

02

Chocolate Chip Muffin

String Cheese
Craisins
Fruit Juice

03

Cinnamon Toast Crunch

Honey Bear Grahams
Mixed Berry Applesauce
Orange Juice

04

Golden Grahams

Scooby Doo Crackers
Fresh Apple
Grape Juice

05

Fruity Cheerios Bar

String Cheese
Fresh Pear
Apple Juice

06

New!
Frosted Flakes
Jungle Crackers
Orange Juice
Peach Applesauce

09

Cheerios

Chocolate Bear Grahams
Grape Juice
Fresh Orange

10

Banana Muffin

Strawberry Banana Yogurt
Peach Mango Applesauce
Orange Juice

11

Fruity Cheerios

String Cheese
Fresh Apple
Fruit Juice

12

Cinnamon Chex

Animal Crackers
Strawberry Applesauce
Grape Juice

13

Rice Krispies

Animal Crackers
Craisins
Fresh Orange

16

Frosted Strawberry Poptart

String Cheese
Fresh Apple Slices
Fruit Juice

17

Cinnamon Toast Crunch

Honey Belly Bears
Craisins
Apple Juice

18

Apple Cinnamon Muffin

String Cheese
Cinnamon Applesauce
Grape Juice

19

Trix Cereal Bar

Strawberry Banana Yogurt
Peach Applesauce
Apple Juice

20

Yogurt w/ Trail Mix

Orange Juice
Raisins

23

Cinnamon Dazzle Ultimate Breakfast Round

Peach Applesauce
Apple Juice

24

Frosted Fudge Poptart

New! Raspberry Yogurt
Grape Juice
Craisins

25

Banana Muffin

Fresh Pear
Apple Juice

26

Cinnamon Raisin Bagel

Cream Cheese
Fresh Orange
Grape Juice

27

New!
Mini Strawberry Creamy Cheese Bagels

Peach Mango Applesauce
Fruit Juice

30

National Raisin Day!

Blueberry Muffin

Strawberry Banana
Yogurt
Raisins
Apple Juice

Trivia & Fun Facts

- A raisin is a dried version of which fruit?
a. Pomegranate b. Grape c. Raspberry d. Apple
- What is the most popular Bagel flavor?
a. Plain b. Everything c. Blueberry d. Cinnamon Raisin
- True or False?- It's OK to skip breakfast on school days?

Answers

- B
- A
- False

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

New Items!

- 6th- Frost Flakes (Reduced Sugar)
- 24th- Raspberry Yogurt
- 27th- Mini Strawberry Creamy Cheese Bagels