

## Aramark @ The Archdiocese of Chicago

The following is a list of items that Aramark uses at FSP schools that contain common food allergens. This list may not be complete. There is always a risk of contamination, and these manufacturers of the foods we use could change the formulation at any time, without notice. Aramark cannot guarantee the accuracy of any of the information contained herein. The information contained in this list is not intended as a substitute for advice from your physician or other healthcare professional or for any information contained on or in any product label, packaging or insert. You should not use the information herein for the diagnosis or treatment of any health problem, condition or ailment. Individuals concerned with food allergies must be aware of this risk. FSP and Aramark will not assume any liability for adverse reactions to foods consumed, or items with which one may come into contact while eating at any school district establishment. Families of students with food allergies or those wishing to see additional information are encouraged to contact the registered dietitian.

### Lunch K-8

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08/07/2017-09/29/2017

Top 8 Allergens: Milk, egg, fish, shellfish, tree nut, peanut, wheat, soy

\*May Contain  
\*\*Contains Pork

Day	Date		
Mon	10/2/2017		
		MELT SUB AP, BfMtbl PizzaSS2.0	Milk, Soy, Wheat
		VEG: BEANS, Bkd Veg AP 1/2c	None
		VEG: CARROTS, Baby 1/4c GFP IW	None
		FRUIT: CUP SS, Applesc Pea1/2c	None
		MILK SS, 1% White 8oz	Milk
		MILK SS, Skim 8oz	Milk
		MILK SS, Skim Chocolate	Milk
Tues	10/3/2017		
		Pizza Tony's Galaxy Smart Pep	Milk, Soy, Wheat
		BRD: CRACK SS, Animal WG	Soy, Wheat
		VEG: CORN, Fz 1/2c	None
		VEG: TOMATOES, Cherry 1/4c	None
		FRUIT: FRUIT MIX w/Lt Syr 1/2c	None
		MILK SS, 1% White 8oz	Milk
		MILK SS, Skim 8oz	Milk
		MILK SS, Skim Chocolate	Milk
Wed	10/4/2017		
		CHIX Nugget, WG (5) 2.0	Soy, Wheat
		Roll, DinnerWheatAP(Alpha)1ea	Soy, Wheat
		COND PC Ketchup 9g Heinz	None
		VEG: POTATO, Tater Tots 1/2 c	None
		VEG: SALAD, Side RomMix AP1/2c	None

	COND PC Drsg Ranch 12g FRUIT: PEARS 135 ct. COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Eggs, Milk None None Milk Milk Milk
<b>Thurs</b>	<b>10/5/2017</b>	
	HOT DOG, Plain WG 2.0 COND PC Ketchup 9g Heinz COND PC Mustard 6g VEG: POTATO, FF CtinaGen7 1/2c VEG: CELERY, Sticks AP 1/4c FRUIT: CUP SS, Applesc Mixed B COND PC Ketchup 9g Heinz MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat None None None None None None Milk Milk Milk
<b>Fri</b>	<b>10/6/2017</b>	
	PASTA, Spaghetti WG 1c SAUCE P, Marin AP 1/2c BEEF Meatballs, RS AP 5ea 2.0 Breadstick WG 1.0 (Alpha) VEG: BROCCOLI, GFP IW 1/2c VEG: CARROTS, Sliced Fz 1/4c FRUIT: APPLE, 138ct Whole 1c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Wheat, *Egg None Milk, Soy, Wheat Wheat None None None Milk Milk Milk
<b>Mon</b>	<b>10/9/2017</b>	
	BURG, Beef AMAP WG 2.25- ALPHA COND PC Mustard 6g COND PC Ketchup 9g Heinz VEG: TOMATOES, Cherry 1/4c VEG: CORN, Fz 1/2c FRUIT: FRUIT MIX w/Lt Syr 1/2c MILK SS, 1% White 8oz MILK SS, Skim 8oz MILK SS, Skim Chocolate	Milk, Soy, Wheat None None None None None Milk Milk Milk
<b>Tues</b>	<b>10/10/2017</b>	
	BRD: PANCAKES, AP WG MplBlstIW CHIX Sausage Patty 1ea 1.0 VEG: POTATO, Tater Tots 1/2 c VEG: CARROTS, Baby 1/4c GFP IW VEG: CARROTS, Baby 1/4c GFP IW FRUIT: CUP SS, Applesc 1/2c COND PC Ketchup 9g Heinz	Eggs, Milk, Soy, Wheat None None None None None None

	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>10/11/2017</b>	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	BRD: CRACK SS, Animal WG	Soy, Wheat
	VEG: CORN, Fz 1/2c	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: APPLE, Slcd IW 2oz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>10/12/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: BEANS, Black Charro 1/2c	None
	VEG: BROCCOLI, GFP IW 1/2c	None
	FRUIT: CRAISINS, SS Origin1.16	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>10/13/2017</b>	
	HOT DOG, Plain WG 2.0	Wheat
	COND PC Mustard 6g	None
	COND PC Ketchup 9g Heinz	None
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: POTATO, FF CtinaGen7 1/2c	None
	FRUIT: ORANGE 138ct Whole 1/2c	None
	COND PC Drsg French 12g	Egg
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>10/16/2017</b>	
	SDW BN, BfGd SIJoe SS WG 2.0	Soy, Wheat
	VEG: POTATO, FF CtinaGen7 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc Cin1/2c	None
	COND PC Ketchup 9g Heinz	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>10/17/2017</b>	
	Pizza Tony's Galaxy Smart Chz	Milk, Soy, Wheat
	VEG: SALAD, Bean Three 3/4 c	None
	VEG: CARROTS, Sliced Fz 1/4c	None

