

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

**Menu Name:** K-8 Lunch 1 Entree (A)

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 05/03/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
829155 CHIX Tender, KK (3) WG 2.0	3 Each	1	212	2.02	738	1	11.12	0.00	13.14	1.01	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	1	100	1.00	170	0	3.50	0.00	14.00	1.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
830310 VEG: BEANS, Green Fz 1/4c	1/4 Cup	1	10	0.02	0	1	0.06	0.00	2.25	1.04	0.52
831449 FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			737	4.54	1488	67	17.17	0.00	102.38	6.06	42.68
% of Calories				5.54%		36.4%	21.0%	0.0%	55.6%		23.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Tuesday - 05/04/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	1	295	4.62	495	4	11.50	0.00	27.50	2.00	19.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			701	6.40	1153	60	15.99	0.03	96.54	3.51	44.00
% of Calories				8.22%		34.2%	20.5%	0.0%	55.1%		25.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/05/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000157 BEEF Gd, Sloppy Joe Meat SS 2.0	#10 scp (2 MMA)	1	144	3.09	309	3	7.33	*0.01	6.48	1.17	12.23
990545 BUN, HAMBURGER WG (Alpha) - Indiv Overwrapped	Each	1	147	0.32	248	3	1.94	0.01	26.47	2.65	6.24
831529 VEG: BEANS, Bkd Veg AP 1/4c	1/4 Cup	1	121	0.00	257	7	0.50	0.00	21.68	4.03	5.55
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			737	4.91	1234	61	12.28	*0.02	105.63	9.86	49.02
% of Calories				6.00%		33.1%	15.0%	*0.0%	57.3%		26.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Thursday - 05/06/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900046 HOT DOG, PLAIN TKY WG 2.0 (ALPHA)	Each	1	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			700	6.14	1743	57	18.51	0.01	96.83	5.54	37.37
% of Calories				7.89%		32.6%	23.8%	0.0%	55.3%		21.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Friday - 05/07/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990532 PIZZA AP TONY 4X6 SSG 100% WG 2.0	Each	1	300	4.50	470	8	10.00	0.00	35.00	5.00	16.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833328 COND PC, DRESSING ITALIAN FF 12g	Packet	1	5	0.00	120	0	0.00	0.00	1.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			648	6.02	1014	58	12.62	*0.00	90.93	7.80	41.34
% of Calories				8.36%		35.8%	17.5%	*0.0%	56.1%		25.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Monday - 05/10/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000179 BRD: PANCAKES, AP WG Confetti	Pouch	1	220	1.00	300	11	7.00	0.00	36.00	4.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	1	200	3.00	460	0	12.00	0.00	2.00	0.00	22.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000116 FRUIT: CUP SS, Applesc 1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			816	5.71	1364	65	23.18	0.00	104.16	5.84	50.42
% of Calories				6.30%		31.9%	25.6%	0.0%	51.1%		24.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Tuesday - 05/11/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990579 PACK: BEEF SALIS STK, EGG NDLS, BF GRVY SS NON-WG2	Pack	1	342	6.85	495	4	16.65	0.14	28.99	2.28	18.59
830312 VEG: CORN, FZ 1/4c	1/4 Cup	1	34	0.04	0	1	0.28	0.00	8.13	1.01	1.07
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			701	8.39	916	52	19.43	0.14	88.11	5.30	44.66
% of Calories				10.77%		29.7%	24.9%	0.2%	50.3%		25.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Wednesday - 05/12/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990535 SDW AP, CHEESY PULL APART SW QUESO WG IW 2 (2BG)	Each	1	300	6.00	580	5	13.00	0.00	33.00	2.00	14.00
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			693	7.79	1138	57	17.61	*0.03	96.76	4.90	39.44
% of Calories				10.12%		32.9%	22.9%	*0.0%	55.8%		22.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/13/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990564 PACK: RAVIOLI JMB CHZ, MARINARA SAUCE AP WG 2(1BG)	Pack	1	210	1.50	480	4	4.00	0.00	28.00	2.50	16.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833328 COND PC, DRESSING ITALIAN FF 12g	Packet	1	5	0.00	120	0	0.00	0.00	1.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			555	3.02	1025	53	6.64	0.00	83.72	4.90	40.62
% of Calories				4.90%		38.2%	10.8%	0.0%	60.3%		29.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Friday - 05/14/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990573 PACK: CHIX DRUMSTK OVN RSTD, BISC MINI APWG 2.5(1BG	Pack	1	260	6.50	530	1	15.00	0.00	16.00	1.00	18.00
831549 VEG: POTATO, Mashed 1/4c	1/4 Cup	1	34	0.00	51	0	0.21	0.00	7.69	0.43	0.86
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			619	8.00	1001	48	17.71	0.00	74.69	3.43	43.86
% of Calories				11.63%		31.0%	25.7%	0.0%	48.3%		28.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Monday - 05/17/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990543 Fun Lunch: Corn Dog Mini Tky Pret Bite Chz WG 2.0	Serving	1	338	7.88	987	3	16.50	0.00	30.50	3.50	15.50
