None None None Milk Milk Milk
<b>Tues</b>	<b>10/31/2017</b>	
	<b>STICKS, MAX SNAX Pizza AP 2.0</b> <b>SAUCE P, Marin AP 1/4c</b> <b>VEG: CORN, Fz 1/2c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc STW1/2c</b> <b>JUICE SS, Orange 100% 4oz Cart</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None None None None None None Milk Milk Milk