	JUICE SS, Frt Bld 100% 4oz Crt	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Wed</b>	<b>10/18/2017</b>	
	NACHOS BfGd Bn Scp AP- IW Chip	Milk, Soy
	VEG: SALAD, Side RomMix AP1/2c	None
	VEG: CORN, Fz 1/2c	None
	COND PC Drsg Italian 12g	Soy
	FRUIT: PEARS 135 ct.	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Thurs</b>	<b>10/19/2017</b>	
	PASTA, Spaghetti WG 1c	Wheat, *Egg
	SAUCE P, Marin AP 1/2c	None
	BEEF Meatballs, RS AP 5ea 2.0	Milk, Soy, Wheat
	BRD: CRACK SS, ScoobyDoo CinWG	Soy, Wheat
	VEG: BROCCOLI, Frz Chpd 1/2c	None
	VEG: TOMATOES, Cherry 1/4c	None
	FRUIT: APPLE, 138ct Whole 1c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Fri</b>	<b>10/20/2017</b>	
	SDW BN, ChixPty Pln WG/WG 2.0	Soy, Wheat
	COND PC Sauce, BBQ 12g	Soy, Wheat
	VEG: POTATO, Tater Tots 1/2 c	None
	COND PC Ketchup 9g Heinz	None
	VEG: CELERY, Sticks AP 1/4c	None
	FRUIT: CUP SS, Applesc Pea1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Mon</b>	<b>10/23/2017</b>	
	TACO ChixGd Soft WG 2.0 2ea	Milk, Soy, Wheat
	RICE, Mex Spiced WG 1BG	Milk
	COND PC Sauce, Taco 9g	Soy
	VEG: CORN, Fz 1/4c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: BANANA (100-120ct) Whl	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk
<b>Tues</b>	<b>10/24/2017</b>	

	<b>BRD: WAFFLE, AP WG Maple Md IW</b> <b>CHIX Sausage Patty 1ea 1.0</b> <b>VEG: POTATO, Tater Tots 1/2 c</b> <b>VEG: CARROTS, Baby 1/4c GFP IW</b> <b>FRUIT: CUP SS, Applesc PeachMa</b> <b>COND PC Ketchup 9g Heinz</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Milk, Soy, Wheat None None None None Milk Milk Milk
<b>Wed</b>	<b>10/25/2017</b>	
	<b>Pizza Tony's Galaxy Smart Chz</b> <b>VEG: BROCCOLI, GFP IW 1/2c</b> <b>VEG: PEAS, Green Fz 1/4c</b> <b>FRUIT: ORANGE 138ct Whole 1/2c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat None None None Milk Milk Milk
<b>Thurs</b>	<b>10/26/2017</b>	
	<b>CHIX Tender, KK (3) WG 2.0</b> <b>Roll, DinnerWheatAP(Alpha)1ea</b> <b>COND PC Sauce, BBQ 12g</b> <b>VEG: BEANS, Black BBQ 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: APPLE, 138ct Whole 1c</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Egg, Soy, Wheat Soy, Wheat Soy, Wheat None None None Milk Milk Milk
<b>Fri</b>	<b>10/27/2017</b>	
	<b>BEEF Salis Steak AP B 2.0</b> <b>PASTA, Noodles EggWGParsly1/2c</b> <b>COND_Gravy, Brown LS SS</b> <b>VEG: POTATO, Mashed 1/2c</b> <b>VEG: SALAD, Side RomMix AP1/2c</b> <b>FRUIT: PEARS 135 ct.</b> <b>COND PC Drsg French 12g</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b> <b>MILK SS, Skim Chocolate</b>	Milk, Soy, Wheat Wheat, Egg, Milk, Soy Milk, Wheat, Soy, *Egg *Milk None None Egg Milk Milk Milk
<b>Mon</b>	<b>10/30/2017</b>	
	<b>TACO BfGd Soft AP WG 2.0 2ea</b> <b>COND PC Sauce, Taco 9g</b> <b>VEG: BEANS, Black 1/2c</b> <b>VEG: TOMATOES, Cherry 1/4c</b> <b>FRUIT: CRAISINS, SS Origin1.16</b> <b>MILK SS, 1% White 8oz</b> <b>MILK SS, Skim 8oz</b>	Milk, Soy, Wheat Soy None None None Milk Milk

	MILK SS, Skim Chocolate	Milk
Tues	10/31/2017	
	STICKS, MAX SNAX Pizza AP 2.0	Milk, Soy, Wheat
	SAUCE P, Marin AP 1/4c	None
	VEG: CORN, Fz 1/2c	None
	VEG: CARROTS, Baby 1/4c GFP IW	None
	FRUIT: CUP SS, Applesc STW1/2c	None
	MILK SS, 1% White 8oz	Milk
	MILK SS, Skim 8oz	Milk
	MILK SS, Skim Chocolate	Milk