

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk.

FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

Salad Only

**08/07/2017-09/29/2017**

*Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy*

*\*May Contain  
\*\*Contains Pork*

Day	Date	
Mon	10/2/2017	
	Farmer's Market Salad	Milk, Wheat
	Breadstick WG 1.0 (Alpha)	Wheat
	COND PC Drsg Ranch 12g	Eggs, Milk
	BRD: CRACK SS, GFishChd.75ozWG	Milk, Wheat
	VEG: BEANS, Bkd Veg AP 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Tues	10/3/2017	
	SALAD, APPLE Slcd IW CHCube2.0	Milk
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
Wed	10/4/2017	
	SALAD NAC, BfGd IWCHIP AP2.0	Milk, Soy
	BRD: CRACK SS, Jungle WG	Wheat

	<p>VEG: POTATO, Tater Tots 1/2 c  VEG: SALAD, Side RomMix AP1/2c  COND PC Drsg Ranch 12g  FRUIT: PEARS 135 ct.  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>None  None  Eggs, Milk  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>10/5/2017</b>	
	<p>SALAD, ChixPop CH AP W 2.0  COND PC Drsg Ranch 12g  Roll, DinnerWheatAP(Alpha)2ea  VEG: POTATO, FF CtinaGen7 1/2c  VEG: CELERY, Sticks AP 1/4c  FRUIT: CUP SS, Applesc Mixed B  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Eggs, Milk  Soy, Wheat  None  None  None  None  Milk  Milk</p>
<b>Fri</b>	<b>10/6/2017</b>	
	<p>SALAD, RomMix CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)1ea  COND PC Drsg French 12g  VEG: BROCCOLI, GFP IW 1/2c  VEG: CARROTS, Sliced Fz 1/4c  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Soy, Wheat  Egg  None  None  None  Milk  Milk  Milk</p>
<b>Mon</b>	<b>10/9/2017</b>	
	<p>Yogurt with Trailmix  BRD: CRACK SS, ScoobyDoo CinWG  VEG: TOMATOES, Cherry 1/4c  VEG: CORN, Fz 1/2c  FRUIT: FRUIT MIX w/Lt Syr 1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Tues</b>	<b>10/10/2017</b>	
	<p>Farmer's Market Salad  Breadstick WG 1.0 (Alpha)  BRD: CRACK SS, Chz-It WG  COND PC Drsg Ranch 12g  VEG: POTATO, Tater Tots 1/2 c  VEG: CARROTS, Baby 1/4c GFP IW  VEG: CARROTS, Baby 1/4c GFP IW</p>	<p>Milk, Wheat  Wheat  Milk, Soy, Wheat  Eggs, Milk  None  None  None</p>

	FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	None None Milk Milk Milk
<b>Wed</b>	<b>10/11/2017</b>	
	SALAD, RomMix CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: CORN, Fz 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: APPLE, Slcd IW 2oz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Thurs</b>	<b>10/12/2017</b>	
	SALAD, Egg Chef AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg French 12g VEG: BEANS, Black Charro 1/2c VEG: BROCCOLI, GFP IW 1/2c FRUIT: CRAISINS, SS Origin1.16 MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Egg, Milk Soy, Wheat Egg None None None Milk Milk Milk
<b>Fri</b>	<b>10/13/2017</b>	
	SALAD, Tky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Ranch 12g VEG: SALAD, Side RomMix AP1/2c VEG: POTATO, FF CtinaGen7 1/2c FRUIT: ORANGE 138ct Whole 1/2c COND PC Drsg French 12g COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk Soy, Wheat Eggs, Milk None None None Egg None Milk Milk Milk
<b>Mon</b>	<b>10/16/2017</b>	
	SALAD, APPLE Slcd IW CHCube2.0 SNACK: CHIP SS, SunchpMixHC WG VEG: POTATO, FF CtinaGen7 1/2c VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc Cin1/2c COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz	Milk Milk, Wheat None None None None Milk Milk

