

01

Frosted Strawberry Poptart

String Cheese
Diced Peaches
Fruit Juice

02

Cinnamon Toast Crunch

Animal Crackers
Craisins
Orange Juice

03

Mini Cinnamon Rolls

Cinnamon Applesauce
Grape Juice

04

Apple Frudel

Fresh Fruit
Apple Juice

05

Blueberry Muffin

String Cheese
Craisins
Fresh Fruit

08

Cinnamon Dazzle Ultimate Breakfast Round

Peach Applesauce
Apple Juice

09

Banana Chocolate Bar

Diced Pears
Craisins

10

Blueberry Mini Waffles

Fresh Fruit
Apple Juice

11

Cherry Frudel

Diced Peaches
Fresh Fruit

12

Rice Krispies

Animal Crackers
Strawberry Applesauce
Fresh Fruit

15

Butterscotch Oat Bar

Strawberry Banana Yogurt
Diced Pears
Apple Juice

16

Cinnamon French Toast

Applesauce
Grape Juice

17

Cheddar Cheese Omelet

Scooby Doo Grahams
Fresh Fruit
Orange Juice

18

Mini Maple Pancakes

Cinnamon Applesauce
Fruit Juice

19

Trix Cereal Bar

Vanilla Yogurt
Craisins
Fresh Fruit

22

Cinnamon Toast Crunch

Honey Bear Grahams
Applesauce
Orange Juice

23

Apple Jacks

Jungle Crackers
Craisins
Fruit Juice

24

Turkey Pancake Wrap

Maple Syrup
Fresh Fruit
Grape Juice

25

Berry French Toast

Animal Crackers
Diced Peaches
Fresh Fruit

26

Cheerios

Chocolate Bear Grahams
Peach Applesauce
Craisins

29

HOLIDAY

30

Apple Cinnamon Muffin

Vanilla Yogurt
Diced Peaches
Apple Juice

31

Egg & Cheese English Muffin

Fresh Fruit
Fruit Juice

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- All Juice is 100% Fruit Juice
- * Item Contains Pork + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at: <http://www.fspro.com/nutrition.html>

Health & Wellness Message

Color My Pate: Farmer's Market:

When the weather gets warmer, many communities operate farmer's markets. A farmer's market is a place where local farmers sell fruits, vegetables, and other foods directly to consumers. It's a fun and inexpensive way to purchase fresh produce. It's also a great way to support the local economy. To find a farmer's market near you, visit the Department of Agriculture website.