

FEBRUARY 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>CHICKEN LOMEIN <i>NEW</i> February 17th Flavorful teriyaki sauced noodles and vegetables topped with diced chicken</p> <p><i>NEW</i> ITALIAN SALAD February 24th Crisp romaine salad mix topped with chicken pepperoni, turkey ham and shredded mozzarella cheese.</p>	<p>1</p> <p>Maple Mini Waffles Poultry Sausage or Strawberry Yogurt w/ Granola + Bug Bite Grahams</p> <p>Tater Tots / Ketchup Fresh Fruit</p>	<p>2</p> <p>Corn Dog Mustard or Nacho Salad Tostitos Scoops / Scooby Doo Grahams</p> <p>Baked Beans + Fresh Fruit</p>	<p>3</p> <p>Cheesy Flatbread + or Popcorn Chicken Salad Breadstick / Ranch Dressing</p> <p>Steamed Broccoli Flavored Applesauce</p>	<p>4</p> <p>Chili Con Carne Cornbread Poppers or All-American Salad Dinner Roll / French Dressing</p> <p>Steamed Mixed Vegetables Craisins</p>	
<p>7</p> <p>All American Cheese Melt + or Fresh Apple & Cheese Plate + Goldfish Pretzels</p> <p>Steamed Green Beans 100% Fruit Juice</p>	<p>8</p> <p>Chicken Tenders Breadstick / BBQ Sauce or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears</p> <p>Emoticon Fries / Ketchup Fresh Fruit</p>	<p>9</p> <p>Rotini with Meatballs or Popcorn Chicken Salad Breadstick / Ranch Dressing</p> <p>Steamed Broccoli Fresh Fruit</p>	<p>10</p> <p>Hot Diggity Dog Ketchup or Nacho Salad Tostitos Scoops / Scooby Doo Grahams</p> <p>BBQ Black Beans Flavored Applesauce</p>	<p>11</p> <p>Salisbury Steak with Gravy / Egg Noodles or Chicken Caesar Salad Dinner Roll / Caesar Dressing</p> <p>Steamed Carrots Craisins</p>	
<p>14</p> <p>BBQ Meatball Sub or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears</p> <p>Steamed Mixed Vegetables Fresh Fruit</p>	<p>15</p> <p>Cheesy Flatbread + or Fresh Apple & Cheese Plate + Goldfish Pretzels</p> <p>Sweet Golden Corn Craisins</p>	<p>16</p> <p>Cheeseburger Ketchup or Popcorn Chicken Salad Breadstick / Ranch Dressing</p> <p>Baked Beans + Fresh Fruit</p>	<p><i>NEW</i></p> <p>Chicken LoMein or All-American Salad Dinner Roll / French Dressing</p> <p>Steamed Carrots Fresh Fruit</p>	<p>18</p> <p>Pizza Crunchers + or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams</p> <p>Spinach Salad / Italian Dressing Baby Carrots 100% Fruit Juice</p>	
<p>21 <i>PRESIDENT'S DAY</i></p> <p>Roasted Chicken Drumstick Biscuit or Fresh Apple & Cheese Plate + Goldfish Pretzels</p> <p>Steamed Carrots Flavored Applesauce</p>	<p>22</p> <p>Cinnamon French Toast Poultry Sausage or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears</p> <p>Tater Tots / Ketchup Fresh Fruit</p>	<p>23</p> <p>Corn Dog Mustard or Popcorn Chicken Salad Breadstick / Ranch Dressing</p> <p>Black Beans Fresh Fruit</p>	<p>24 <i>NATIONAL CHILI DAY</i></p> <p> Chili Con Carne Cornbread Poppers or Italian Salad <i>NEW</i> Breadstick / Italian Dressing</p> <p>Steamed Green Beans 100% Fruit Juice</p>	<p>25</p> <p>Korean Meatballs Brown Rice or Nacho Salad Tostitos Scoops / Scooby Doo Grahams</p> <p>Spinach Salad / Ranch Dressing Baby Carrots Craisins</p>	
<p>28</p> <p>Hot Diggity Dog Ketchup or Strawberry Yogurt w/ Granola + Scooby Doo Grahams</p> <p>Sweet Potato Fries Flavored Applesauce</p>	<p>CHALLENGE OF THE MONTH: BEAN MOSAICS</p> <p>Mosaics are about using small objects to make a bigger picture. First decide what you want to depict and draw a rough outline on your background. Then paint glue over a small area at a time and place the beans in the glue to make your masterpiece.</p>			<p>You'll need:</p> <ul style="list-style-type: none"> Glue Paintbrush Cardboard Pencils Variety of dry beans and seeds 	

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
 - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
 - Nutrition and allergen information available at www.FSPro.com
 - Menu items do not contain pork
 - + Item does not contain meat
- *Menu Subject to Change*