

<p>05</p> <p>Cheeseburger Ketchup / Mustard</p> <p>French Fries/ Ketchup Fresh Baby Carrots Cinnamon Applesauce Apple Juice</p>	<p>06</p> <p>Cheese Pizza+</p> <p>Three Bean Salad Steamed Carrots Fruit Juice Diced Peaches</p>	<p>07</p> <p>Nacho Combo w/ Beef Chili & Cheese</p> <p>Brown Rice Sweet Golden Corn Tossed Salad / Ranch Dressing Fresh Pear Grape Juice</p>	<p>01</p> <p>Cheese Pizza+ Animal Crackers</p> <p>Black Charro Beans Fresh Broccoli Craisins Orange Juice</p>	<p>02</p> <p>Baked Penne Pasta+</p> <p>Pretzel Goldfish Crackers Sweet Potato Fries / Ketchup Tossed Salad / Ranch Dressing Fresh Orange Apple Juice</p>
<p>12</p> <p>Chicken Tacos w/ Mexican Rice Taco Sauce</p> <p>Sweet Golden Corn Fresh Baby Carrots Fresh Apple Apple Juice</p>	<p>13</p> <p>Maple Mini Waffles Poultry Sausage</p> <p>Tater Tots/ Ketchup Fresh Baby Carrots Peach-Mango Applesauce Orange Juice</p>	<p>14</p> <p>Cheese Pizza+</p> <p>Pretzel Goldfish Crackers Mashed Potatoes Fresh Celery Sticks Fresh Orange Grape Juice</p>	<p>15</p> <p>Chicken Tenders Dinner Roll / BBQ Sauce</p> <p>BBQ Black Beans Fresh Cherry Tomatoes Diced Peaches Fruit Juice</p>	<p>16</p> <p>Macaroni & Cheese+</p> <p>Dinner Roll Fresh Broccoli Tossed Salad / French Dressing Fresh Pear Apple Juice</p>
<p>19</p> <p>Beef Tacos Taco Sauce</p> <p>Cilantro Lime Rice Black Beans Fresh Cherry Tomatoes Craisins Grape Juice</p>	<p>20</p> <p>Pizza Dippers+ Marinara Sauce</p> <p>Sweet Golden Corn Fresh Baby Carrots Strawberry Applesauce Orange Juice</p>	<p>21</p> <p>Cheeseburger Ketchup / Mustard</p> <p>Garden Salsa SunChip French Fries / Ketchup Fresh Broccoli Fresh Orange Grape Juice</p>	<p>22</p> <p>Chicken Penne Pasta w/ Tomato Cream Sauce Dinner Roll</p> <p>Green Peas Tossed Salad / French Dressing Fresh Apple Fruit Juice</p>	<p>23</p> <p>Vegetarian Nacho Combo+ w/ Chili Beans & Cheese</p> <p>Lime Cilantro Rice Sweet Golden Corn Fresh Baby Carrots Fresh Clementine Apple Juice</p>
<p>26</p> <p>Pepperoni Pizza Animal Crackers</p> <p>Vegetarian Baked Beans Fresh Baby Carrots Peach Applesauce Grape Juice</p>	<p>27</p> <p>Strawberry Pancakes+ Vanilla Yogurt</p> <p>String Cheese Sweet Golden Corn Fresh Cherry Tomatoes Mixed Fruit Cup Fruit Juice</p>	<p>28</p> <p>Chicken Nuggets Dinner Roll / Ketchup</p> <p>Roasted Potatoes / Ketchup Tossed Salad / Ranch Dressing Fresh Pear Apple Juice</p>	<p>29</p> <p>Hot Dog Ketchup / Mustard</p> <p>Jungle Crackers French Fries / Ketchup Fresh Celery Sticks Mixed Berry Applesauce Grape Juice</p>	<p>30</p> <p>Macaroni & Cheese+</p> <p>Breadstick Fresh Broccoli Steamed Carrots Fresh Apple Orange Juice</p>

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

Health & Wellness Message- Decoding Food Labels?

Everyone wants to purchase food that is nutritious and safe. Many people check food labels when they are grocery shopping in an effort to make sure that happens. Unlike the Nutrition Facts label, which is highly monitored, front of the package food labels aren't closely regulated. Beware of words such as natural, fat-free, and light. They might make foods seem healthier than they are.

Nutrition Facts	
Serving Size 1/8 of recipe (1/4 cup)	
Amount Per Serving	Calories from Fat 27
Calories 208	% Daily Value*
Total Fat 3g	6%
Saturated Fat 2g	4%
Trans Fat 0g	0%