

02

**Butterscotch Oat Bar**

Strawberry Banana Yogurt  
Diced Pears  
Apple Juice

03

**Cinnamon French Toast**

Craisins  
Grape Juice

04

**Cheddar Cheese Omelet**

Scooby Doo Crackers  
Fresh Apple  
Orange Juice

05

**Mini Maple Pancakes**

Cinnamon Applesauce  
Fruit Juice

06

**Cheerios**

Chocolate Bear Grahams  
Craisins  
Fresh Pear

09

**Cinnamon Toast Crunch**

Honey Bear Grahams  
Mixed Berry Applesauce  
Orange Juice

10

**Egg & Cheese on a English Muffin**

Craisins  
Fruit Juice

11

**Turkey Pancake Wrap**

Maple Syrup  
Fresh Apple  
Grape Juice

12

**Berry French Toast**

Animal Crackers  
Diced Peaches  
Fresh Orange

13

**Apple Jacks**

Jungle Crackers  
Peach Applesauce  
Craisins

16

**Trix Cereal Bar**

String Cheese  
Fresh Orange  
Grape Juice

17

**Mini Cinnamon Roll**

Diced Peaches  
Apple Juice

18

**Egg & Cheese on a English Muffin**

Fresh Apple  
Fruit Juice

19

**Turkey Pancake Wrap**

Maple Syrup  
Strawberry Applesauce  
Grape Juice

20

**Apple Cinnamon Muffin**

Vanilla Yogurt  
Mixed Berry Applesauce  
Fresh Orange

23

**Frosted Strawberry Poptart**

String Cheese  
Diced Peaches  
Fruit Juice

24

**Cinnamon Toast Crunch**

Animal Crackers  
Craisins  
Orange Juice

25

**Sausage & Cheese on a Bagel**

Cinnamon Applesauce  
Grape Juice

26

**Apple Frudel**

Fresh Banana  
Apple Juice

27

**Rice Krispies**

Animal Crackers  
Craisins  
Fresh Orange

30

**Cinnamon Ultimate Breakfast Round**

Peach Applesauce  
Apple Juice

31

**Sausage & Cheese on a English Muffin**

Diced Pears  
Craisins



**Did you know...?**

\*Menu Subject to Change\*

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- Milk is available with all meals.
- All Juice is 100% Fruit Juice
- \*Item Contains Pork +Item Does Not Contain Meat
- ^Item Contains Fish
- Nutrition and Allergen Information available at: <http://www/fspro.com/nutrition.html>

**Breakfast Nutrition**

Did you know eating a balanced school breakfast helps student's shine in the classroom and beyond?

Pick up your energy-boosting morning meal each day at school!