

02
Chocolate Chip Muffin
String Cheese
Craisins
Fruit Juice

03
Cinnamon Toast Crunch
Honey Bear Grahams
Mixed Berry Applesauce
Orange Juice

04
Cinnamon French Toast
Fresh Apple
Grape Juice

05
Cheddar Cheese Omelet
Animal Crackers
Fresh Pear
Apple Juice

06
New!
Frosted Flakes
Jungle Crackers
Orange Juice
Peach Applesauce

09
Cheerios
Chocolate Bear Grahams
Grape Juice
Fresh Orange

10
Mini Cinnamon Rolls
Peach Mango Applesauce
Orange Juice

11
Sausage & Cheese Bagel
Fresh Apple
Fruit Juice

12
Turkey Pancake Wrap
Strawberry Applesauce
Grape Juice
Maple Syrup

13
Rice Krispies
Animal Crackers
Craisins
Fresh Orange

16
Frosted Strawberry Poptart
String Cheese
Fresh Apple Slices
Fruit Juice

17
Cinnamon Toast Crunch
Honey Belly Bears
Craisins
Apple Juice

18
New!
Country Chicken Biscuit
Cinnamon Applesauce
Grape Juice

19
Mini Cinnamon Rolls
Peach Applesauce
Apple Juice

20
Yogurt w/ Trail Mix
Orange Juice
Raisins

23
Cinnamon Dazzle Ultimate Breakfast Round
Peach Applesauce
Apple Juice

24
Sausage & Cheese English Muffin
Grape Juice
Craisins

25
Blueberry Mini Waffles
Fresh Pear
Apple Juice

26
Cinnamon French Toast
Fresh Orange
Grape Juice

27
New!
Mini Strawberry Creamy Cheese Bagels
Peach Mango Applesauce
Fruit Juice

30 National Raisin Day!
Blueberry Muffin
Strawberry Banana
Yogurt
Raisins
Apple Juice

Trivia & Fun Facts

- A raisin is a dried version of which fruit?
a. Pomegranate b. Grape c. Raspberry d. Apple
- What is the most popular Bagel flavor?
a. Plain b. Everything c. Blueberry d. Cinnamon Raisin
- True or False?- It's OK to skip breakfast on school days?

Answers
1. B
2. A
3. False

Did you know...? *Menu Subject to Change*

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

New Items!

6th- Frost Flakes (Reduced Sugar)
18th- Country Chicken Biscuit
27th- Mini Strawberry Creamy Cheese Bagels