

01

HOLIDAY

02

Animal Crackers  
1% White Milk

03

String Cheese  
Fruit Juice

04

Cheez-It Crackers  
1% White Milk

05

Scooby Doo Crackers  
1% White Milk

08

Jungle Crackers  
1% White Milk

09

Cinnamon Bear  
Grahams  
1% White Milk

10

Pretzel Goldfish  
Crackers  
Orange Juice

11

Bug Bites Cinnamon  
Grahams  
1% White Milk

12

Harvest Cheddar Sun  
Chips  
Fresh Apple Slices

15

Scooby Doo Crackers  
1% White Milk

16

Team Cheerios Bar  
Orange Juice

17

Cheez-It Crackers  
1% White Milk

18

Cheddar Cheese Cubes  
Orange Juice

19

Honey Bear Grahams  
1% White Milk

22

Chocolate Chip Oat Bar  
1% White Milk

23

Cheddar Goldfish  
Crackers  
Apple Juice

24

Honey Lil Graham  
Square  
1% White Milk

25

Pretzel Goldfish  
Crackers  
Fruit Juice

26

Apple Cinnamon Nutra  
Grain Bar  
1% White Milk

29

Animal Crackers  
1% White Milk

30

Cheez-It Crackers  
Apple Juice

31

Fruity Cheerios Bar  
1% White Milk

**Did you know...?**

\*Menu Subject to Change\*

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- \*Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

**Health & Wellness Message- What's Up, Doc?**

Regular checkups are part of your prescription for good health. Even if you are scared to go to the doctor, don't put your medical exams on hold. You can find and treat health problems early and help to develop a relationship with your doctor. Remember to cover your nose when you sneeze and cover your mouth when you cough then make sure you wash your hands with soap and water.

