

			<p>01</p> <p>Cheese Pizza+ Animal Crackers Black Charro Beans Fresh Broccoli Craisins</p>	<p>02</p> <p>Baked Penne Pasta+ Sweet Potato Fries / Ketchup Tossed Salad / Ranch Dressing Fresh Orange</p>
<p>05</p> <p>Cheeseburger Ketchup / Mustard French Fries/ Ketchup Fresh Baby Carrots Cinnamon Applesauce</p>	<p>06</p> <p>Cheese Pizza+ Three Bean Salad Steamed Carrots Fruit Juice</p>	<p>07</p> <p>Nacho Combo w/ Beef Chili & Cheese Sweet Golden Corn Tossed Salad / Ranch Dressing Fresh Pear</p>	<p>08</p> <p>Spaghetti & Meatballs Dinner Roll Steamed Broccoli Fresh Cherry Tomatoes Fresh Apple</p>	<p>09</p> <p>Grilled Cheese Sandwich+ Tater Tots / Ketchup Fresh Celery Sticks Peach Applesauce</p>
<p>12</p> <p>Chicken Tacos w/ Mexican Rice Taco Sauce Sweet Golden Corn Fresh Baby Carrots Fresh Apple</p>	<p>13</p> <p>Maple Mini Waffles Poultry Sausage Tater Tots/ Ketchup Fresh Baby Carrots Peach-Mango Applesauce</p>	<p>14</p> <p>Cheese Pizza+ Mashed Potatoes Fresh Celery Sticks Fresh Orange</p>	<p>15</p> <p>Chicken Tenders Dinner Roll / BBQ Sauce BBQ Black Beans Fresh Cherry Tomatoes Diced Peaches</p>	<p>16</p> <p>Macaroni & Cheese+ Fresh Broccoli Tossed Salad / French Dressing Fresh Pear</p>
<p>19</p> <p>Beef Tacos Taco Sauce Black Beans Fresh Cherry Tomatoes Craisins</p>	<p>20</p> <p>Pizza Dippers+ Marinara Sauce Sweet Golden Corn Fresh Baby Carrots Strawberry Applesauce</p>	<p>21</p> <p>Cheeseburger Ketchup / Mustard French Fries / Ketchup Fresh Broccoli Fresh Orange</p>	<p>22</p> <p>Chicken Penne Pasta w/ Tomato Cream Sauce Dinner Roll Green Peas Tossed Salad / French Dressing Fresh Apple</p>	<p>23</p> <p>Vegetarian Nacho Combo+ w/ Chili Beans & Cheese Sweet Golden Corn Fresh Baby Carrots Fresh Clementine</p>
<p>26</p> <p>Pepperoni Pizza Animal Crackers Vegetarian Baked Beans Fresh Baby Carrots Peach Applesauce</p>	<p>27</p> <p>Strawberry Pancakes+ Vanilla Yogurt Sweet Golden Corn Fresh Cherry Tomatoes Mixed Fruit Cup</p>	<p>28</p> <p>Chicken Nuggets Dinner Roll / Ketchup Roasted Potatoes / Ketchup Tossed Salad / Ranch Dressing Fresh Pear</p>	<p>29</p> <p>Hot Dog Ketchup / Mustard French Fries / Ketchup Fresh Celery Sticks Mixed Berry Applesauce</p>	<p>30</p> <p>Macaroni & Cheese+ Fresh Broccoli Steamed Carrots Fresh Apple</p>

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- *Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

Health & Wellness Message- Decoding Food Labels?

Everyone wants to purchase food that is nutritious and safe. Many people check food labels when they are grocery shopping in an effort to make sure that happens. Unlike the Nutrition Facts label, which is highly monitored, front of the package food labels aren't closely regulated. Beware of words such as natural, fat-free, and light. They might make foods seem healthier than they are.

Nutrition Facts	
Serving Size 1/8 of recipe (1/4 cup)	
Amount Per Serving	
Calories 208	Calories from Fat 27
	% Daily Value*
Total Fat 3g	6%
Saturated Fat 2g	4%
Trans Fat 0g	0%