

1

Mini Strawberry Creamy Cheese Bagels

Peach Mango Applesauce
Fresh Orange

4

Blueberry Muffin

Strawberry Banana Yogurt
Applesauce
Apple Juice

5

Bagel

Cream Cheese
Craisins
Grape Juice

6

Cheerios

Fresh Apple
Orange Juice
Animal Crackers

7

Froot Loops

String Cheese
Cinnamon Applesauce
Fruit Juice

8

Trix Cereal Bar

Chocolate Bear Grahams
Craisins
Fresh Pear

11

Cinnamon Toast Crunch

Honey Bear Grahams
Mixed Berry Applesauce
Orange Juice

12

Chocolate Chip Muffin

String Cheese
Craisins
Fruit Juice

13

Golden Grahams

Scooby Doo Crackers
Grape Juice
Fresh Apple

14

Fruity Cheerios Bar

String Cheese
Apple Juice
Fresh Pear

15

Frosted Flakes

Jungle Crackers
Peach Applesauce
Orange Juice

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- * Item Contains Pork + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at:
<http://www.fspro.com/nutrition.html>

Health & Wellness Message- Staying in the Game

As the weather gets nicer in May/June, it's the perfect time to get outdoors to celebrate National Physical Fitness and Sports Month. Exercise doesn't have to be boring. Have you tried activities such as cycling, hiking, jogging, and team sports? By participating in activities you enjoy, you can meet the daily movement guidelines of 60 minutes for kids and teens.

