

# FEBRUARY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>CHICKEN LOMEIN</b> <small>NEW</small> February 17th Flavorful teriyaki sauced noodles and vegetables topped with diced chicken</p> <p><small>NEW</small> <b>ITALIAN SALAD</b> February 24th Crisp romaine salad mix topped with chicken pepperoni, turkey ham and shredded mozzarella cheese.</p>	<p><b>1</b> <b>Maple Mini Waffles</b> Poultry Sausage or <b>Meatball Pizza Sub</b> or <b>Strawberry Yogurt w/ Granola +</b> / Bug Bite Grahams</p> <p>Tater Tots / Ketchup Fresh Fruit</p>	<p><b>2</b> <b>Corn Dog</b> Mustard or <b>Classic Hamburger</b> Ketchup or <b>Nacho Salad</b> Tostitos Scoops / Scooby Doo Grahams</p> <p>Baked Beans + Fresh Fruit</p>	<p><b>3</b> <b>Cheesy Flatbread +</b> or <b>Chicken Parmesan with Spaghetti</b> or <b>Popcorn Chicken Salad</b> Breadstick / Ranch Dressing</p> <p>Steamed Broccoli Flavored Applesauce</p>	<p><b>4</b> <b>Chili Con Carne</b> Cornbread Poppers or <b>Cheeseburger Meatloaf</b> Breadstick or <b>All-American Salad</b> Dinner Roll / French Dressing</p> <p>Steamed Mixed Vegetables Craisins</p>	
<p><b>7</b> <b>All American Cheese Melt +</b> or <b>Deep Dish Galaxy Cheese Pizza +</b> or <b>Fresh Apple &amp; Cheese Plate +</b> / Goldfish Pretzels</p> <p>Steamed Green Beans 100% Fruit Juice</p>	<p><b>8</b> <b>Chicken Tenders</b> Breadstick / BBQ Sauce or <b>Mini Corn Dogs</b> Mustard or <b>Vanilla Yogurt w/ Granola +</b> Cinnamon Belly Bears</p> <p>Emoticon Fries / Ketchup Fresh Fruit</p>	<p><b>9</b> <b>Rotini with Meatballs</b> or <b>Teriyaki Beef Dippers</b> Brown Rice or <b>Popcorn Chicken Salad</b> Breadstick / Ranch Dressing</p> <p>Steamed Broccoli Fresh Fruit</p>	<p><b>10</b> <b>Hot Diggity Dog</b> Ketchup or <b>Pizza Crunchers +</b> or <b>Nacho Salad</b> Tostitos Scoops / Scooby Doo Grahams</p> <p>BBQ Black Beans Flavored Applesauce</p>	<p><b>11</b> <b>Salisbury Steak with Gravy</b> / Egg Noodles or <b>Nacho Combo</b> Tostito's Scoops or <b>Chicken Caesar Salad</b> Dinner Roll / Caesar Dressing</p> <p>Steamed Carrots Craisins</p>	
<p><b>14</b> <b>BBQ Meatball Sub</b> or <b>Italian Cheese &amp; Garlic Cheesy Pull Aparts +</b> or <b>Vanilla Yogurt w/ Granola +</b> Cinnamon Belly Bears</p> <p>Steamed Mixed Vegetables Fresh Fruit</p>	<p><b>15</b> <b>Cheesy Flatbread +</b> or <b>Mini Corn Dogs &amp; Pretzel Bites</b> / Cheese Sauce or <b>Fresh Apple &amp; Cheese Plate +</b> / Goldfish Pretzels</p> <p>Sweet Golden Corn Craisins</p>	<p><b>16</b> <b>Cheeseburger</b> Ketchup or <b>Hot Diggity Dog</b> Ketchup or <b>Popcorn Chicken Salad</b> Breadstick / Ranch Dressing</p> <p>Baked Beans + Fresh Fruit</p>	<p><b>17</b> <b>Chicken LoMein</b> <small>NEW</small> or <b>Soft Tacos</b> Taco Sauce or <b>All-American Salad</b> Dinner Roll / French Dressing</p> <p>Steamed Carrots Fresh Fruit</p>	<p><b>18</b> <b>Pizza Crunchers +</b> or <b>Rotini with Meatballs</b> or <b>Strawberry Yogurt w/ Granola +</b> / Scooby Doo Grahams</p> <p>Spinach Salad / Italian Dressing Baby Carrots 100% Fruit Juice</p>	
<p><b>21</b> <b>PRESIDENT'S DAY</b> <b>Roasted Chicken Drumstick</b> / Biscuit or <b>All American Cheese Melt +</b> or <b>Fresh Apple &amp; Cheese Plate +</b> / Goldfish Pretzels</p> <p>Steamed Carrots Flavored Applesauce</p>	<p><b>22</b> <b>Cinnamon French Toast</b> Poultry Sausage or <b>Cheesy Baked Penne +</b> or <b>Vanilla Yogurt w/ Granola +</b> Cinnamon Belly Bears</p> <p>Tater Tots / Ketchup Fresh Fruit</p>	<p><b>23</b> <b>Corn Dog</b> Mustard or <b>Southwest Queso Cheesy Pull-Aparts +</b> or <b>Popcorn Chicken Salad</b> Breadstick / Ranch Dressing</p> <p>Black Beans Fresh Fruit</p>	<p><b>24</b> <b>NATIONAL CHILI DAY</b> <b>Chili Con Carne</b> Cornbread Poppers or <b>Chicken Nuggets</b> Pretzel Rod / BBQ Sauce or <small>NEW</small> <b>Italian Salad</b> Breadstick / Italian Dressing</p> <p>Steamed Green Beans 100% Fruit Juice</p>	<p><b>25</b> <b>Korean Meatballs</b> Brown Rice or <b>Deep Dish Galaxy Cheese Pizza +</b> or <b>Nacho Salad</b> Tostitos Scoops / Scooby Doo Grahams</p> <p>Spinach Salad / Ranch Dressing Baby Carrots Craisins</p>	
<p><b>28</b> <b>Hot Diggity Dog</b> Ketchup or <b>Turkey Ham &amp; Cheese Melt</b> or <b>Strawberry Yogurt w/ Granola +</b> / Scooby Doo Grahams</p> <p>Sweet Potato Fries Flavored Applesauce</p>	<p><b>CHALLENGE OF THE MONTH: BEAN MOSAICS</b></p> <p>Mosaics are about using small objects to make a bigger picture. First decide what you want to depict and draw a rough outline on your background. Then paint glue over a small area at a time and place the beans in the glue to make your masterpiece.</p>			<p>You'll need: Glue Paintbrush Cardboard Pencils Variety of dry beans and seeds</p>	

## Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
- Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
- Nutrition and allergen information available at [www.FSPro.com](http://www.FSPro.com)
- Menu items do not contain pork
- + Item does not contain meat

\*Menu Subject to Change\*

AB/SSL



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