

# FEBRUARY 2022 BREAKFAST

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |   |
|---|--|--|--|---|---|
|   | <b>1</b><br><b>Turkey Sausage Pancake Wrap</b><br>Flavored Applesauce<br>100% Fruit Juice  | <b>2</b><br><b>Cinnamon French Toast</b><br>Craisins<br>100% Fruit Juice                       | <b>3</b><br><b>Poultry Sausage &amp; Cheese Bagel</b><br>Fresh Fruit<br>100% Fruit Juice                         | <b>4</b><br><b>Yogurt &amp; Granola</b><br>Fresh Fruit<br>100% Fruit Juice                      |   |
| <b>7</b><br><b>Cinnamon Chex</b><br>Animal Crackers<br>Fresh Fruit<br>100% Fruit Juice  | <b>8</b><br><b>Confetti Pancakes</b><br>Flavored Applesauce<br>100% Fruit Juice  | <b>9</b><br><b>Turkey Sausage Breakfast Pizza</b><br>Craisins<br>100% Fruit Juice              | <b>10</b><br><b>Homestyle Breakfast Chicken Patty &amp; Cheese</b><br>Biscuit<br>Fresh Fruit<br>100% Fruit Juice | <b>11</b><br><b>Cheerios</b><br>Cinnamon Bug Bite<br>Grahams<br>Fresh Fruit<br>100% Fruit Juice |   |
| <b>14</b><br><b>French Toast Benefit Bar</b><br>Craisins<br>100% Fruit Juice  | <b>15</b><br><b>Berry French Toast</b><br>Fresh Fruit<br>100% Fruit Juice  | <b>16</b><br><b>Egg &amp; Cheese English Muffin</b><br>Flavored Applesauce<br>100% Fruit Juice | <b>17</b><br><b>Confetti Pancakes</b><br>Fresh Fruit<br>100% Fruit Juice   | <b>18</b><br><b>Apple NutriGrain Bar</b><br>Cheese Cubes<br>Fresh Fruit<br>100% Fruit Juice     |   |
| <b>21</b> <i>PRESIDENT'S DAY</i><br><b>Rice Chex</b><br>Cinnamon Bug Bite<br>Grahams<br>Flavored Applesauce<br>100% Fruit Juice | <b>22</b><br><b>Turkey Sausage Pancake Wrap</b><br>Craisins<br>100% Fruit Juice  | <b>23</b><br><b>Cinnamon French Toast</b><br>Cheese Stick<br>Fresh Fruit<br>100% Fruit Juice   | <b>24</b><br><b>Cheddar Cheese Omelet</b><br>Biscuit<br>Fresh Fruit<br>100% Fruit Juice                          | <b>25</b><br><b>Yogurt &amp; Granola</b><br>Fresh Fruit<br>100% Fruit Juice                     |   |
| <b>28</b><br><b>Cinnamon Breakfast Round</b><br>Fresh Fruit<br>100% Fruit Juice   | <div style="text-align: center;"> <b>CHALLENGE OF THE MONTH:<br/>                     BEAN MOSAICS</b> </div> <p>Mosaics are about using small objects to make a bigger picture. First decide what you want to depict and draw a rough outline on your background. Then paint glue over a small area at a time and place the beans in the glue to make your masterpiece.</p> |  |  | You'll need:<br>Glue<br>Paintbrush<br>Cardboard<br>Pencils<br>Variety of dry beans and seeds    |  |

## Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
  - Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
  - Nutrition and allergen information available at [www.FSPro.com](http://www.FSPro.com)
  - Menu items do not contain pork
  - + Item does not contain meat
- \*Menu Subject to Change\*