

<p>05 Cheeseburger Ketchup / Mustard OR Sloppy Joe Sandwich French Fries/ Ketchup Fresh Baby Carrots Cinnamon Applesauce</p>	<p>06 Cheese Pizza+ OR Corn Dog Ketchup / Mustard Three Bean Salad Steamed Carrots Fruit Juice</p>	<p>07 Nacho Combo w/ Beef Chili & Cheese OR Oven Roasted Chicken Drumstick w/ Brown Rice Sweet Golden Corn Tossed Salad / Ranch Dressing Fresh Pear</p>	<p>01 Cheese Pizza+ Animal Crackers OR Turkey Ham & American Cheese Loaded Pretzel Black Charro Beans Fresh Broccoli Craisins</p>	<p>02 Baked Penne Pasta+ OR Cheese Burrito+ Sweet Potato Fries / Ketchup Tossed Salad / Ranch Dressing Fresh Orange</p>
<p>12 Chicken Tacos w/ Mexican Rice Taco Sauce OR Pepperoni Pizza Sweet Golden Corn Fresh Baby Carrots Fresh Apple</p>	<p>13 Maple Mini Waffles Poultry Sausage OR Grilled Cheese Sandwich+ Tater Tots/ Ketchup Fresh Baby Carrots Peach-Mango Applesauce</p>	<p>14 Cheese Pizza+ OR BBQ Meatballs Dinner Roll Mashed Potatoes Fresh Celery Sticks Fresh Orange</p>	<p>08 Spaghetti & Meatballs Dinner Roll OR Chicken Mashed Potato Bowl w/ Corn & Cheese Scooby Doo Crackers Steamed Broccoli Fresh Cherry Tomatoes Fresh Apple</p>	<p>09 Grilled Cheese Sandwich+ OR Egg & Cheese English Muffin+ Tater Tots / Ketchup Fresh Celery Sticks Peach Applesauce</p>
<p>19 Beef Tacos Taco Sauce OR Breaded Chicken Sandwich BBQ Sauce Black Beans Fresh Cherry Tomatoes Craisins</p>	<p>20 Pizza Dippers+ Marinara Sauce OR Corn Dog Ketchup / Mustard Sweet Golden Corn Fresh Baby Carrots Strawberry Applesauce</p>	<p>21 Cheeseburger Ketchup / Mustard OR Chicken Tenders Breadstick / BBQ Sauce French Fries / Ketchup Fresh Broccoli Fresh Orange</p>	<p>15 Chicken Tenders Dinner Roll / BBQ Sauce OR Hamburger Ketchup / Mustard BBQ Black Beans Fresh Cherry Tomatoes Diced Peaches</p>	<p>16 Macaroni & Cheese+ OR Fish Sandwich^ Ketchup Fresh Broccoli Tossed Salad / French Dressing Fresh Pear</p>
<p>26 Pepperoni Pizza Animal Crackers OR Meatball Sub Vegetarian Baked Beans Fresh Baby Carrots Peach Applesauce</p>	<p>27 Strawberry Pancakes+ Vanilla Yogurt OR Chicken Mashed Potato Bowl w/ Corn & Cheese Dinner Roll Sweet Golden Corn Fresh Cherry Tomatoes Mixed Fruit Cup</p>	<p>28 Chicken Nuggets Dinner Roll / Ketchup OR Grilled Cheese Sandwich+ Roasted Potatoes / Ketchup Tossed Salad / Ranch Dressing Fresh Pear</p>	<p>22 Chicken Penne Pasta w/ Tomato Cream Sauce Dinner Roll OR Chicken Tacos w/ Mexican Rice Taco Sauce Green Peas Tossed Salad / French Dressing Fresh Apple</p>	<p>23 Vegetarian Nacho Combo+ w/ Chili Beans & Cheese OR Cheese Pizza+ Sweet Golden Corn Fresh Baby Carrots Fresh Clementine</p>

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

Health & Wellness Message- Decoding Food Labels?

Everyone wants to purchase food that is nutritious and safe. Many people check food labels when they are grocery shopping in an effort to make sure that happens. Unlike the Nutrition Facts label, which is highly monitored, front of the package food labels aren't closely regulated. Beware of words such as natural, fat-free, and light. They might make foods seem healthier than they are.

Nutrition Facts	
Serving Size 1/8 of recipe (1/4 cup)	
Amount Per Serving	Calories from Fat 27
Calories 208	% Daily Value*
Total Fat 3g	6%
Saturated Fat 2g	4%
Trans Fat 0g	0%