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			730	9.66	1545	55	21.11	*0.03	94.26	6.40	40.94
% of Calories				11.91%		30.1%	26.0%	*0.0%	51.6%		22.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Tuesday - 05/18/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990530 SDW AP, CHEESY PULL APART ITALIAN CHZ WG IW 2 (2BG)	Each	1	300	6.00	520	5	13.00	0.00	32.00	2.00	14.00
832545 COND_Sauce, Pizza AP 1/4c	1/4 Cup	1	30	0.00	320	3	0.00	0.00	5.00	2.00	1.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			720	7.73	1430	59	17.33	0.00	100.67	6.84	39.64
% of Calories				9.66%		32.8%	21.7%	0.0%	55.9%		22.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/19/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990531 PIZZA AP TONY 4X6 CHZ 100% WG 2.0	Each	1	300	5.00	580	14	11.00	0.00	35.00	4.00	16.00
831434 VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	1	20	0.01	44	3	0.07	0.00	4.67	1.64	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			670	6.51	1184	69	13.57	0.00	97.67	6.64	40.36
% of Calories				8.74%		41.2%	18.2%	0.0%	58.3%		24.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/20/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990577 PACK: PASTA, SPAG WITH CHIXMTBL & SAUCE SS WG 2(1)	Pack	1	341	3.50	252	8	12.76	0.00	37.08	5.36	19.71
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	1	53	0.02	28	3	0.12	0.00	10.58	3.56	2.31
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			794	5.03	700	75	15.38	0.00	117.66	11.92	46.02
% of Calories				5.70%		37.8%	17.4%	0.0%	59.3%		23.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Friday - 05/21/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990541 NACHOS BFGD AP Bn CHZ - w/o Chips	Serving	1	217	5.40	661	1	9.62	0.06	17.67	3.25	14.04
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	1	110	0.00	125	0	2.50	0.00	19.00	2.00	2.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			668	6.90	1335	49	14.62	0.06	90.88	7.65	41.45
% of Calories				9.30%		29.3%	19.7%	0.1%	54.4%		24.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Monday - 05/24/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900046 HOT DOG, PLAIN TKY WG 2.0 (ALPHA)	Each	1	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
831434 VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	1	20	0.01	44	3	0.07	0.00	4.67	1.64	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			677	5.94	1742	58	16.87	*0.01	93.56	6.74	38.03
% of Calories				7.90%		34.3%	22.4%	*0.0%	55.3%		22.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Tuesday - 05/25/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990559 PIZZA AP TONY GALAXY PEPP 4IN ROUND IW WG 2.0	Each	1	290	6.00	490	5	13.00	0.00	26.00	3.00	16.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000108 FRUIT: CUP SS, Applesc Cin1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			686	7.71	1094	59	17.18	0.00	92.16	4.84	40.42
% of Calories				10.12%		34.4%	22.5%	0.0%	53.7%		23.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/26/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900045 BURG, BEEF AP WG 2.0 (2BG) (ALPHA)	Each	1	257	2.82	293	3	7.94	0.01	28.47	2.65	17.24
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
830312 VEG: CORN, FZ 1/4c	1/4 Cup	1	34	0.04	0	1	0.28	0.00	8.13	1.01	1.07
000194 FRUIT: CRAISINS, SS Waterm1.16	Box (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			691	4.36	779	69	10.72	0.01	107.60	6.66	42.31
% of Calories				5.68%		39.9%	14.0%	0.0%	62.3%		24.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Thursday - 05/27/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990550 SDW BN, CHAM TKY PV WG 2.0 (Alpha)	Sandwich	1	317	6.33	735	4	12.22	0.01	29.48	2.65	21.79
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
000177 VEG: SALAD, POTATO AP 1/2C (3/8C VEG)	1/2 Cup	1	220	2.00	540	7	12.00	0.00	27.01	3.00	2.00
832571 FRUIT: APPLE, Slcd IW 2oz	Each	1	30	0.00	0	6	0.00	0.00	7.00	1.00	0.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
833553 SNACK: BAR, RiceKrTrt MiniWGIW	Each	1	50	0.00	45	3	1.00	0.00	9.00	0.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			908	9.83	1805	60	27.72	0.01	115.49	6.65	47.79
% of Calories				9.74%		26.4%	27.5%	0.0%	50.9%		21.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Friday - 05/28/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	1	337	6.92	508	2	14.71	*0.00	32.09	4.28	18.59
825869 COND PC Sauce, Taco 9g	Each	1	5	0.00	55	0	0.00	0.00	1.00	0.00	0.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			684	8.42	1112	50	17.21	*0.00	87.30	6.68	43.99
% of Calories				11.08%		29.2%	22.6%	*0.0%	51.1%		25.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

			Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			707	7	1240	59	16.64	*0.02	96.85	6.41	42.72
% of Calories				8.47%		33.4%	21.2%	*0.0%	54.8%		24.2%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.