

Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

Lunch K-8

AB

08/07/2017-09/29/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy **May Contain*
***Contains Pork*

Day	Date	
Mon	10/2/2017	
	MELT SUB AP, BfMtbl PizzaSS2.0 SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Bkd Veg AP 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	10/3/2017	
	Pizza Tony's Galaxy Smart Pep BRD: CRACK SS, Animal WG ENT: BOWL, ChixPop CH 2.0- OPI Roll, DinnerWheatAP(Alpha)1ea BRD: CRACK SS, Animal WG VEG: CORN, Fz 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Milk, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Wed	10/4/2017	
	CHIX Nugget, WG (5) 2.0	Soy, Wheat

	<p>Roll, DinnerWheatAP(Alpha)1ea COND PC Ketchup 9g Heinz MELT BD, AM WG 2.0 VEG: POTATO, Tater Tots 1/2 c VEG: SALAD, Side RomMix AP1/2c COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Soy, Wheat None Milk, Soy, Wheat None None Eggs, Milk None None Milk Milk Milk</p>
Thurs	10/5/2017	
	<p>HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g Pizza Tony's Galaxy Smart Chz BRD: CRACK SS, Chz-It WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Wheat None None Milk, Soy, Wheat None None None None Milk Milk Milk</p>
Fri	10/6/2017	
	<p>PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate</p>	<p>Wheat, *Egg None Milk, Soy, Wheat Wheat Egg*, Milk, Soy, Wheat None None None Milk Milk Milk</p>
Mon	10/9/2017	
	<p>BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz</p>	<p>Milk, Soy, Wheat None None Milk, Soy, Wheat None None None None Milk</p>

	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	10/10/2017	
	BRD: PANCAKES, AP WG MplBlstIW	Eggs, Milk, Soy, Wheat
	CHIX Sausage Patty 1ea 1.0	None
	MELT BD, T.Ham PV WG 2.0	Milk, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc 1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	10/11/2017	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	ORI ChixPop Org Broc WG 2.0	Soy, Wheat
	RICE, Cilantro WG 2BG	None
	VEG: CORN, Fz 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: APPLE, Slcd IW 2oz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Thurs	10/12/2017	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	BURR AP, Bean & Cheese WG 2.0	Milk, Wheat
	VEG: BEANS, Black Charro 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: CRAISINS, SS Origin1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Fri	10/13/2017	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
	BRD: CRACK SS, GFishPrtz .75oz	Milk, Wheat
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Drsg French 12g	Egg
	COND PC Ketchup 9g Heinz	None

	MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Milk Milk
Mon	10/16/2017	
	SDW BN, BfGd SIJoe SS WG 2.0 BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Milk, Soy, Wheat None None None None None None Milk Milk Milk
Tues	10/17/2017	
	Pizza Tony's Galaxy Smart Chz STICKS, CORN DOG Chix AP 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Egg, Soy, Wheat None None None None None Milk Milk Milk
Wed	10/18/2017	
	NACHOS BfGd Bn Scp AP- IW Chip CHIX Drumstk, AP OvnRstd 2.5 RICE, Plain WG 2BG VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy None None None None Soy None Milk Milk Milk
Thurs	10/19/2017	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 BRD: CRACK SS, ScoobyDoo CinWG ENT: BOWL, ChixPop CH 2.0- OPI BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/4c	Wheat, *Egg None Milk, Soy, Wheat Soy, Wheat Milk, Soy, Wheat Soy, Wheat None None

	FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None Milk Milk Milk
Fri	10/20/2017	
	SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g MELT MUFF, EggPty CSauAM2.25WG VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Soy, Wheat Soy, Wheat Egg, Milk, Soy, Wheat None None None None None Milk Milk Milk
Mon	10/23/2017	
	TACO ChixGd Soft WG 2.0 2ea RICE, Mex Spiced WG 1BG COND PC Sauce, Taco 9g MELT BD, AM WG 2.0 VEG: CORN, Fz 1/4c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Milk Soy Milk, Soy, Wheat None None None None Milk Milk Milk
Tues	10/24/2017	
	BRD: WAFFLE, AP WG Maple Md IW CHIX Sausage Patty 1ea 1.0 Pizza Tony's Galaxy Smart Pep VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc PeachMa COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk, Soy, Wheat None Milk, Soy, Wheat None None None None Milk Milk Milk
Wed	10/25/2017	
	Pizza Tony's Galaxy Smart Chz ENT: PASTA, Mac&ChzSS2.0(2BG) VEG: BROCCOLI, GFP IW 1/2c VEG: PEAS, Green Fz 1/4c FRUIT: ORANGE 138ct Whole 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk, Soy, Wheat Egg*, Milk, Soy, Wheat None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Thurs	10/26/2017	
	CHIX Tender, KK (3) WG 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Sauce, BBQ 12g BURG, Beef AMAP WG 2.25- ALPHA COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: BEANS, Black BBQ 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: BANANA (100-120ct) Whl MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Soy, Wheat Soy, Wheat Soy, Wheat Milk, Soy, Wheat None None None None None Milk Milk Milk
Fri	10/27/2017	
	BEEF Salis Steak AP B 2.0 PASTA, Noodles EggWGParsly1/2c COND_Gravy, Brown LS SS FISH, Sticks AP (C) WG2.0(4ea) Breadstick WG 1.0 (Alpha) COND PC Ketchup 9g Heinz VEG: POTATO, Mashed 1/2c VEG: SALAD, Side RomMix AP1/2c FRUIT: PEARS 135 ct. COND PC Drsg French 12g MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg Fish, Milk, Wheat Wheat None *Milk None None Egg Milk Milk Milk
Mon	10/30/2017	
	TACO BfGd Soft AP WG 2.0 2ea COND PC Sauce, Taco 9g SDW BN, ChixPty Pln WG/WG 2.0 COND PC Sauce, BBQ 12g VEG: BEANS, Black 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy Soy, Wheat Soy, Wheat None None None Milk Milk Milk
Tues	10/31/2017	
	STICKS, MAX SNAX Pizza AP 2.0 SAUCE P, Marin AP 1/4c STICKS, CORN DOG Chix AP 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: CORN, Fz 1/2c	Milk, Soy, Wheat None Egg, Soy, Wheat None None None

VEG: CARROTS, Baby 1/4c GFP IW	None
FRUIT: CUP SS, Applesc STW1/2c	None
MILK SS, 1% White 8oz	Milk
MILK SS, Skim 8oz	Milk
MILK SS, Skim Chocolate	Milk