


MARCH 2022 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
SAVORY STEW NEW March 17th Meatballs, peas and carrots smothered in a savory beef gravy NEW MEAT COMBO CALZONE March 22nd Flavorful calzone filled with turkey sausage, turkey & beef pepperoni, mozzarella cheese and a seasoned sauce	1 Chicken Mashed Potato Bowl or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Craisins	2 Italian Cheese & Garlic Cheesy Pull Aparts + or Egg Chef Salad + Dinner Roll / Ranch Dressing Steamed Mixed Vegetables Fresh Fruit	3 Soft Tacos Taco Sauce or Popcorn Chicken Salad Breadstick / Ranch Dressing Refried Beans + Tossed Salad / Ranch Dressing 100% Fruit Juice	4 Cheesy Flatbread + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Sweet Golden Corn Fresh Fruit
7 Corn Dog Mustard or Fresh Apple & Cheese Plate + / Goldfish Pretzels Baked Beans + Fresh Fruit	8 Mini Confetti Pancakes Poultry Sausage or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Tater Tots / Ketchup Fresh Fruit	9 Cheeseburger Meatloaf Breadstick or Chicken Caesar Salad Dinner Roll / Caesar Dressing Steamed Broccoli Craisins	10 Chicken Nuggets Pretzel Rod / BBQ Sauce or Nacho Salad Tostitos Scoops / Goldfish Crackers Steamed Mixed Vegetables 100% Fruit Juice	11 Fish Sticks + Tartar Sauce or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Carrots with Rice Fresh Fruit
14 Deep Dish Galaxy Cheese Pizza + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Sweet Potato Fries Fresh Fruit	15 Rotini with Meatballs or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Broccoli Fresh Fruit	16 Hot Diggity Dog Ketchup or Nacho Salad Tostitos Scoops / Goldfish Crackers BBQ Black Beans Flavored Applesauce	NEW Savory Stew Dinner Roll or Italian Salad Breadstick / Italian Dressing Mashed Potatoes Craisins Chocolate Belly Bears	18 All American Cheese Melt + or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Green Beans 100% Fruit Juice
21 Meatball Pizza Sub or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Mixed Vegetables Fresh Fruit	NEW Meat Combo Calzone or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Steamed Carrots Craisins	23 Cheeseburger Ketchup or Popcorn Chicken Salad Breadstick / Ranch Dressing Baked Beans + Baby Carrots Fresh Fruit	24 Southwest Chicken & Rice Bowl or All-American Salad Dinner Roll / French Dressing Sweet Golden Corn Fresh Fruit	25 Cheesy Baked Penne + or Vanilla Yogurt w/ Granola + Cinnamon Belly Bears Steamed Broccoli 100% Fruit Juice
28 Chicken Tenders Breadstick / BBQ Sauce or Strawberry Yogurt w/ Granola + / Scooby Doo Grahams Sweet Potato Fries Fresh Fruit	29 Spaghetti with Meatballs or Fresh Apple & Cheese Plate + / Goldfish Pretzels Steamed Green Beans Flavored Applesauce	30 Nacho Combo Tostito's Scoops or Chicken Caesar Salad Dinner Roll / Caesar Dressing Sweet Golden Corn 100% Fruit Juice	31 Hot Diggity Dog Ketchup or Popcorn Chicken Salad Breadstick / Ranch Dressing Baked Beans + Fresh Fruit	

Did you know...

- We use heart healthy whole-grain breads and serve 100% fruit juice
- Milk is available with all meals; Milk contains no artificial growth hormones or antibiotics
- Nutrition and allergen information available at www.FSPro.com
- Menu items do not contain pork
- + Item does not contain meat

Menu Subject to Change

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