

02

Chocolate Chip Oat Bar
Fruit Juice

03

Cheddar Goldfish Crackers
Apple Juice

04

Honey Lil' GrahamSquare
Orange Juice

05

Pretzel Goldfish Crackers
Fruit Juice

06

Apple Cinnamon NutraGrain Bar
Fresh Apple Slices

09

Animal Crackers
Orange Juice

10

Cheez-It Crackers
Apple Juice

11

Chocolate Bear Grahams
Orange Juice

12

Blueberry Muffin
Apple Juice

13

Fruity Cheerios Bar
Fresh Pear

16

Cheddar Goldfish Crackers
Apple Juice

17

Animal Crackers
Orange Juice

18

Cheez-It Crackers
Fruit Juice

19

String Cheese
Orange Juice

20

Scooby Doo Crackers
Fresh Pear

23

Jungle Crackers
Fruit Juice

24

Cinnamon Bear Grahams
Apple Juice

25

Pretzel Goldfish
Orange Juice

26

Bug Bites Cinnamon Grahams
Fruit Juice

27

SunChips Harvest Cheddar Snack Mix
Fresh Apple Slices

30

Scooby Doo Crackers
Fruit Juice

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

Health & Wellness Message- Smart Snacks

Smart Snacking keeps your energy level high and your weight down. If you need an energy boost during the day, try nutrient-rich foods from the grains, fruits, vegetables, dairy, and protein food groups. Have you tried healthy snacks such as baby carrots with low-fat ranch dressing or whole-grain crackers with string cheese? They taste good and give you vitamins and minerals your body needs.