	<b>MILK SS, Skim Chocolate</b>	<b>Milk</b>
<b>Tues</b>	<b>10/17/2017</b>	
	Farmer's Market Salad Breadstick WG 1.0 (Alpha) BRD: CRACK SS, GFishChd.75ozWG COND PC Drsg Ranch 12g VEG: SALAD, Bean Three 3/4 c VEG: CARROTS, Sliced Fz 1/4c JUICE SS, Frt Bld 100% 4oz Crt MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Wheat Wheat Milk, Wheat Eggs, Milk None None None Milk Milk Milk
<b>Wed</b>	<b>10/18/2017</b>	
	SALAD, Ham CH MZ SC W 2.25 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Italian 12g VEG: SALAD, Side RomMix AP1/2c VEG: CORN, Fz 1/2c COND PC Drsg Italian 12g FRUIT: PEARS 135 ct. MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Soy None None Soy None Milk Milk Milk
<b>Thurs</b>	<b>10/19/2017</b>	
	SALAD, HamTky CH MZ AP W 2.0 Roll, DinnerWheatAP(Alpha)1ea COND PC Drsg French 12g BRD: CRACK SS, ScoobyDoo CinWG VEG: BROCCOLI, Frz Chpd 1/2c VEG: TOMATOES, Cherry 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Pork** Soy, Wheat Egg Soy, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>10/20/2017</b>	
	SALAD, ChixDcd Ceas AP 2.0 Roll, DinnerWheatAP(Alpha)2ea COND PC Drsg Caesar Crmy VEG: POTATO, Tater Tots 1/2 c COND PC Ketchup 9g Heinz VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Pea1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat Soy, Wheat Egg, Fish, Milk, Soy, Wheat None None None None Milk Milk Milk
<b>Mon</b>	<b>10/23/2017</b>	

	<p>Yogurt with Trailmix  BRD: CRACK SS, ScoobyDoo CinWG  VEG: CORN, Fz 1/4c  VEG: CARROTS, Baby 1/4c GFP IW  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: APPLE, 138ct Whole 1c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Soy, Wheat  None  None  None  None  Milk  Milk  Milk</p>
<b>Tues</b>	<b>10/24/2017</b>	
	<p>SALAD, APPLE Slcd IW CHCube2.0  SNACK: CHIP SS, SunchpMixHC WG  VEG: POTATO, Tater Tots 1/2 c  VEG: CARROTS, Baby 1/4c GFP IW  FRUIT: CUP SS, Applesc PeachMa  COND PC Ketchup 9g Heinz  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Milk, Wheat  None  None  None  None  Milk  Milk  Milk</p>
<b>Wed</b>	<b>10/25/2017</b>	
	<p>SALAD, Tky CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)1ea  COND PC Drsg Ranch 12g  BRD: CRACK SS, Chz-It WG  VEG: BROCCOLI, GFP IW 1/2c  VEG: PEAS, Green Fz 1/4c  FRUIT: ORANGE 138ct Whole 1/2c  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk  Soy, Wheat  Eggs, Milk  Milk, Soy, Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Thurs</b>	<b>10/26/2017</b>	
	<p>SALAD, ChixPop CH AP W 2.0  COND PC Drsg Ranch 12g  BRD: CRACK SS, Jungle WG  VEG: BEANS, Black BBQ 1/2c  VEG: TOMATOES, Cherry 1/4c  FRUIT: BANANA (100-120ct) Whl  MILK SS, 1% White 8oz  MILK SS, Skim 8oz  MILK SS, Skim Chocolate</p>	<p>Milk, Soy, Wheat  Eggs, Milk  Wheat  None  None  None  Milk  Milk  Milk</p>
<b>Fri</b>	<b>10/27/2017</b>	
	<p>SALAD, RomMix CH MZ AP W 2.0  Roll, DinnerWheatAP(Alpha)2ea  COND PC Drsg Ranch 12g  VEG: POTATO, Mashed 1/2c  VEG: SALAD, Side RomMix AP1/2c</p>	<p>Milk  Soy, Wheat  Eggs, Milk  *Milk  None</p>

	<b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	None Egg Milk Milk Milk
<b>Mon</b>	<b>10/30/2017</b>	
	<b>Yogurt with Trailmix</b> <b>BRD: CRACK SS, ScoobyDoo CinWG</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: CRAISINS, SS Origin1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Tues</b>	<b>10/31/2017</b>	
	<b>SALAD, RomMix CH MZ AP W 2.0</b> <b>Roll, DinnerWheatAP(Alpha)2ea</b> <b>COND PC Drsg French 12g</b> <b>VEG: CORN, Fz 1/2c</b> <b>VEG: CELERY, Sticks AP 1/4c</b> <b>FRUIT: APPLE, Slcd IW 2oz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk Soy, Wheat Egg None None None Milk Milk Milk